

# The Waterline News

**FREE**

Distributed to outlets in Tooradin, Koo Wee Rup, Lang Lang, Nyora, Loch, Kernot, Grantville, Corinella, Coronet Bay, Bass, San Remo, Newhaven, Cowes, Phillip Island, Rhyll, French Island and Wonthaggi.  
Also available by free email subscription and online at [www.waterlinenews.com.au](http://www.waterlinenews.com.au)



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Volume 4

Number 12

August 2018

## *A pearler of a day with Terri Allen*

*Page 26*



*Photo - Terry Allen*

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*Newhaven College guides each individual student along a path of discovery to open their minds to a world of opportunities.*

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Years 10 to 12 at Newhaven College are the crucial years where previous learning, increasing confidence and a greater sense of their place in the global community culminate to shape young people's future directions. Students also have many pathway options to pursue.

The Victorian Certificate of Education (VCE) is offered in preparation for further study at University or TAFE, or to directly enter the workforce.

Individual students have the option to include a school based apprenticeship or Vocational Educational Training (VET) studies in their VCE studies through Newhaven College's Trade Skills Centre, which is a Registered Training Organisation (RTO). This provides



flexibility for students to customise their year 10 to 12 program to meet their own aspirations and abilities.

Newhaven College offers:

- VET Certificate II In Building And Construction (Carpentry) Preapprenticeship
- Certificate III in Music Industry (Performance)

The College also liaises with other RTOs to provide VET studies across a number of industries such as equine studies, electrical, hair and beauty, and hospitality.

Students are also encouraged to discover their passion and are offered a broad range of co-curricular activities such as music and ensembles, surfing, drama, dance, sport, equestrian, chess, public speaking and debating.

For enrolment enquiries please contact Belinda Manning on 5956 7505 or discover more at [www.newhavencol.vic.edu.au](http://www.newhavencol.vic.edu.au)

## Pursue your Passion



1770 Phillip Island Rd,  
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5956 7505

[www.newhavencol.vic.edu.au](http://www.newhavencol.vic.edu.au)





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# The Waterline News - August



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edition.....

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FROM THE  
EDITOR'S DESK  
[editor@waterlinenews.com.au](mailto:editor@waterlinenews.com.au)



Welcome to the August edition of The  
Waterline News.

The last month of winter is now with us and  
in the September edition, the focus in some  
features will turn to spring activities.

Our first 44 page edition was well received  
and the extra space this month has been a  
blessing with a further increase in demand  
from community groups to publicise their  
activities.

If you are a member of a community group  
please urge your committees to get details  
of forthcoming events to us in time for  
publication.

Remember:  
Deadline : First of every month.  
Distribution : Third Wednesday of month.

We are also pleased this month to welcome  
back Bass Valley Community Centre,  
Manager, Roderick McIvor, with his regular  
column detailing the group's activities.

The observant ones amongst you might have  
noticed this edition is Volume 4, Number 12  
which completes our fourth year of  
publication. Birthday celebrations next  
month!

The Waterline News was started as a  
community service and we believe that at  
the end of our fourth year, we have lived up  
to our original objectives.

We have been asked by quite a number of  
people if they can have the magazine posted  
to them and the answer is yes, the cost is \$3  
per month, which includes postage and  
envelope costs etc.

Email: [editor@waterlinenews.com.au](mailto:editor@waterlinenews.com.au)

People who have internet access can read  
the magazine on the website :

[www.waterlinenews.com.au](http://www.waterlinenews.com.au)

You can also have the magazine emailed to  
you every month at no charge, just email  
and ask for your name to be added to the  
mailing list:

*Roger Clark, Editor*

**Nyora Swap Meet**

**Nyora Father's Day Swap Meet**  
Sunday Sept 2nd Grundy Ave  
Nyora.  
Auto-Parts, Bric-a-Brac,  
Car Boot and More.  
Selling Sites \$10.00  
General Admission \$5.00  
Canteen open.  
All proceeds go to local community  
groups

**Enquires**  
**Daryl 0438 596 408**  
**Brett 0412 487 880**

Corinella and District Community Centre Inc.  
Spread your wings and fly with us

**DEPRESSION AND ANXIETY  
SELF-HELP SUPPORT GROUP**

**Beat the Blues & Jitters!**

Come along to this newly formed self-help group.  
Come and help create a safe place where you can share  
your experiences, thoughts & feelings in a confidential,  
accepting and warm environment with people who have  
been through similar experiences to you.

Corinella & District Community Centre, 48 Smythe Street, Corinella  
For more information contact Julie on: 0403 560 552

ALL PREVIOUS EDITIONS OF  
THE WATERLINE NEWS ARE AVAILABLE  
[www.waterlinenews.com.au](http://www.waterlinenews.com.au)

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**Sustainable Living  
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**Love Food  
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Soil damage, climate change and urban  
development are all challenging healthy  
food production.  
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safer and more sustainable food from your  
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provided**

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more sustainably at the  
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215 Rossiter Road  
Koo Wee Rup

RSVP  
Lee Duff  
(0957 5076)  
[duff@hko.net.au](mailto:duff@hko.net.au)

Cardinia Koo Wee Rup

**SOS**

**SURVIVORS OF SUICIDE**  
RAISING AWARENESS TO AID PREVENTION

SOS Bass Coast is a Community based organisation which is supported by you, the  
people of Bass Coast. We would like to share an open invitation for any members of  
our community to come along and have a cuppa with us on the dates below.  
We are here to support and assist with what ever we can, individually or as a group.  
If you or someone you know is struggling with their mental health, please pass on  
these dates or feel free to contact us personally for a chat.  
We are also looking for members of our community to become volunteers and  
help out where needed. The more we pull together, the lighter the load.

We meet monthly at the Phillip Island Tourist Information Centre in  
Newhaven at 7pm, every second Tuesday of each month.

13th February	14th August
13th March	11th September
10th April	9th October
8th May	13th November
12th June	11th December
10th July	

Please call Koula on 0414 773 191 or Tanya on 0411 154 839  
or you can email us at [sosphi@phillipland@hotmail.com](mailto:sosphi@phillipland@hotmail.com)





## CORINELLA RATEPAYERS AND RESIDENTS ASSOCIATION

### 2018 Committee

**President.** Wayne Maschette.

**Vice President.** Peter Tait.

**Secretary.** David Laing.

**Treasurer.** Lyndell Parker

**General Committee Member.**

John Stewart.

Hey, even though we have had an incredibly cold and windy winter, I am feeling excited. The wattle is starting to bloom, I have just seen the first blossom tree in flower so I know that we are on the downhill run towards spring and all the incredible things that it means to Corinella, return of the black swans and other water birds that grace our shores and delight us, as well as more walks on the beach and along the foreshore.

The CRRA is partnering with the Corinella Community Centre to run the iconic and very popular "Cent Night" at the Corinella Hall on Saturday the 6th of October. There are limited tickets so get in early if you want to enjoy a delicious 3 course meal and be eligible to win some of the fabulous prizes that will be on offer as well as just enjoy a great night out helping to raise some much needed funds for the Community Centre. At this stage all enquiries to the Community Centre or ring 0422247490 to book. Tables of 8 are available, so get together a group of friends as tickets always sell fast for this fabulous event.

Each month the Luminous Galleries "artists of the Month" change over with an interesting, inspirational, fun and creative "Sculpture" created over the lights at the Rotunda. If you are interested in "having a Go" or would like to be part of a "group experience" in creating a gallery exhibit call Lyndell Parker. on 0422247490 to discuss the limitless possibilities on offer. Not everyone feels confident to take on a whole sculpture alone, but would love to take part in creating one that has been designed already, your participation is only a phone call away!

The CRRA is always seeking to encourage and include new members, if you have any questions, queries or would like to be a part of a group who are interested in working for their community in a caring and positive way, inclusive of all. Our next meeting is on Saturday 6 October, Balcombe St entrance Corinella Community Centre, 10am to 12 noon, always ending with a social "cuppa and homemade cake". Love to see you there,

**Lyndell Parker, for CRRA Committee.**

## Community Notes



**President:** Jean Coffey 0419 500 593  
**Secretary:** David Pearce 0401 514 339

**The date of our annual general meeting has been changed to Saturday 15 September at 10am at the Corinella Community Centre.**

We will be electing a new committee and discussing our plans for the year ahead. About one third of Tenby Point households are members of the Association and all residents are welcome to come to the meeting and to join. Membership is just \$10 per household per year.

### CORONET BAY RATEPAYERS & RESIDENTS ASSOCIATION



### 2018 Committee

**President:** David Buckingham

**Vice President:** Kevin Brown

**Secretary:** Stephanie Hartridge

**Treasurer:** Louise Gratton

**General Committee Members:**

Mel Gratton and Mark Hanrahan

The CBRRA meets four times a year and for just \$20 per family annually you will receive minutes of our meetings, the latest news and regular updates on local issues. Together we can make Coronet Bay even more beautiful and a wonderful, safe place to live and play. The CBRRA would be pleased to welcome any new members to the association. Please contact our Secretary Stephanie Hartridge on 0414 370 929 or email [secretary@coronetbayrra.org.au](mailto:secretary@coronetbayrra.org.au) Alternatively, you may contact our Treasurer Louise Gratton on 0408 358 374 or email [louisegratton@gmail.com](mailto:louisegratton@gmail.com).

### Secretary Combined Community Group,

**Sue Quartermain 0408 290923  
or email [susiequa@tpg.com.au](mailto:susiequa@tpg.com.au)**



**Grantville Business & Community Association Inc.**

**President:** Les Ridge

**Vice President:** Neroli Heffer

**Secretary:** Sandy Ridge

**[thegbca1@gmail.com](mailto:thegbca1@gmail.com)**

**Treasurer:** Lester Harris

**General Committee Members:**

Margaret Boyer, Lucy Cirona,

Roger Clark, Darrell Egan, Greg Miller

and Betty Young.

## General Meeting Thursday 20 September Grantville Hall



**Free Sausage Sizzle 6.30pm**

**Meeting starts 7.30pm**

**Guest Speaker (T.B.A)**

**A.G.M**

**Election of 2018-19 Committee**

**Show your support**

**For your community**

**Enquiries**

**Sandy**

**[thegbca1@gmail.com](mailto:thegbca1@gmail.com)**

**If you are interested in joining the group contact:**

**Secretary, Sandy Ridge:  
[thegbca1@gmail.com](mailto:thegbca1@gmail.com)**

**South Gippsland  
Support After Suicide**

**Have you been  
bereaved by suicide?**

**Come for morning tea and a chat**

South Gippsland Support After Suicide is a new initiative offering peer support for those bereaved by suicide.

We meet monthly on the fourth Thursday at the  
**Grantville Transaction Centre**  
Corner Bass Highway and Pier Road, Grantville

**from 10am-12pm**  
Dates for 2018

25 January 22 Feb 22 March 26 April 24 May	28 June 26 July 23 August 27 September 25 October 22 November
--	--

These meetings are hosted by trained volunteers who have themselves been bereaved by the suicide of a loved one.

For further details or to RSVP  
email [southgippslandsa@gmail.com](mailto:southgippslandsa@gmail.com) OR phone 03 9421 7640

Jesuit Social Services  
Helping a just society

Support After Suicide  
www.supportaftersuicide.org.au

BASS COAST

# Community Notes



**Rhyll Community Association Inc.**  
**C/- Rhyll Post Office**  
**Rhyll. 3923**  
**President : Judy Lawrence**  
**Vice President : Carmen Bush**  
**Secretary : Cheryl Overton**  
**0427 680 483**

Meetings are Bimonthly (1st 3rd 5th 7th 9th 11th) on the 3rd Saturday of the month, and are held in the Rhyll Hall, Lock Road at 10.00 am

**AGM September 15th, 2018.**  
**10:am at Rhyll Hall All Welcome.**

**Bass Coast Branch of National Trust.**  
If you are interested in joining the Bass Coast Branch of NTAV, meetings and activities, contact Mary-Lu Burt for information.  
[mlburt@melbpc.org.au](mailto:mlburt@melbpc.org.au)  
or visit the NTAV website:  
<https://www.nationaltrust.org.au/vic>

## **RHYLL COAST ACTION**

Weed of the month is Bridal Creeper (*Asparagus asparagoides*), an environmental weed originally from South Africa. It grows well in lighter soils and in the shade. The description found in the Common Weeds of Gippsland states that this is a 'deciduous, woody-based scrambling climber' which is both aggressive and invasive, smothering all within its reach. In Spring, it has greenish-white flowers followed by green to red berries. Birds, after eating the berries, spread the seed and humans spread it through illegal dumping of garden refuse. It can also spread through its root system. Spraying or hand pulling is recommended for control and ultimate eradication. In July we began the revegetation of Coastal Woodland at Pleasant Point. Before settlement, it was a grassy woodland covered with trees like Moonahs, Sheoaks, Banksias and Swamp gums. Over the years, uncontrolled grazing by livestock, and an abundance of wallabies have destroyed most of the native vegetation. This project seeks to restore the pre-settlement woodland by planting, over a two-year period, 1000 native plants grown from seed collected at the site from remnant vegetation and guarding them against wallabies.

## **PIONEER BAY PROGRESS ASSOCIATION**

**Contact :**  
**Zena Benbow**  
[pbpa@bigpond.com](mailto:pbpa@bigpond.com)



This month's article is something of a tribute to a single Dad in our community who has made a substantial contribution to our association ergo to our local community. He's not old - far from it, but he is fighting the big 'C' and at this time the battle is not going well. It wasn't the most cordial of introductions between him and I; he'd moved in next door and started playing music obnoxiously loud after I'd put my (then) infant children to bed. I remember marching next door to 'rectify' the situation- and luckily, being a family man, he understood and turned it down. As my children have grown with his, it's ironic that this initial (and subsequent) propensity to play loud music, usually accompanied by impromptu neighbourhood gatherings of singing, clapping and dancing, will be an enduring memory of our times with him. Were it not for his vehement support of our now infamous Australia Day Bash to make it bigger and better- it may not have lasted to staring down the barrel of our 8th successive year; the proceeds of which should see the final stages of Daisy Avenue reserve upgrade realised (eventually as we wade through all aspects of process). This is not to mention the countless sausage sizzles he has also contributed towards this collective end goal, the working bees he has sweated through and the overall persistence to make Pioneer Bay 'better than what he found it'- as if he knew somehow that his time with us was going to be limited- his passion was always projected with a sense of urgency. It may be apparent by now, that this person wishes to remain nameless... perhaps for now - but your legacy will continue. What legacy are you leaving your local community?



**Zena Benbow**

## **LOCAL POLICE NETWORK**

**Bruce Kent Station Commander,**  
**San Remo phone: 5678 5500**  
**email: [bruce.kent@police.vic.gov.au](mailto:bruce.kent@police.vic.gov.au)**



**Emergency Dial 000**  
**[www.police.vic.gov.au](http://www.police.vic.gov.au)**



**[www.u3abassvalley.com](http://www.u3abassvalley.com)**  
**(PO Box 142 Grantville 3984)**

## **The 2018 committee is:**

**Chairperson : Mark Dunbar**  
**Deputy Chair : Geoff Guilfoyle**  
**Secretary : Christine Holmes**  
**Treasurer : Beverly Walsh**  
**General Committee Members:**  
**Vicki Clark and Sue Dunbar.**

## **U3A BASS VALLEY - 2018 ENROLMENT**

If you are interested in joining your local U3A community, Bass Valley is now offering the following activities for 2018:

**Art for Pleasure**  
**Book Club**  
**Creative Writing**  
**Gardening,**  
**Get Creative**  
**Local History (new)**  
**Movie & Theatre Appreciation,**  
**Tai Chi for Arthritis,**  
**Travel & History**  
**Welding**

An Annual Subscription of \$30 per person will cover as many U3A Bass Valley classes as you may wish to attend, subject to availability. Current members of other U3A groups may join U3A Bass Valley for \$15 per annum as an associate member, which will cover as many classes that you may wish to attend, subject to availability.



## **TAI CHI FOR ARTHRITIS**

**Hosted by Vicki Clark**  
**Held at Coronet Bay Community Hall**  
**Gellibrand Street**  
**Every Tuesday 9:30 am - 10:30 am**

**Other U3A Groups in the Waterline News area are at:**  
**Cowes (Pical)**  
**Phone 5952 1131**  
**and**  
**Wonthaggi**  
**<http://www.u3awonthaggi.org.au>**  
**Ph: 03 5672 3951**





Send us your Community Group  
Notices by 1st each month  
editor@waterlinenews.com.au

# Community Directory

## Artists' Society of Phillip Island

56-58 Church Street Cowes

For more information <http://aspi-inc.org.au/>

## Australian Red Cross

Woodleigh Vale Branch

Contact Sheila Campbell 5678 8210

## Bass Coast Community Baptist Church

Minister - Barry MacDonald

5995 3904

OP SHOP Mon-Saturday (Judy) 0498 350 634

## Bass Coast L2P Learner Driver Mentor

Program Wonthaggi

Leanne Tilley 5672 3731 or 0467 590 679

## Bass Coast Strollers

Contact Liz Hart 5678 0346

Website: <http://basscoaststrollers.org/>

## Bass Friends of the RSL

Secretary Trish Thick 5678 1071

Mobile: 0409 851 599

## Bass Valley Community Group

Monday - Friday 5678 2277

## Bass Valley Landcare

2-4 Bass School Rd, Bass 5678 2335

## Cape Woolamai Coast Action

Email [capewoolamaicoastaction@gmail.com](mailto:capewoolamaicoastaction@gmail.com)

## Corinella & District Probus Club

Heather Reid 0421 012 519

## Corinella Boating & Angling Club

Website: [www.corinellafishing.com.au](http://www.corinellafishing.com.au)

## Corinella Bowling Club Inc.

Balcombe Street Corinella.

Jacque Carter 5678 0596

## Corinella & District Community Centre

48 Smythe St Corinella. 5678 0777

Website: [www.corinellacommunitycentre.org.au](http://www.corinellacommunitycentre.org.au)

## Corinella & District Men's Shed

& Woodies Group Corinella Road

Contact : Ken Thomas 0427 889 191

## Corinella Foreshore Committee

Contact Barbara Oates 0427 780 245

## Coronet Bay, & Surrounds Playgroup

(0-4yrs) Coronet Bay Hall

Mondays 10am—12noon

Contacts: Catherine 0416 112 629

## Coronet Bay Adult Social Club

Tuesday 7-10pm Coronet Bay Hall

Ann 5678 0341

## Country Women's Association of Vic inc. Bass Group.

Cowes Lorraine 5952 2165

Glen Alvie Libby 5678 3280

Grantville Annie 5678 8037

Loch Val 5659 4268

Woodleigh Vale Carol 5678 8041

## Cowes Table Tennis Group

Social play, coaching available.

Barbara Parrott 0425 885 834

## Grantville & District Ambulance Auxiliary

Contact - Shelly 0417 593 497

## Grantville Business & Community Association

Secretary Sandy Ridge

Email: [thegbcal@gmail.com](mailto:thegbcal@gmail.com)

## Grantville & District Foreshore Committee

Contact: Barbara Coles

Email: [bacoles@bigpond.net.au](mailto:bacoles@bigpond.net.au)

## Grantville Recreation Reserve Committee

Pat Van 5997 6221

## Grantville Tennis Club Inc.

Contact Pat Van 5997 6221

## Kernot Uniting Church

1040 Loch-Kernot Road, Kernot

Contact Secretary Judy Hogan 0422 094 903

## Lang Lang Bowling Club

Ian Painter 5997 6554 M: 0419 646 040

Email: [langlangbowling@bigpond.com](mailto:langlangbowling@bigpond.com)

## Lang Lang Community Centre

Coordinator Marg Hambleton 5997 5704

Email: [llcc@langlang.net](mailto:llcc@langlang.net)

## Lang Lang Cricket Club

Secretary: Sharon May 0459 368 431

## Lang Lang Playgroup

(0-Preschool) Thursdays 9.30am

Contact Bon 0439 886 843

## Lions Club of Bass Valley

First Tuesday each month 6pm

Grantville Transaction Centre then third

Tuesday each month, Dinner at Bass Hotel.

Lyn Renner 0416 024 356

## Nyora Youth Group

Contact Michael Felton

Email: [nyorahall3987@outlook.com](mailto:nyorahall3987@outlook.com)

## Phillip Island Bowls Club

Dunsmore Avenue, Cowes.

New members welcome, Free coaching

Contact George Mol 0407 851 065

## Phillip Island Camera Club

Meet at the Heritage, Cowes.

Contact: Susan 0408 136 717

## Centre Phillip Island Community Art & Craft Gallery Inc.

Cowes Cultural Centre Thompson Ave

All Enquiries Call Aleta 0419 525 609

## Phillip Island Indoor Carpet Bowlers

Come and join the fun. Phillip Island

Celebration Centre 6 Lions Court, Cowes

Contact Jack 0434 944 380

## Phillip Island & District Railway Modellers Inc.

The Phillip Island & District Railway

Contact Peter 5956 9513

## Phillip Island Community and Learning Centre (PICAL)

56-58 Church Street, Cowes

5952 1131

Em: Linda Morrison [manager@pical.org.au](mailto:manager@pical.org.au)

## Phillip Island Patchworkers

Meet on a Monday night from 7.30.

Contact - Lyn Duguid 0427 593 936

Email: [phillipislandpatchworkers@gmail.com](mailto:phillipislandpatchworkers@gmail.com)

## Phillip Island Senior Citizens Club

Phone bookings

5952 2973

Email [piscc123@gmail.com](mailto:piscc123@gmail.com)

## Phillip Island Squares

Square Dancing, Bass Valley Community

Hall. Bass School Rd,

Contact: Carol 5952 5875

## Phillip Island World Vision Club

Second Wednesday each month 1.30pm

St. Phillip's Church Cowes

Enquiries - Thelma 5678 5549

## Pioneer Bay Progress Association

Zena Benbow Email: [pbpa@bigpond.com](mailto:pbpa@bigpond.com)

## Probus Club of Corinella and District

First Wednesday of each month at the Bass

Hotel.

Contact Heather Reid 0421 012 519

Rob Parsons 0402 852 300

## Probus Club of San Remo

Second Monday of the month (except

January) 10am at the Newhaven Public Hall.

Visitors Welcome.

Enquiries: Bob Andrews 0437 526 757

## Rhyll Community Association.

Secretary Cheryl Overton 0427 680 483

## South Gippsland Arthritis Support Group

Contact: Adam

0408 353 785

Marg: 0417 154 057

Diane: 5658 1443

## South Gippsland Mental Illness Carer's Group

Maggie 5658 1781 Rosemary 5662 4352

## South Gippsland Parkinson's Support Group

Third Friday each month 10am for 10.30

Leongatha RSL

Meeting/Guest Speaker/Lunch available.

Email: [Susie.marshman@hotmail.com](mailto:Susie.marshman@hotmail.com)

## South Gippsland Support after Suicide

Phone 9421 7640

Email [southgippslandsas@gmail.com](mailto:southgippslandsas@gmail.com)

## Survivors of Suicide

Raising awareness to aid prevention

Jillian Drew 0413 056 165





# Around the Markets & Op Shops

## Community Group Notices continued

**St Pauls Anglican Church Bass**  
HC at 12.30pm every Sunday  
Contact Sandy Ridge 5997 6127

**St Georges Anglican Church Corinella**  
1st Sunday each month 11.00am  
Other Sundays 9am  
Free Community Lunch Corinella  
Community Centre Second Friday at 12pm  
Op Shop open Mon, Wed, Thurs, Fri  
10am - 2pm Saturday 9am - 12.30pm

**Tenby Point Residents Association**  
President Jean Coffey 0419 500 593  
Secretary David Pearce 0401 514 339

**Woolamai Racing Club**  
Contact the Secretary (03) 5678 7585

## MARKETS



**Every Sunday**  
**Kongwak Market**  
10am - 3pm  
Retro stalls, food, vegetables, coffee, curries  
30+ stalls  
Enquiries: Jane 0408 619 182

**2nd Saturday**  
**Coal Creek Farmers' Market**  
Coal Creek Community Park  
8am - 12.30pm 50+ stalls  
coalcreekfm@hotmail.com  
Contact for information 0459 629 000

**Cowes Island Craft Market**  
102 Thompson Avenue, 9am - 2pm  
In the grounds of St Phillips Church  
60+ stalls Make, bake and grown goods and produce.  
Contact for further details 0412 710 276

**Corinella Community Market**  
Contact details 0435 736 510

**4th Saturday**  
**Churchill Island Farmers' Market**  
40+ stalls. 8am - 1pm  
peter@rfm.net.au  
Further Information 0439 364 760

**Cowes Market on Chapel**  
Chapel Street. 8.30am - 2pm, 30+ stalls  
Further information- 0428 603 043

**1st Sunday**  
**Jumbunna Bush Market**  
Jumbunna Hall phone 5657 3253

**2nd Sunday**  
**Rotary Club Market Wonthaggi**  
Apex Park 8am - 1pm, 50+ stalls  
Walk to nearby Make it - Bake it Market  
Contact: Neville Goodwin 5672 7245  
Garry Sherrick 5672 5812

**Loch Lions Village Market**  
May - Sept Loch Public Hall  
Oct - April Loch Railway Station Park  
70+ stalls  
Information from Noel Gregg 5627 5576  
Market day phone 0418 500 520

**3rd Sunday**  
**Inverloch Farmers Market**  
The Glade, Esplanade, 8am - 1pm  
50+ stalls Information: peter@rfm.net.au  
Phone 0439 364 760

**Tooradin Sunday Market**  
9am - 1pm  
Stallholders wanted, \$20 includes 1 sausage & bread breakfast per stall.  
All Market Enquiries: 0429 188 280

**4th Sunday (Weather Permitting)**  
**Grantville Variety Market**



Except December which is the third Sunday  
Grantville Recreation Reserve  
8am - 2pm 100+ stalls  
BBQ & Sausage sizzle, Coffee Cart, indoor and outdoor, cake stalls plus plenty of home made goodies.  
Contact for further details 5997 6221

**Last Sunday of each month**  
**Inverloch Community Farmers' Market**  
The Glade, Esplanade, 50+ stalls  
Fresh produce grown and made in Gippsland.  
Email: info@inverlochfarmersmarket.com.au  
Phone 0417 370 488

**2nd Friday and Saturday each month**  
**San Remo Cuppa and Chat Market**  
St. Augustine's Church  
Marine Parade San Remo  
Hosts a Cuppa and Chat Market  
Friday 9am - 1pm Saturday 9am - 12noon  
Bric a brac, cakes, & jams Friday, plus a sausage sizzle on Saturdays.  
Further Information: 5678 5386



## OP SHOPS

**Bass**  
**Bass Valley Community Group Hadden House Op Shop**  
Next to Bass Hall, Bass School Road  
Monday to Friday 9am - 3pm  
Saturday 10am - 2pm  
Phone Enquiries 5678 2277

**Corinella**  
**St George's Anglican Church Op Shop**  
Smythe Street Corinella, next to Church  
Monday, Wednesday, Thursday, Friday  
10am - 2.00pm  
Saturday 9.30am - 12.30pm

**Grantville**  
**Bass Coast Community Baptist Church Op Shop**  
Manager Judy - 0498 350 634  
Bass Highway, Grantville  
Open Monday - Friday 10am - 3pm  
Saturday 9.30am - 2.00pm

**Bass Valley Lions Club Op Shop**  
Situated at the Grantville Garden Supplies  
Open Monday-Saturday 5678 8357

**Korumburra**  
**Korumburra Uniting Church Op Shop**  
Thur-Fri 10-4 Saturday 10-12  
Contact for information 5658 1884

**Lang Lang**  
**Lang Lang Community Op Shop**  
12 Westernport Road  
Monday - Friday 10am - 3pm  
Saturday 10am - 1pm

**Nyora**  
**Nyora Op Shop at the Nyora Station**  
Open Monday - Saturday 9am - 1pm.  
Enquiries to Sylvia, Phone 5659 0089

**San Remo**  
**San Remo Op Shop**  
Back Beach Road.  
Enquiries 5671 9200  
Email: info@basscoasthealth.org.au

# Community Centres and other local news



## Who are we?

Wonthaggi Neighbourhood Centre incorporating Mitchell House and the Harvest Centre is run by a community based Committee of Management. We aim to provide a positive, welcoming environment where you can meet new friends, learn or share skills, ideas and information. If you're interested in being more involved in your Neighbourhood Centre call in and have a chat to the Coordinator Jan Bourne.

## News from Wonthaggi Neighbourhood Centre (Mitchell House) : 5672 3731

Become a member of the WNC this term and reduce the costs on LearnShare Activities (LSA) for the rest of the year. Bookings are required for all activities unless specifically stated. Some require a gold coin (GC).

### New activities:

**Music Makers mayhem:** Is on Friday 17 August from 7 to 9pm. This is an opportunity for all acoustic musicians to get together and experience music-making at its finest. Bring along a song to teach if you choose and allow us the chance to add our own improvisation and unique style to the song, making it spectacular. Bring your own instruments, your singing voice and a sense of fun. Let us know beforehand if you're interested in teaching a song.

### Guess Who's Back in Town?

**The CWA!** Is on the Wednesday 15 August at 7pm. Come and find out just why the Country Women's Association is so successful and remains so relevant. It is the largest women's organisation in Australia! It encourages women in so many areas of life. Social service, friendship, personal development, leadership and the crafts. Your new ideas and skills will keep the dream and tradition of the CWA alive. They will meet every 3rd Wednesday of the month.

### One off:

**'Welcome to Our Town' Morning Tea:** Is on Wednesday 22 August at 10:30am. If you are new to this area and would like to learn about our great town and surrounding area, or been here a while and would like to meet with other friendly people, then come along and share a cuppa and collect your free 'Welcome to our Town' DVD and pack

### Art & Craft:

**The Art of the Mosaic:** Two Introductory workshops will be on Saturdays 18 and 25 August from 10:30am - 1:30pm. Learn basic techniques used in making mosaics.

These foundation classes may lead to an on-going creative mosaic group.

Contact WNC for what to bring and to book in. LSA

### For Health & Wellbeing:

**Eat your way to better health:** Starts on Saturday 11 August from 10:30 to 12:00noon. The following two sessions are on 18 and 25 August. This activity will be exploring a Whole-food / Ketogenic and Paleo lifestyle. Learn how this way of eating can turn your body into a fat burning machine. Lose weight, regain mental alertness, energy and lower your blood pressure in the process. Food will be prepared and shared at each session. Booking is essential.

### Using Essential Oils Therapeutic

**Benefits:** is on Thursdays 6 and 13 September, 10:30am - 11:30am.

Join Anne Green and learn how to use the purity and power of essential oils to improve your health and wellbeing. LSA

**Tai Chi for Beginners:** Is on Thursdays from 10.30am to 11.30am. Learn gentle Tai Chi Steps which can help to improve muscle & joint strength, balance, coordination and enhance mental health. LSA

### To support Pre Schoolers:

**Free Tuesday & Friday Supported Playgroups:** From 10am to 12noon. These groups are for families with a Health Care Card (or equivalent) and will provide early childhood fun activities for you and your child to enjoy together. Call Cath on 0427 729 695 to enrol.

**Children and Mothers in Mind:** Is on Thursdays, 1 to 3pm. This group is designed for mothers with children aged 4yrs and under who have experienced family violence. While providing a safe and supportive environment to help improve developmental outcomes for children and confidence in parenting. Call Andrea or Kate on 5135 9555

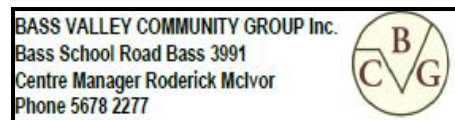
### For older children:

**Youth 'Pop Up' Space:** Is on Wednesdays from 4pm to 6pm. It's at the Harvest Centre Shed for young people to share a game or two, have something to eat and just relax. Primary aged children need signed parental consent.

### Social Support:

**LGBTI Social / Support Group:** Is on Monday 20 August from 7pm to 8.30pm. Meet in an informal safe and relaxed space to share experiences, friendship, and good conversation. Call Jan for more information. LSA

There are many other courses and events available, find out by visiting our Facebook page on Mitchell House Wonthaggi Neighbourhood Centre and keep up to date with what's going on or just pop in and have a cuppa and a chat, everyone welcome.



## The Bass Valley Community Group is very happy to be once again contributing to the Waterline News.

It's been about eighteen months since we last placed an item with the Waterline News and we appreciate being able to resume.

We hope that people might have been following us on Facebook.

We have two presences: one as the Bass Valley Community Group, and the other as the Hadden House Op Shop.

We also have our website at [bvvg.org.au](http://bvvg.org.au). The new shed for the Op Shop was erected over the Christmas break and is now allowing us to hold larger items for sale, particularly furniture.

So if you are moving or just about to have a Spring cleaning, give us a call on 5678 2277 and let us know what you might donate.

Our next big project is our Seniors' Outdoor Gym.

To date we have had wonderful support from the Bass Coast Shire Council and the Bendigo Bank for this project.

Its focus is on affording older people opportunity to exercise.

Increasingly, studies are pointing to exercise being important for slowing the onset and progress of dementia.

Australia is also the first country in the world to recommend exercise as a cancer treatment. And exercise has long been recognised as essential in assisting older persons to avoid falls.

The Seniors' Outdoor Gym will be a circuit of exercise events set up on the former play area of our now closed Occasional Care service.

The intent is that we will be able to take our Friendship Club groups through the circuit and monitor their progress.

With all the recent emphasis on the need for older persons to exercise, there has been little done to create opportunities for such exercise. While walking is a good exercise, it doesn't contribute a lot to upper body strength and manual dexterity.

Water exercise is great, but people need to access a pool. Other forms of exercise such as bicycle riding, running and sport are often too dangerous for older persons to participate in. And conversely, some gentle exercises are too timid in their approach and contribute little to well-being.

We are very excited about this project and are applying for grants from wherever we can.

We'll keep you posted on it.

**Roderick McIvor**



# Community Centres and other local news



**48 Smythe Street, Corinella,**  
**t: 03 5678 0777 e: coord@cdcc.asn.au**  
w: corinellacommunitycentre.org.au  
@CorinellaCommunityCentre

Be Connected is an Australian Government initiative committed to increasing the confidence, skills and online safety of older Australians. Be Connected aims to empower everyone to use the internet and everyday technology to thrive in our digital world. You can learn the basics of using digital devices (smartphones, tablets, laptop and desktop computers) and engaging with the internet, topics including:

- Learn about your device
- Being safe online
- Talking to or seeing family and friends who live far away
- Finding new friends who share interests and hobbies
- Connecting with old friends
- Keeping up to date with what's happening in communities and around the world
- Shopping and selling online, safely and securely

Be Connected is provided free of charge and available to anyone in our community. So if you want to learn how to use that mobile phone, tablet or computer, call and book in for a session and we will show you how. Classes running Tuesdays, call us on 5678 0777 for bookings.

We are also looking for volunteer mentors who have digital skills and want to share their skills with older Australians, we will provide the training and support.

**We have activities and groups running every day; our term program is completed and can be viewed on our webpage at:**

**www.corinellacommunitycentre.org**  
CDCC run regular small bus trips to city markets, theatre shows, hot springs etc., call us to register your interest.

We have a monthly bus running to Dandenong Market on the first Tuesday of the month.

Want to learn how to create beautiful mosaics? We have an enthusiastic group that meets fortnightly, on a Thursday from 1:00 p.m. – 3:00 p.m. where you can work on your own masterpieces amongst likeminded people.

On Monday evenings our local Yoga guru, Nikki runs the very popular yoga classes.

The Crafties meet every second and fourth Wednesday of the month. Every Thursday, local artist Keith facilitates an art group where you can work on your paintings and get some tips from Keith.

Our local Justice of the Peace, Libby will be available at the centre each Thursday 10.30—12.00 for witnessing docs, declarations etc. Call to make an appointment with Libby.

Every Thursday at 12:00 pm, we run the 'Community Lunch.' Everybody's welcome to enjoy a light lunch whilst having a 'chinwag' with others, cost is by donation.

Each Friday we run a Mindfulness Meditation session commencing at 12:30. Book club is a great group that runs on the second Thursday evening of every month.

The lovely women of the St Georges Church Auxiliary host a delicious three-course community lunch on the second Friday of the month.

The food pantry is open every day to support people to put food on their table. This free service is designed to provide enough food in emergencies to get through a 24-hour period.

Drop in to have a browse of our free book exchange, grab a book, swap a book or donate a book, up to you. We have created the 'West Wall Gallery' in the foyer of the centre and are hosting monthly exhibitions of local artists. Do you need a small bus to get to events? We hire out the Waterline Community Bus (9 seater) at very reasonable rates. Call us to check availability and prices. Did you know that we have rooms for hire, our function room is great for events and celebrations. We also have a smaller meeting room.

We are always on the lookout for new volunteers, do you have a spare day a week? If so give Iain a call and come and join the team. Volunteer roles are mostly in office administration but if you have special skills do call in and have a chat.

Do you need to obtain your certificates in 'Provide responsible service of alcohol' (SITHFAB002) or your 'Use Hygienic Practices for Food Safety' (SITXFSA001) to obtain work or to get work in the future? Corinella and District Community Centre in partnership with Bass Coast Adult Education Centre will be providing the courses in Corinella.

Use Hygienic Practices for Food Safety on 11 September 2018 (10am - 4pm) at \$120.00 and Provide Responsible Service of Alcohol on 13 September 2018 (10am - 2pm) at \$95.00

Keep up to date with us on Facebook @CorinellaCommunityCentre. Call in or call us on 5678 0777. **Iain Ritchie**

## LANG LANG COMMUNITY CENTRE



- Public Internet Access to all members.
- iPad Tuition
- Lifestyle classes including:
- Yoga, Pilates, Cardio, Walking group and Line Dancing, Tai Chi.
- Playgroup for the littlies.
- A variety of Patchwork groups.
- Men's Shed Group.
- Secretarial Support Services including: Photocopying, typing and scanning.
- Book Exchange
- Small offices for hire
- Centrelink Agent with dedicated computer.
- Medicare Claim Service

We have vacancies in our Tai Chi and Cardio exercise classes if you are interested please give us a call



**Fridays 12 noon—1.00pm**

### BLOKES IN THE KITCHEN

**Thursdays: @ 10.30 am**

**August 16th & Sept 20th**

**Prepare healthy nutritious meals under the guidance of a experienced cook. The classes are FREE however places are limited.**

**Bookings essential ( 59975704**

**Mystery Quilt Day with Jenny at the Lang Lang Community Centre. Sat August 18th 10.00am — 4pm**

**Lunch and afternoon tea provided.**

**Cost \$ 30 per person.**

**Requirements available from LLCC**

**Bookings essential**

**Bookings ( 59975704**

**Please call us, we open @ 9.30am M-F  
7 Westernport Rd, Lang Lang 3984  
Contact (03) 5997 5704  
llcc@langlang.net**

**Phillip Island Community and Learning Centre**

**56-58 Church St, Cowes  
Centre Manager - Linda Morrison  
5952 1131**

**Email :**

**admin@pical.org.au**

**Website:**

**www.pical.org.au**



# More Community News



## CORONET BAY NEIGHBOURHOOD WATCH

coronetchaynhw@gmail.com

### URGENT: WE NEED YOU.

If we have not received volunteers for departing committee positions at our August 13 AGM we will sadly not be able to continue.

Since this group started in 2016, crime in Coronet Bay has reduced by 40% thanks to safety awareness campaigns shared within the community.

Before 2016 car break-ins and burglaries were 10 to 12 per week. This all stopped thanks to safety promotions.

**There are no costs involved and every possible assistance will be given to transition new committee. For membership queries please call the previous Chairperson Ivan on 5678 0663.**

POLICE REPORT: (18 – 30 June)

CORONET BAY: Offender processed after minor drug incident.  
GRANTVILLE: Theft of petrol from BP with offender known. There was also an assault between parties known to each other.

BASS: After Police pursuit of offender known to Police and on the run for sideswiping a Police car (per last month's report) the offender was caught and has now been processed for all incidents. There was also theft of petrol from Caltex, with offender known.

If Coronet Bay Neighbourhood Watch continues, the next meeting will be 7pm Sep 10 at Coronet Bay Hall, Fred Gratton Reserve. All will be welcome.

Further potential meetings: Oct 8, Nov 12

**Remember, be the neighbour that you would like your own neighbour to be and let's all watch out for each other.**

**\*For Emergencies call 000 (24hrs)**

**\*Domestic Violence 1800 015 188 (24hrs)**

**Experienced and Qualified Teacher  
Indonesian/English Years 7-12.  
V.I.T Registration  
Phone Kerry 0408 102 996**



## Bass Valley Friends of the RSL

Secretary Trish Thick  
5678 1071 or 0409851599



Friends of the Bass Valley RSL invite you to our Social Dinner together where we have the privilege of having an Afghanistan Veteran sharing his experiences and the impact on his life. Considering that this is a current conflict our guest will be both interesting (although with great care not to divulge anything that would be inappropriate) and sobering. Join us in encouraging him and ourselves that we still live in a less complicated and safer part of the world.

**Date : Wednesday - 10th October 2018**

**Time: Dinner time 6.00pm**

**(Speaker due to begin his talk at around 7.00pm)**

**Dinner:**

**PLEASE CALL GEORGE BASS**

**HOTEL to book/pay for your meal.**

**(5678 2206)**

**Enquiries: Trish 0409 851 599**

Is there anyone who knows what happened to the plaques that were at the base of the memorial trees before the road duplication in the 1980's.

Bass Valley friends of the RSL are unveiling a Plaque "Saluting the Anzacs of Bass Valley & District" on Sunday 7 October and we are trying to trace any descendants of these Anzacs to invite them along for the unveiling and would like to hear from them to find out if they have any photos etc. we could take copies of. There are over 100 names on the plaque.

**Trish Thick**

## Corinella Community Market



## CORINELLA BOWLING CLUB INC.

22 Balcombe Street,  
Corinella  
Ph. 5678 0497



Follow and like us on facebook  
Corinella Bowling Club Inc

We welcome new bowlers & invite you to give bowls a try at our Wednesday Social days at 9.30am for 10am start..

Coaching available.

Corinella Winter Tournament for 2018 commenced on Saturday 5 May with our three bowl Triples competition and continues through until 25 August.

Get a team together or single entries are accepted.

**Contact**

Dave Burzacott Ph. 0423 593227

Steve Bray Ph. 0418 316 912

## Probus Club of Corinella and District



**The Club meets on the first Wednesday of the month at the George Bass Hotel, meeting, lunch and guest speaker. For inquiries call President Sandy Ridge on 5997 6127 or Vice President Rob Parsons 0402 852 300.**

## Community Halls for Hire



Archies Creek	
Mez Oldham	0415 445 215
Bass Valley	5678 2277
Bena Maureen	5657 2276
Corinella Paula Clarke	0448 441 046
Coronet Bay Peter Thick	0429 851 004
Dalyston Dorothy Slade	5678 7334
Grantville Pat Van	5997 6221
Kernot Julie Johnston	5678 8555
Kongwak Betty Anderson	5657 4317
Lang Lang Cynthia Gane	5997 5510
Loch Grieg Barry	0419 358 628
Kilcunda Nicola	0439 476 724
Nyora Nikki	0421 992 106
Newhaven Noel Street,	5956 6122
Rhyll Ring General Store,	5956 9205
Woodleigh Evan Jones	5657 7275

**Details not right?**

**Let us know....**

**editor@waterlinenews.com.au**



# More Community News



## CFA NEWS With Michele Fulwell

It's been a busy month for our volunteers with Kernot-Grantville Fire Brigade attending 10 incidents in July.

Incidents included bonfires that got out of hand, car fires, house fires and motor vehicle accidents.

### Reduce speed when passing emergency vehicles

One of the issues that has been obvious is the number of drivers who do not slow down when approaching emergency vehicles. We'd like to remind everyone you must not exceed 40km/h when approaching and passing enforcement, emergency or escort vehicles that are stationary or moving slowly (less than 10km/h), and have either:

Red and blue flashing lights

Magenta (purple flashing lights)

An alarm sounding.

This rule does not apply to vehicles on the opposite side of a divided road (separated by a median strip) from an emergency or enforcement vehicle scene. If visibility is low due to weather or location, drivers should slow down safely when they first see flashing lights, taking into account the current road conditions and avoiding sudden braking.

### Local firefighters tackle Melbourne Firefighter Stair Climb.

On the 1st of September Captain Andrew Blackney, 4th Lieutenant David Cox and Firefighter Daniel Blackney of Kernot-Grantville Fire Brigade will be running up 28 floors in full structural firefighting protective clothing, and wearing Self Contained Breathing Apparatus (SCBA) to raise money to fight depression, PTSD and suicide.

This year, the Firefighter's Charity Fund aims to raise \$700,000 to improve support services, fund research, remove stigmas and raise awareness of mental health issues like depression, Post Traumatic Stress Disorder and suicide, especially for those within the Emergency Service and Defence communities.

You can support them by donating at [www.firefighterclimb.org.au/station/cfa/kernot/](http://www.firefighterclimb.org.au/station/cfa/kernot/)

### Management Team Changes at Kernot-Grantville Fire Brigade

June saw several changes to our management team.

After 19 years in the positions, David Fulwell stepped down as Kernot-Grantville Fire Brigade's Secretary/Treasurer for personal reasons. He has worked with three Captains and has

overseen major changes in brigade management through the years. At the same time Michele Fulwell stepped down as administration assistant to David and Community Safety Coordinator! David and Michele are staying on as brigade members. The brigade would like to thank David and Michele for their commitment to the role. Scott Fulwell resigned as 4th Lieutenant and Training Officer as he was moving out of the area.

Captain Andrew Blackney is acting Secretary. Graeme Wood is acting Treasurer. Robert Eke replaces Michele as Community Safety Coordinator. David Cox replaces Scott Fulwell and Damien McLean replaced David Cox as Communications Officer.

### Secretary and Treasurer Needed

We are seeking expressions of interest from community members with the skills to take on the role of Secretary and the role of Treasurer. If you would like more information or to submit an expression of interest in either role, please email [kernotcfa@dcsl.net.au](mailto:kernotcfa@dcsl.net.au) or contact Captain Andrew Blackney on 0408 863 721.

### Grantville Branch

#### Country Women's Association

Meets at the Grantville Hall on the second Monday of each month at 12.30pm. Followed by afternoon tea.



### For FRIENDSHIP, SHARING, CARING

Enjoy the company of ladies of all ages, who have similar interests  
Learn new craft skills, exchanging recipes and cooking tips  
Social days out, theatre, lunches, shopping trips etc

#### Our current projects:

- Knitwear, comfort rugs and toys for children in foster care.
- Knit A Row located at "The Pantry" - Scarfs for people in need
- 4th Friday of the month - Sewing Bee at Corinella, Reusable bags.

#### Important dates

- August 20 - Social day, visit Ikea store.
- August 27 - Craft meeting 10.00am

#### Up coming events

September 10 Postie Fashions 1.00pm Grantville Hall - Poster page 15  
Country Women's Association of Victoria is currently celebrating 90 years of service to women and children.

Any info you're welcome to call Betty on 0418 396 863 anytime



**Kooweerup**  
REGIONAL HEALTH SERVICE

## Have you thought about being a volunteer ?



Volunteers find their participation at KRHS enriching and rewarding; it offers a sense of responsibility and belonging while providing opportunities for friendships, training, new skills and experiences.

If you have some spare time and would like to join our wonderful group of volunteers, come and have a chat with us soon.

Contact Jenny Bayliss our Volunteer Coordinator by phone: 5997 9700 or email: [baylissj@krhs.net.au](mailto:baylissj@krhs.net.au)

We are now looking for volunteers for the 'Verily Project' - helping carers or family members of a person living with dementia or memory issues, connect and support each other online.

[verilyconnect.org.au](http://verilyconnect.org.au)

Find us on 

KRHS is a 72 bed Public Hospital. We provide a range of community and centre based services: Acute Care, Early Parenting, Transitional Care, Respite and Residential Aged Care, Community Health, District Nurses, Home Care Support, Pathology and Allied Health e.g: Physiotherapy, Social work and Occupational Therapy. There is also Specialist Medical Services: Podiatry, Cardiology and a Diabetes Clinic. KRHS is a member of the International Health Promoting Hospitals Network and Global Green and Healthy Hospitals.

235 Rossiter Road, Koo Wee Rup  
ph: 03 5997 9679 email: [gregorys@krhs.net.au](mailto:gregorys@krhs.net.au)

website:

[www.kooweeruphospital.net.au](http://www.kooweeruphospital.net.au)

## A cook's journal



**For Wonthaggi's Jan Cheshire, good cooking starts in the garden with fresh, seasonal vegetables, herbs and fruit.**

Jan shares one of her favourite recipes.

### Fresh Start



WE LOVE our muesli for breakfast most days. I much prefer to make my own as I can put in as much of the things I like as I wish.

Making your own muesli is very easy and a lot healthier than some cereals. It will seem a bit expensive the first time buying all those nuts, seeds and dried fruit but for some time thereafter you will have the ingredients you need. I often get my muesli supplies at the Dandenong Market, where dried fruits and nuts are a lot cheaper than in my local supermarket.

This is not an exact recipe – you can increase the amounts and put whatever you like in your own muesli, eg. chia seeds, goji berries, dried banana, dried apples, cherries, pears, peaches, vanilla essence, sesame seeds. Just make sure you give it all good shake to mix everything well.

### EVERYDAY MUESLI

#### Ingredients

2 cups of rolled oats, the best quality oats you can find (do not use the “quick oats”)  
2 tablespoons of sesame seeds  
¼ cup of pumpkin seeds  
¼ cup sunflower seeds  
½ cup chopped nuts (almonds, walnuts, pecans all work well)

½ cup of dried apricots (or other dried fruits)  
½ cup of sultanas, currants or raisins (or all 3)  
½ cup of desiccated or flaked coconut  
½ cup of bran straws  
1 full tablespoon of LSA mix (available from the health aisle in the supermarket). Sometimes I have some left-over Weetabix or other cereal which I crush and add to my muesli

#### Method

Mix well together and keep in a sealed container. Eat with yoghurt and/or milk.

I enjoy the crunch of toasted muesli. Use your usual mix for this.

### HONEY TOASTED MUESLI

#### Method

Preheat the oven to 170 degrees.  
Line a large tin (I use an old roasting tin with deep sides) with baking paper.  
Put all the oats, seeds, nuts, and bran into a large bowl. Omit the dried fruit for now.  
Heat 3 tablespoons of honey gently in the microwave and pour over the mixture.  
Mix well and transfer the mixture into the tin and put into the oven.  
Bake on the lowest shelf for 25-30 minutes. The degree of toasting is up to you.  
Stir this mixture every 5-6 minutes so nothing gets scorched.  
When done, cool, add the dried fruits, mix well and store as above.  
Enjoy!



## Wicked Wabbit Recipe



From regular correspondent, Ian from Rhyll who supplied the rabbit.

His mate, Warwick, came up with the recipe.

#### Ingredients

One red onion, 3-4 celery stalks, one large Fennel, 2 carrots, 2 tins tomatoes, 500 ml pasta sauce, 500 ml chicken stock, 400 ml white wine, 3 garlic cloves copped, Salt and pepper, olive oil, plain flour.

#### Wabbits.

Soak wabbits in salted water over night. Wash and dismember wabbits

#### Method

Using a large casserole pot heated add olive oil and saute garlic for a few minutes then add flour dusted wabbit until its browned (dont cook for too long, just coloured) then remove wabbit. and set aside.  
Add diced onion, Celery, Fennel and carrot and sweat down.  
Deglaze pan with white wine and scrape all the good stuff off the bottom and leave in pan..  
Add 2 tins tomatoes and the pasta sauce, and chicken stock and bring to the boil.  
Add wabbit back to pan and salt and pepper to taste.  
Turn heat down.  
Wabbit should be covered with liquid, so add water if necessary.  
Place lid on casserole and simmer vevy vevy slowly (just ticking over) for 3 to 4 hours.

When wabbit is falling from the bone remove and set aside.

Now reduce the liquid on medium heat by about half then add wabbit back and allow to cool overnight in fridge to allow flavours to do their thing.

Wabbit is now ready to reheat and serve with your favourite pasta and crusty bread.

Enjoy



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## Australians in the dark about smoking



A new survey from Cancer Council Victoria has revealed concerning gaps in smokers' awareness of 23 of the health harms associated with smoking.

The research, published in the Medical Journal of Australia online and funded by the National Health and Medical Research Council, revealed that fewer than one in three smokers knew serious health problems such as type 2 diabetes, ectopic pregnancies, acute leukaemia and rheumatoid arthritis were associated with smoking cigarettes.

Fewer than half were able to identify smoking as a cause of highly fatal cancers such as pancreatic cancer and liver cancer, or other conditions that profoundly affect quality of life, such as erectile dysfunction in men and infertility in women.

We were shocked to find that half of the smokers we surveyed didn't know that 13

of the 23 health problems on our list were smoking-related. Many were unaware that cigarettes could increase their risk of liver cancer, pancreatic cancer or acute myeloid leukaemia," said Lead researcher Professor Melanie Wakefield, from Cancer Council Victoria's Centre for Behavioural Research in Cancer

Excerpt from Quit news



Country Womens Association Vic Inc. Grantville Branch Association Day GRANTVILLE COMMUNITY HALL BASS HWY. GRANTVILLE Ladies and your friends Most welcome to our Annual fashions day This a chance to meet others from our area Postie Fashions COLLECTION Pop up BOUTIQUE Monday 10 <sup>th</sup> September At 1 PM	 POSTIE FASHIONS New seasons fashions Sizes 6-26 Daily specials rack Entry \$5.00 Afternoon Tea Provided Door prize RSVP If you would like to attend Please Contact Betty 0418 396 863 Annie 5678 8037 For catering purpose
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## DEMENTIA

Rachael Wonderlin



**ALWAYS ask people with Dementia for their help**

"He's really combative," the staff member complained, popping in my doorway. "Christian keeps slapping my hand away when I'm trying to wash his face."

"Okay, let me come check this out with you," I suggested. We walked back into Christian's room, where he was pleasantly sitting on a shower bench.

**He didn't seem "combative," but I watched as my staff member took the washcloth and reached for his face.**

As her hand went up to touch him, he slapped it away. "See!" she cried. "Look what he's doing."

"Hang on," I sighed. **It seemed pretty obvious: he was afraid. Most people don't like when someone they don't know reaches for their**

**face. "Christian, can you help me?" I asked. "Can you hold this washcloth and wash your face while I wash your legs?"**

Christian nodded and let me put the washcloth in his hand. I guided his own hand to his face and he began calmly washing while we cleaned the rest of him.

**ALWAYS ask people with dementia for "their help" with starting an activity. This could be anything: a shower, painting a birdhouse, a walk outside, completing a puzzle.**

**When people are asked for help, they are much more likely to agree to do the task.**

If someone asks you, "Do you want to help me?" you think to yourself, "DO I WANT TO?" and that's what you respond to. If someone asks you, "CAN YOU help me?" you respond to the "Can you" part.

**By making someone feel necessary and important, you are way more likely to get them to participate.**

[www.dementia-by-day.com](http://www.dementia-by-day.com)

## East marries West



### Welcome Dr Carol Head at Safflower Clinic

Have you always wanted to speak to a GP who also embraces complementary medicine?

Have you had laser acupuncture provided by a local GP before? And are you longing for a conventional doctor to have plenty of time for you to discuss all your health issues and incorporate mind, body and spirit?

Wait not much longer as we are thrilled to announce that Dr Carol Head is joining our team and will start consulting on Monday, 20th August 2018.

She will be working three days a week (whilst completing her Master's degree in Chinese herbal medicine at RMIT). Dr Head will be available for consultations on Monday, Tuesday and Thursday at Safflower clinic in Newhaven.

We see it as a great opportunity to integrate conventional medicine with the ancient principles of Chinese medicine. Acupuncture, which is one of the modalities of Chinese medicine is a powerful treatment to tackle many issues such as: pain, neurological conditions, pregnancy and labor support, digestive disorders, gynaecological problems and much more.

Carol offers laser acupuncture which is a modern form of acupuncture (without the needles) but with a low-energy laser beam. It's for all of those who have not ventured into acupuncture treatments due to their fear of needles. Mind you, acupuncture needles are only as thick as a hair.



Dr Head has a special interest in chronic health issues – diabetes, high blood pressure, chronic fatigue, irritable bowel syndrome as well as mental health issues (like stress, anxiety and depression). She will be offering conventional medicine appointments (long and routine), but our practice is not equipped for emergencies or trauma.

The Safflower team: Brigitte Linder, Eryn Morgan, Vicki Iliopoulos, Dr Carol Head and our new medical receptionist Sharon Edwards is thrilled to be offering you years of combined expertise in health and wellbeing.

We can't wait to meet to help you achieve your health and wellbeing goals.

**Call us on (03) 5956 7011  
or book online  
[safflowerclinic.com.au](http://safflowerclinic.com.au)**



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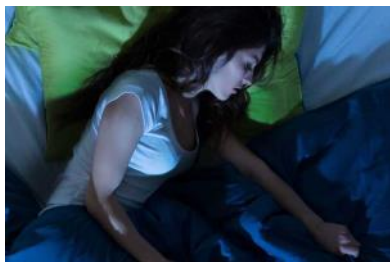
A woman will have approximately 450 periods in her lifetime. It's an important part of the female physiology. We treat most conditions at different stages of a woman's life with both acupuncture and Chinese herbal medicines.

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## Night Sweats

### What are at Are Night Sweats?



You could break into a sweat when your room feels warm or you've piled on too many blankets. But that's not what we're talking about. "Night sweats" refers to repeated drenching perspiration in the middle of the night that's likely to wake you, and sometimes so much that you need to change your sheets.

#### Some possible causes

##### Overactive Thyroid

Sweating more and being sensitive to heat are notable symptoms of hyperthyroidism. Your thyroid gland controls your metabolism, so when it makes too much hormone, your body goes into overdrive. Your body temperature rises, and you could be hungrier or thirstier, have a racing pulse or shaking hands, feel tired and out of sorts, get diarrhea, and lose weight.

##### Low Blood Sugar

Do you have diabetes? While your blood glucose may be OK when you turn in, it can drop while you're asleep. Maybe you had a very active day, or exercised in the evening, or had a late dinner. If you use insulin or take a sulfonylurea-type drug to manage your diabetes, that may be responsible for your overnight hypoglycemia. When your glucose is lower than 140 mg/dL before bed, or it could fall in a few hours, have a snack.

##### Sleep Apnea

When you have this condition, you briefly stop breathing over and over during the night. Because your body isn't getting oxygen, it may slip into "fight or

flight" mode, which triggers sweating. Each time it has to kick-start breathing means a burst of work from your muscles, too. People who use a CPAP machine to help them breathe at night have night sweats about as often as those who don't have sleep apnea.

##### Acid Reflux

It's not only the heartburn and chest pain that can wake you up. GERD hasn't been studied much as a cause of night sweats, but doctors say there's a possible connection. And treating it can often ease your night sweats. Eat smaller meals, and not before bed. Avoid trigger foods -- like those that are fatty, fried, or tomato-based. See your doctor if your symptoms are severe or happen more than a couple of times a week.

##### Lymphoma

Many cancers can cause night sweats, but the most common is lymphoma, which starts in parts of your body's immune system, like lymph nodes, the spleen, bone marrow, and the thymus. About a quarter of people with Hodgkin's lymphoma get night sweats and have a low fever. They may also be tired, itchy, and, after drinking alcohol, hurt where their tumor is. People with aggressive or advanced non-Hodgkin's lymphoma can get drenching night sweats, too.

##### Medications

Lots of drugs may cause night sweats, including over-the-counter fever reducers like acetaminophen and NSAIDs such as aspirin and ibuprofen. Older antidepressants, called tricyclics or TCAs, as well as bupropion and venlafaxine, hormone replacement therapy, and steroids like cortisone and prednisone are common suspects. Some medicines for glaucoma and dry mouth also stimulate your sweat glands. Check with your pharmacist or doctor.

##### Anxiety

Stress, worry, and panic can make you break out in a sweat during the day, so it's no surprise anxiety can have the same effect at night. Nightmares and sleep

terrors are less common in adults than children, but both can leave anyone sweaty and with a pounding heart. Seek help from a counsellor, therapist, or your doctor if these disturbances are ongoing or causing problems in your life.

##### Tumors

Prostate cancer, kidney cancer, and some tumors in the ovaries and testicles (both cancerous and not) are common examples of what doctors call "solid tumors" that can cause night sweats. A type of advanced thyroid cancer and cancer in your pancreas could also set them off. Night sweats are a classic symptom of carcinoid syndrome, the effect of a rare cancer usually found in your digestive system or lungs.

##### Menopause

"Hot flashes" before and after your final period can be hard to distinguish from night sweats. Younger women who've had both ovaries removed or who stopped menstruating because of chemo can also get them. They're more likely to happen when you're anxious, depressed, or have a drink every day. But just because you're a woman of the right age (typically, in your late 40s or 50s), don't assume your night sweats are menopause-related.

##### Infection

A recent bacterial infection could trigger night sweats, often with a fever. For example, you could get brucellosis from raw milk or unpasteurized cheese, or if you handle animals or animal products. Other common bacterial infections are endocarditis (the inner lining of your heart), osteomyelitis (bone), and a pocket of pus in your liver called a pyogenic abscess.

##### Find Relief

A lower temperature in the bedroom and fans to circulate the air may make you more comfortable. If you can't figure out what's causing your night sweats, keep a diary to share with your doctor.

<https://www.webmd.com/>



42 Murray St, Wonthaggi  
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**PHILLIP ISLAND JAZZ CLUB**  
**Sunday 16 September 2pm - 4.30**  
**Ramada Resort - Cowes**  
**Chris Wilson & Friends**



Chris Wilson and friends is an energetic blend of jazz, blues and soul. From jazz standards to rhythm and blues to soul and funk they engage the audience and take them on a journey from New York to New Orleans to London's jazz clubs. Chris has been a professional muso for 30 years. He started in the early 70's playing rock and roll with Angry Anderson, in the 80's played with Broderick Smith's big combo, 90's with Aussie blues band the Giants that toured Australia and the USA. Last year performed in Paris during a two week tour.

In late 90's he started to do recording full time and concentrated on the studio, expanding with extra rooms and better gear instruments.

This year he released his third CD titled My Generation and includes an eclectic collection of songs, some done in an entirely different style and include favourites such as Yeah Yeah, Misty and Cry Me A River. Chris is hopeful that a fourth CD may be launched at Phillip Island in September.

Performing with Chris will be Peter Hodges on drums, Robert Thorne on guitar and John Manby on bass.

#### Coming up:

21 October - Unspoken Rule  
**Robin Blackman 0432 814 407**

## MOE -LATROBE JAZZ CLUB



Sunday 26 August - Riviera Jazz Band  
 Sunday 30 September - Moonee Valley Jazz Band  
 Friday 26 October - Marketeers  
**Contact:**  
**President Bruce Lawn - 5174 3516**

## SOUTH GIPPSLAND JAZZ SOCIETY



**Inverloch Jazz Club**  
**2pm Inverloch RSL**  
 Sunday 14 October:  
**TWO SWINGING PITCHES'**  
 (Anita Harris & Pippa Wilson)  
**Contact Neville Drummond 5674 2166**

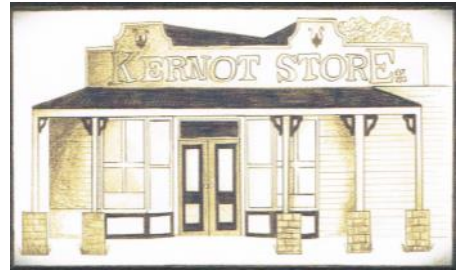
**Saturday 1 September**  
**Coronet Bay Hall**  
**7 - 11pm**  
**UNPLUGGED**



Unplugged continues to attract good audiences every first Saturday of the month at 7pm. at the Coronet Bay Hall, Gellibrand Street. No matter what style of music you like there will be something to your taste. You can bounce along to rock or shed a tear with heart rending folk, or just have the troubles of the day flow away with beautiful classical music and poetry. Truly the best value entertainment around. Gold coin to enter and supper is provided.



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### 3mFM MUSIC TRIVIA NIGHT

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Wonthaggi Workmen's Club 7pm (7.30pm start)

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### Coming Jazz Festivals

24 - 26 Aug - Newcastle Jazz Festival  
 30 Aug - 2 Sep - Noosa Jazz Party  
 19 - 21 Oct - Murray Bridge Jazz Festival  
 19 - 21 Oct - Marysville Jazz & Blues Festival

### The Jazz Club - 12-2pm Saturdays.



## 2018 Phillip Island Jazz Festival 16 - 18 November



Tickets are now on sale for the 2018 Phillip Island Jazz Festival, so book early to avoid disappointment.

### Friday 16 November

Opening Night, Ticketed Event \$55 p.p

#### Jazz Club Members

Season Pass \$75 p.p

#### Non-Members

Early Bird Season Pass \$80 p.p

(Purchase before 30 August)

Early Bird Season Pass \$85 p.p

(Purchase before 30 September)

Season Pass \$90 p.p

(Purchased after 30 September)

Saturday only \$55 p.p

Sunday only \$45 p.p

Sunday Concession \$35 p.p

### Sunday Evening

Piano Bar with Bruce Gourlay

Numbers Restaurant 6.30 - 9.30pm

Cost for food only \$20 p.p

(Quality finger food)

### Appearing at this year's festival

This year we have concentrated on bringing back groups who have been audience favourites over the last four to five years.

Many of the groups appearing have received the ultimate accolade a standing ovation from the audience.

#### Have a look at this for a line-up:

- Bruce Gourlay
- Geoff Power & Friends
- Royal Garden Jazz Band
- Jules Boulton & The Redeemers
- Hot B Hines
- Creole Bells Revival Band
- Beverley Sheehan
- La Mauvaise Reputatiion
- Shirazz

On Sunday evening why not wind down in Numbers Restaurant which will be turned into a Piano Bar featuring the evergreen Bruce Gourlay, and anybody else who has a modicum of talent joining in the fun.

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Fax: 03 5952 2066

Email:

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www.ramadaphillipisland.com.au

For more information contact Robin Blackman on 0432 814 407 or email [jazz@phillipislandjazzfest.org.au](mailto:jazz@phillipislandjazzfest.org.au)

For all the latest festival information go to our website [phillipislandjazzfest.org.au](http://phillipislandjazzfest.org.au) While you're there have a preview of the groups that will be performing.

**Our preferred accommodation provider Ramada Resort Phillip Island will extend a 20% discount to everyone staying over the Jazz festival weekend.**

Guests can either enter the promo code "2018JAZZ" on our website or contact us directly to receive the discount.

## Big Boys Toys at the National Vietnam Veterans Museum



All you model and radio remote control model enthusiasts will want to visit the National Vietnam Veterans Museum on Sunday 9 September – the week after Father's Day.

The following clubs are putting on displays of their amazing and remarkable models at the Museum for your pleasure and enjoyment.

South West Amalgamated Model Plane Society; Phillip Island District Railway Modellers; Large Scale Club of Vic; The Pakenham Modellers Group; R/C Drift Club; Victorian Armoured Remote Control Club. There will be action, noise and excitement. Come along and have a look, this will be a real treat. Don't forget you can also look through the Museum and watch the holographic Light & Sound Show. Light refreshments will be available from the Nui Dat Café.

A special entry fee to the Museum will be \$10 per person and \$40 for a family ticket with 3 kids.

Thank you to our sponsors San Remo & District Financial Services and The Angior Family Foundation.

[www.vietnamvetmuseum.org](http://www.vietnamvetmuseum.org)  
03 5956 6400.

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Welcome®

# Western Port Ward Update

**Western Port Ward Update**  
Crs Geoff Ellis, Clare Le Serve and  
Bruce Kent



**New Bus Shelter**



They finally put a proper shelter at that bus stop in Wonthaggi. Hopefully the various authorities that control the highway through The Gurdies will be able to follow this example and supply some protection for all the adults and kids who wait so stoically for the bus along the Bass Highway. This much needed upgrade has sparked debate about the need to modify various intersections across Bass Coast Shire and people have been asking me how we decide which intersection to work on next. The long answer is that the BCSC Road Services Asset Management Plan includes a prioritized, site specific, ten year program based on a risk evaluation matrix applied to 29 sites identified in consultation with emergency services and community. The program is intended to address road safety with a pro-active approach. Sites qualify for the program only if they are solely managed by BCSC roads. The matrix and the adopted program are available on the web. The short answer is that we did formal risk assessments, ranked the site according to risk and started at the top of the list. If there are any council controlled roads

and intersections that you feel need improvement, email me at:  
[geoff.ellis@basscoast.vic.gov.au](mailto:geoff.ellis@basscoast.vic.gov.au)

Ideas for improvements to roads and intersections that are controlled by Vicroads can be lodged with them.  
[www.vicroads.vic.gov.au](http://www.vicroads.vic.gov.au)

## Phillip Island Literary Festival



This was the second year for this fast growing event. Too big to cover in detail on this page, some of the highlights included Brian Dawe, Steve Parker, Adam Brigg and Tim Flannery. And that was just the first night. Don't miss it next year.

## Councils Efficiency

The recent announcement that BCSC, along with some other Gippsland councils, is investigating further efficiencies, has raised a few questions. One question that I would like to pose, to the residents and ratepayers, is "What is the purpose of a council and what do they (R&Rs) expect from council and councillors?" I made some commitments two years ago and have ticked a few boxes, while some of these commitments, such as re-opening the real Coronet Bay boat ramp have proven impossible, and I am wondering what our people think is important.

Happy to receive emails at  
[wpwbce@gmail.com](mailto:wpwbce@gmail.com)  
on this or any other topic.

**Active Bass Coast**  
**Bass Coast Shire Council's draft**  
**Active Bass Coast Plan is now on**  
**public exhibition until Sunday 2**  
**September.**

To view the document, go to  
[www.basscoast.vic.gov.au/active](http://www.basscoast.vic.gov.au/active).

Hard copies are available at Council's Customer Service Centres in Cowes, Wonthaggi, Inverloch and Grantville. You can make a submission in writing to [active@basscoast.vic.gov.au](mailto:active@basscoast.vic.gov.au) or to PO Box 118, Wonthaggi VIC 3995. Submissions close on Sunday, 2 September.

## Bass Coast Shire Meeting Schedule for the coming months:

### Community Connection Session

12 September 2018

3.00pm

Council Chamber, Bass Coast Civic Centre, Wonthaggi

### Ordinary Council Meeting

19 September 2018

5.00pm

Council Chamber, Bass Coast Civic Centre, Wonthaggi

### Community Connection Session

10 October 2018

3.00pm

Council Chamber, Bass Coast Civic Centre, Wonthaggi

### Ordinary Council Meeting

17 October 2018

5.00pm

Grantville Hall, Grantville

### Community Connection Session

14 November 2018

3.00pm

Council Chamber, Bass Coast Civic Centre, Wonthaggi

### Special Council Meeting

14 November 2018

5.00pm

Council Chamber, Bass Coast Civic Centre, Wonthaggi

This update is based on the personal views and opinions of Councillors, Clare Le Serve, Bruce Kent and Geoff Ellis and may not be indicative of BCSC policy.



### Contact:

**Cr Clare Le Serve**  
**0448 083 286**  
[clare.leserve@basscoast.vic.gov.au](mailto:clare.leserve@basscoast.vic.gov.au)

**Cr Geoff Ellis**  
**0428 840 868**  
[geoff.ellis@basscoast.vic.gov.au](mailto:geoff.ellis@basscoast.vic.gov.au)

**Cr Bruce Kent**  
**0428 741 843**  
[bruce.kent@basscoast.vic.gov.au](mailto:bruce.kent@basscoast.vic.gov.au)



# Our people

## Kenny's Track



**A love of Guinness and the company of good friends saw Kenny Adshead spend many a pleasant afternoon and an occasional evening sitting on the veranda of the Kernot Food and Wine Store.**

Perched on a cushion on a comfortable bench, his face in the shade but the sun shining on his weathered arms and a smoke rolled between his fingers, Ken would regale all who knew him, and anyone else who would care to listen, with stories of his younger days and his sideways philosophy on life. The usually softly spoken Ken could come to life on any subject and although he enjoyed a good yarn and could sprout a good poem, he was also a good listener and never had a bad word for anybody.

With the last Guinness finished and the sun going down, Ken would wander across the road with Cyril, his faithful little Jack Russell at his heels and up the track through the Kernot Reserve that was his secret way home. Kenny had been responsible for the mowing of the Reserve for many years and knew it well. On a grassy track and through the gums and wattles, passed where the Kernot Railway Station once stood, the two would meander along to his house to sit by the fire and ponder on a fortunate life. As a tribute to a much loved mate who passed away recently on 20th March, his friends at Kernot have erected a sign on the Reserve which simply reads **"Kenny's Track"**.



## Personality of the Month



### Libby Skidmore

**by Roger Membrey**

Libby is a long-time resident of Corinella who gives much of her time to the community but also finds time for her interests, including painting, history and gardening.

Libby's early years were at Red Hill (Mornington Peninsula) and after finishing her formal education, Libby taught at schools around Victoria. Eventually, Libby joined the staff at Dalyston Primary School where she became the Head Teacher. Some years later, Libby joined the teaching staff at Bass Valley Primary, until in 2009 after 48 years of full-time teaching she 'retired' to occasional student tuition but especially to further her other interests. Many who were taught by Libby became parents to another generation of her students. Libby is remembered as a capable, respected teacher and a very decent person.

Libby is now a leader in community history and knows much about the Corinella district - including where and who the notables are in the Corinella Cemetery. She can tell you how the Corinella district was mainly intended to be an outpost with only a few 'pioneers', as at that time the fear was from a potential French and/or Russian invasion! But it was all an accident of fate, as in 1824 explorers Hume and Hovell thought that they had reached the land surrounding Corio Bay but instead it was the land at Western Port Bay. (Today it probably would be blamed on SatNav wrong directions???)

And as we do not now all speak French or Russian, the invasion never eventuated in any case! Libby has written many historical reports, which have given us rich archival resources.

Libby's grandfather, who had a friendship with the internationally known Australian Rose breeder, Alister Clark, was asked to test-plant some of the roses in his own garden.

In later years, Libby's mother highlighted Alister Clark roses in her Corinella garden and Libby said that she also has

these roses in her garden.

Clark and his New Zealand born wife were financially independent which gave them the resources to concentrate on developing plants. Between 1912 and his death in 1949,

Alister Clark released at least 150 roses plus daffodils. Today his flowers are in the world's most famous gardens and could possibly even be in your garden as well.

There is so much more to write about the very interesting and likeable Libby Skidmore, but that will have to wait for another article.



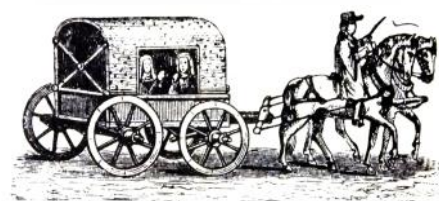
*This article, written and republished with permission from Roger Membrey was first published in the Bass Valley News in May 2013.*

Libby has been a regular contributor to The Waterline News for a long time now, in particular in her role as the Secretary and Historian with the Bass Valley Historical Society, which she has been for more than 30 years.

One of our most loved citizens - Thank you Libby.

If you know of anyone in the district who you think would have an interesting life story to tell and would be willing to share it with our Waterline News readers, please contact:

**editor@waterlinenews.com.au**



# The French Island News



**FRENCH ISLAND COMMUNITY ASSOCIATION**  
**Tankerton PO**  
**French Island , Victoria 3921**  
**[secretaryfica@gmail.com](mailto:secretaryfica@gmail.com)**

## EMERGENCY SERVICES

There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA).

There is one fire engine stationed permanently on the island. CFA volunteers are able to respond to any kind of emergency. Calling 000 is always the best option in an emergency.

## NURSE ON CALL

For non urgent health issues islanders may utilise the Department of Health's Nurse on Call service: 1300 60 60 24

## AMBULANCE SERVICES

Ambulance Membership  
Membership Enquiries 1300 366 141 (Mon-Fri 8am-8pm, Sat 9am-5pm).  
Membership is advised as Air Ambulance is used from the island. If local support is required ask Ambulance to request CFA support on the island.

## POISON INFORMATION HOTLINE



**131126**

## French Island General Store & Café



Make French Island your next weekend getaway destination, with a free shuttle bus service on weekends and public holidays from the Ferry to the Store your transport needs are taken care of. At the Cafe there's an extensive menu, bike hire available, accommodation and locally made and grown products for sale. You can cycle your way around looking at Koalas and enjoy a day of adventure or cosy by the fire in the cafe for a relaxing lunch.

Visit [www.figsfrenchisland.com.au](http://www.figsfrenchisland.com.au) or Facebook/figsfrenchisland for more information.

289 Tankerton Road, French Island, 3921  
(03) 5980 1209

## FRIENDS OF FRENCH ISLAND NATIONAL PARK (FOFI)

Secretary: Meredith Sherlock.  
Phone 0438 077 329 Email: [secretary@fofi.org.au](mailto:secretary@fofi.org.au)

## FOFI Project Days

Third Saturday each month  
Membership enquiries and More details - [www.fofi.org.au](http://www.fofi.org.au)

## French Island Landcare

For more information on all Landcare activities contact [filandcare@gmail.com](mailto:filandcare@gmail.com).



## Landcare Nursery

Volunteers are always welcome at the nursery on Wednesdays and Thursdays from 10am to noon.  
Contact Terri: 0413 088 527



## FRENCH ISLAND FERRY



<http://westernportferries.com.au/>

## BARGE

Spirit of French Island operate a vehicular barge from Corinella on the eastern side of Western Port to the barge landing on French Island. It accommodates two standard size cars or a larger truck.

It is advisable to book as far in advance as possible, as the barge schedule and availability is limited by times and tides. As a guide, the barge runs approximately every half hour for a few hours either side of high tide.

Foot passengers can take the barge but they should arrange transportation at either end as there are no other facilities.

**For information about fees and to book the Barge, call 0428 880 729.**

## French Island Visitor's Guide

Christine Dineen's French Island Visitor's Guide is a fantastic publication we visit all too infrequently.

Detailed map included is a great reference, for visitors to the island, and anyone who has an interest in the local flora and fauna.

Available at the French Island General Store, or you can obtain a copy from the author:

**Christine Dineen**  
[dineenc@optusnet.com.au](mailto:dineenc@optusnet.com.au)



**KOALA HUGS A. PENROSE**  
[WWW.KOALA-HUGS.COM.AU](http://WWW.KOALA-HUGS.COM.AU)



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Notices for the French Island section of The Waterline News should be sent to: [editor@waterlinenews.com.au](mailto:editor@waterlinenews.com.au) - 1st of month.



# The French Island News

## FOFI News

### Friends of French Island National Park President:

Andrew Browne 0423 831 758

### Secretary:

Meredith Sherlock 0438 077 329

Email: [secretary@fofi.org.au](mailto:secretary@fofi.org.au)

Website: [www.fofi.org.au](http://www.fofi.org.au)

## MEMBERS NEWS

Congratulations to Jarryn Van Dyk and Des Palmer, who have completed the two-day course Drive and Recover a 4WD Vehicle with PNL 4WDDriving Pty Ltd. The courses were funded by a DELWP Community Skills Development Grant to allow FOFI members to drive a Parks Victoria vehicle. "I had a great time and learnt so much" (Jarryn). "It was absolutely fantastic, had a ball, Nyrie is a great instructor" (Des).

**We also congratulate Martin O'Brien on his forthcoming retirement from DELWP.**



*Martin at Long Point, December 2016  
Walter Mitchell*

Martin has had a distinguished career as Executive Officer of the Flora and Fauna Guarantee Act Scientific Advisory Committee – an advisory, scientific and technical support role for the Committee, which advises the Minister for the Environment on threatened species and related matters.

Since 1997 Martin has helped to assess 300+ nominations for listing under the FFG Act, leading to the formal addition of most of these items to the "Threatened List" of the Act.

Many of these items are birds, but the list also covers the suite of native plants, animals, ecological communities and threatened processes within Victoria.

Martin describes himself as "the 'front person' the public goes to when seeking advice and guidance on all matters to do with identifying and preserving our wonderful natural history and all its habitats", and writes that "Working in a semi-independent role (as the EO) with some of Australia's best and most dedicated biologists has probably been my career highlight, but with a great network of other biologists (mainly departmental) over the years maybe just as good".

We have been fortunate indeed to have had Martin as a dedicated member of FOFI ever since he and his partner Kaye joined in 1999.

Most importantly, Martin has submitted all French Island observations of plants and animals to the Victorian Biodiversity Atlas, an online database that allows users (with login) to search and map species, and to DELWP's species records mapping system, NatureKit.

He has also carried out long-term monitoring of four threatened species in Western Port (King Quail, Fairy Tern, Caspian Tern and White-bellied Sea-Eagle) and for the past couple of years has coordinated the French Island teams for the Western Port Wader Surveys.

We wish Martin a restful retirement that gives him more opportunity to enjoy his other interests, though we know his expertise will continue to be much in demand.

We hope that keeping in touch with his

FOFI friends and visits to French Island will remain high on his "to do" list.

## Vale David Leslie

We were shocked to learn of the death of David Leslie on 4 July at the age of 57. David and his wife Janet Towns invited FOFI to explore their property at the foot of Mt Wellington in April 2016, and generously shared their love of the island with us. The website of the Doherty Institute, where David worked as a medical microbiologist, records his "keen intellect" and, "commitment"; he "was greatly respected and valued" by his colleagues. The tribute also notes: "In his personal life, David was an avid bird watcher and lover of nature; in later years spending much time on his property on French Island.

He was generally a private man but happy to express an opinion on topics he was passionate about like microbiology, politics and the environment."

We offer our sincere condolences to Janet and David's family.



Meredith Sherlock



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# Community Spirit

## Westernport Swamp Landcare

**The Westernport Swamp Landcare Group** has been caring for the local environment since 1999. It has 30 members from Tooradin, Clyde, Rythdale, Cardinia, Dalmore, Koo Wee Rup, Bayles, Nar Nar Goon, Cora Lynn, Monomeith, Caldermeade, Catani, Yannathan, Lang Lang. Four meetings per year are interspersed with field days. The group is part of the wider Western Port Catchment Landcare Network.



**Landcare members** have been working at rehabilitating the landscape by waging a war on weeds, and planting farm shelterbelts and wildlife corridors on private and public land.

**Ten Assets** worth protecting in Westernport are native flora and fauna, marine and coastal systems, including Ramsar site for migratory shorebirds, remnant vegetation, wetlands and waterways, cultural heritage, farm sustainability, and people who value nature.

**Cardinia Waterways Catchments Nature Link (Healesville to Phillip Island)** is a bold new exciting plan being developed with a grant from the Port Phillip and Westernport Catchment Management Authority. This Nature Link Plan is a valuable opportunity to secure important habitat before it is lost forever to unchecked urban expansion in the South East. Members, experts and agencies are currently preparing a comprehensive draft detailing the flora, fauna, vegetation classes, reserves, parks and waterways

### Southern Brown Bandicoot



"We are fortunate in the unique Koo Wee Rup Swamp area because one of the major iconic species is the endangered

Southern Brown Bandicoot" says John Boekel, President. "This is a boom-or-bust species, and in some drought years where there has been habitat loss, along with foxes, dogs, cats, land clearing and urban encroachment, it has almost disappeared. "Bandicoots need dense shrubs and grasses for habitat." Perhaps a reason for its survival across the swamp farmlands is the gridwork of drains dug since the 1880s, allowing them safer travel along the moister areas and creek banks. Bandicoots are harmless creatures that make small conical shapes in the soil by digging for worms, beetles, larvae, fungi, moths, insects, seeds, bulbs, plants. **Wildlife cameras** are currently being deployed around Westernport. The group has received a grant from Melbourne Water for camera monitoring to determine wildlife and bandicoot distribution. Results will enable better bandicoot conservation management.

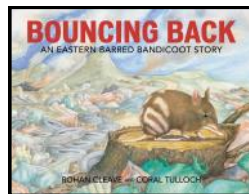


**Mural at Lang Lang** is the latest achievement. A large painted wildlife mural has been presented to the Lang Lang Primary School, with a grant from Origin now Beach Energy. This will be followed in August by a series of nature study talks by Bug Blitz for students at the school arboretum in Westernport Road.

**New members are welcome. For information please contact Sue Davies, Westernport Swamp Landcare Phone 0401 513 375 suedav2@optusnet.com.au**



### Bandicoot Book Winner



The winner of our Eastern Barred Bandicoot Book competition, drawn randomly from a large number of entries, is:

Narelle Debenham from the Nured Kids local Junior Landcare Group in Frankston.

Your prize is on the way to you.

### NBN and your home phone



Unless you live outside of an urban area, the existing phone lines will be discontinued in the foreseeable future, your phone will go quiet and you will lose your home phone number.

The good news is that it does not matter who currently provides or charges you for your home phone service, that same company can move you to the NBN phone service. It will work exactly the same way, you will keep your existing phone number, you should be able to keep using your existing handset/s and the price should be the same or less. Easy! Just ring the phone number on your last bill.

Like most people you are probably currently with Telstra, if you wish to stay with them they offer a number of phone only plans, the cheapest is \$27.95/month which is fine if you make very few calls. You can make arrangements with a simple phone call to 1800 676 442

Telstra also offer various bundles, you can have free local calls (\$40.00 per month), free local and STD calls (\$50.00 per month) and free local, STD and Mobile calls (\$59.00 per month). Before you ring, try and work out what you want. What is your current line rental, and how much is your average bill including calls, even staying with Telstra you should save a little.

Thinking of leaving Telstra? There are plenty of choices and this may come as a bit of a shock, but mostly they are cheaper. You keep your existing phone number, the service is the same, the call quality is the same and the reliability is the same.

Optus have an entry level (you pay for all your calls) plan for \$22.00 per month (call Optus on 1800 1800 634 361 and tell them you want the Home Phone Plan), this would be perfect if you only want the phone in case of emergency, but would like people to be able to ring you. Personally I favour the TPG plan for \$39.99 with unlimited phone calls to landlines or mobiles, call them on 1300 720 016 and ask for the NBN 12 plan plus oztalk (this plan compares rather favourably with the same plan offered by Telstra at \$59.00 per month).

When talking to the salesperson, don't get sucked in! You do not want or need a mobile phone or tablet as part of the deal, no matter how cheap it appears to be it will come back and bite you, there will be a cost, and it will probably haunt you for years. Remember that it is the salesperson's job to try and upsell you, that is where their profit is.

**Chase**  
computers



# Philosophy, Trivia & Quiz,



## Plants & Animals

1. What is the national animal of Canada?
2. What is the national animal of Albania?
3. Which dog used to be sacred in China?
4. Urticaria is a skin disease otherwise known as what?
5. What kind of animal is the largest living creature on Earth?
6. Give another name for the study of fossils?
7. What do dragonflies prefer to eat?
8. What do you get when you crossbreed a donkey and a horse?
9. Which insects cannot fly, but can jump higher than 30 cm?
10. What is the name of the European Bison?
11. In which city is the oldest zoo in the world?
12. After which animals are the Canary Islands named?
13. Which plant does the Canadian flag contain?
14. What is the food of penguins?
15. Which is the largest species of the tiger?
16. The bite of which insect causes the Lyme Disease?
17. What is the only continent on earth where Giraffes live in the wild?
18. Is a dolphin a mammal?
19. How many pairs of wings does a bee have?
20. What type of animal is the largest primate in the world?



"The human body resonates at the same frequency as Mother Earth. So instead of only focusing on trying to save the earth, which operates in congruence to our vibrations, I think it is more important to be one with each other. If you really want to remedy the earth, we have to mend mankind. And to unite mankind, we heal the Earth. That is the only way. Mother Earth will exist with or without us. Yet if she is sick, it is because mankind is sick and separated. And if our vibrations are bad, she reacts to it, as do all living creatures."

Suzy Kassem,

"As to the roaming of sages,  
They move in utter emptiness,  
Let their minds meander in the great nothingness;  
They run beyond convention  
And go through where there is no gateway.  
They listen to the soundless  
And look at the formless,  
They are not constrained by society  
And not bound to its customs."

Lao-tzu

"Christianity, like genius, is one of the hardest concepts to forgive. We hear what we want to hear and accept what we want to accept, for the most part, simply because there is nothing more offensive than feeling like you have to re-evaluate your own train of thought and purpose in life. You have to die to an extent in your hunger for faith, for wisdom, and quite frankly, most people aren't ready to die."

Criss Jami, Killosophy

"Maybe the world isn't really different, but I am different, and I am in the world."

Rachel Hartman, Tess of the Road

"I can blend words easily with my pen, and show concepts from deep within. Yet not everyone gets the message I send. So why do I even let these words begin? Maybe they will soak in one day at the right time. When the readers on a new path to find. So for now I'll continue to drop ink and not worry about what other people think."

Stanley Victor Paskavich

"Let us embrace our imperfections."

"Our imperfections make us beautiful!"

"We are unique because of our imperfections!"

Avijeet Das

**What's it all about then?**

**FIRST FRIDAY PHILOSOPHY**

- discuss the big questions of philosophy over lunch
- rediscover the lost art of thoughtful conversation
- hone your thinking skills

What is time? Why is there something rather than nothing?  
Do we have free will? Can machines think? Can you be good without God?  
Are we rational? Do animals have rights? What is beauty?  
Is war ever justified? What is the meaning of life?

**Where:** Harry's, 17 The Esplanade, Cowes  
**When:** 12:30 for 1:00 First Friday of the Month  
**Cost:** \$35 (includes lunch)  
**Booking:** gurdies@australiaonline.net.au  
**Contact:** Ian 0407 24 00 24 John 0402 442 284

## QUIZ ANSWERS

1. North American Beaver. 2. Golden Eagle.  
3. Pekingese. 4. Hives. 5. Whale. 6. Paleontology.  
7. Mosquitoes. 8. Honey. 9. Fleas. 10. Wisdom. 11.  
Vienna. 12. Dogs. 13. Maple. 14. Plankton. 15.  
Siberian Tiger. 16. Deer Tick. 17. Africa. 18. Yes.  
19. Two. 20. The Gorilla.

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# The Bass Coast Post in Print

## Bass Coast Post



Online news, articles, columns, photos by and for Bass Coast residents.

### A pearler of a day with Terri Allen

Gippsland born and bred, Terri Allen is a member of the Victorian Field Naturalists Club, the South Gippsland Conservation Society, Birds Australia and the Friends of Wonthaggi Heathlands. She is the author of Gippsland Lady Botanists (South Gippsland Conservation Society, 2007)



*The flooded estuary, Mouth of the Powlett, home to thousands of birds.*

### A Missing Link.

Wonthaggi is blessed to have so much public land, a boon to walkers/runners/cyclists, but there are a few missing links.

### The following is one such.

Set off from the Fincher Street Reserve or Guide Park (parking, water, toilets) and proceed along the Rail Trail towards South Dudley. Leave the track and proceed through Five Brace, past Tent Town and cross West Area Road into the Campbell Street Bush. (Or at Five Brace take the Haulage Line to its end, cross West Area Road through Baxters Wetland and the Campbell Street Bush.) Off Campbell Street take a short leg along Old Rifle Range Road to come to – a dead end – the Rifle Range Wetlands and Wonthaggi Heathland beckon but ... Just a short length a road reserve would link these two sections.

From the Rifle Range Wetlands gate you are spoilt for choice:  
Out through the Rifle Range Wetlands and Wonthaggi Heathland to Harmers Haven and Cape Paterson  
Out through the Rifle Range Wetlands and Wonthaggi Heathland to Cutlers Beach and along the beach to either Harmers Haven or, in the other direction, to Baxters Beach and bush via the track to the wind towers or on to Williamsons Beach and back via the wind towers.  
Oh, if only we could fill in this missing link – Old Rifle Range Road Missing Link (ORRRML)

### Books available on local walks

(information centres):  
Allen, Ellis & Watts, Coast and Bush Walks.

Allen, Walking Wonthaggi's Wetlands  
Looking south from Old Rifle Range Road to the Wetlands.

### Comment:

That would be a good linking track, Terri. Love all the walks mentioned; we are SO lucky.

Liz Glynn

[www.basscoastpost.com](http://www.basscoastpost.com)

### Wonthaggi Wetlands Reserve



This easily accessible wetland area allows you to enjoy the beautiful natural surrounds and plenty of birdwatching opportunities.

South Dudley Road, Wonthaggi, Victoria, 3995

### Description:

Walk or cycle this scenic boardwalk and track around the Wonthaggi Wetlands, right in the middle of town.

### Location:

Dudley Road, Outlook Drive or the Corner of Korumburra Road and Biggs Drive, Wonthaggi

### Length and approximate time to complete:

Length- Loop 2.2km  
45minutes walking  
(including side tracks)



Terri Allen gives thanks for a perfect winter's day at the Mouth of the Powlett. 1 June 2018, the first day of winter. A bitterly chilly 7am constitutional – a hint of frost – but by 9am what a day!

We were at the Mouth of the Powlett, sole occupants except for a lone fisherman far in the distance along the river. The sky was a deep cloudless blue, sun shining warmly, completely windless and the surf pounded resoundingly. From the bridge the water surged either side of the road, reeds and rushes awash. Access to the ocean was via the bush track, the river having expanded from the big dune to the carpark.

What made the day especially magical were the reflections – a perfect mirror image of the tall dune and riverside vegetation. Birds revelled in the calmness and sunshine, twenty-nine species in all. A pair of wedgetail eagles was perched at the base of the big dune, swamp harriers hawked over the reeds, hoary-headed grebes bobbed about fussily and there were ducks in their hundreds.

As we departed, we noted the kangaroos stretched lazily on the bed of the ephemeral swamp near the rail trail, soporifically soaking up the sun.

### What a pearler of a day.





# Maru Koala & Animal Park

## What's new at Maru!

It has been busy times at Maru right throughout July with school holidays and the unveiling of our Olive Python exhibit and Nocturnal Bird exhibit. School holidays brought a range of activities including a variety of regular keeper presentations on our Sheep Shearing, Tasmanian Devil, Dingo, Nocturnal Birds, Reptiles and of course... Koalas!

On top of that we saw our Olive Python exhibit get a complete make over. The exhibit houses our incredible 3 metre long female named 'Olive' who is thriving in her new environment. The exhibit has been redesigned to more closely replicate the rocky gorges surrounding water bodies across the Northern Territory, where the species is naturally found.

Our Tawny Frogmouth welcomed the arrival of a young female Barn Owl to inhabit the nocturnal bird exhibit. You will have to use some keen senses when spotting these two birds, with our Barn Owl being able to fly silently within her exhibit she may just sneak up on you and our Tawny Frogmouth is a master of camouflage meaning he could be perched in plain sight, so look carefully!



*Barn Owl in new exhibit*



During the last weekend of the school holidays, keepers were delighted to see our koala joey emerge from her mother's pouch for the first time! Koala joeys begin to emerge at 6 months of age by climbing up onto their mother's belly and back. Our Koala joey will continue to move out of the safety of the pouch, while remaining close to mother 'Kora' over the next few months while learning what it means to be a Koala. You may have the opportunity to witness Kora and her joey during this very special time while she raises her joey within her exhibit.

*Koala Joey emerging from Mother's pouch*

*Elysha West– Park Manager*



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# Greg Hunt MP



**Federal  
Member for  
Flinders**

**Minister for  
Health.  
Minister for  
Sport.**

In 2017, 1,675 Australians received a lifesaving transplant thanks to the generosity of organ donors. The decision to become an organ donor has the ability to save several lives and greatly improve the lives of others.

That is why it was fantastic to see the amazing crowd who gathered at Dalyston Recreation Reserve on Sunday 29th of July for the Bass Coast Breakers' AFLW showcase for DonateLife.

The Club received \$6,780 through the Australian Government's Community Awareness Grants Program to encourage more local community members to discuss with their families and register to become organ and tissue donors.

I applaud the Bass Coast Breakers for helping to lift the number of registered local organ and tissue donors. Congratulations to everyone involved for your courage on the field and strong advocacy for organ donation off it.

Remember, you can sign up as an organ and tissue donor online at [www.donatelife.gov.au](http://www.donatelife.gov.au) to make your decision count.

It is events such as this that form the backbone of our local community. Combined with our great local attractions, it forms a strong community spirit that our fellow Australians travel from far and wide to experience.

We live in such an amazing part of Australia and that is why it was great to see that more Australians are exploring and spending more on Phillip Island, according to the latest National Visitor Survey.

From the Phillip Island Penguin Parade to the thrilling motorsport at the Phillip Island Grand Prix Circuit, our local attractions continue to entice travellers, which shows the strength of our local tourism operators.

We are fortunate to live in such a spectacular part of Australia and I'm pleased our fellow Australians are choosing to visit and experience what the area has to offer.

**You are also more than welcome to contact my office directly at 03 5977 9082 and by email at [greg.hunt.mp@aph.gov.au](mailto:greg.hunt.mp@aph.gov.au) at any time to discuss your issues.**

*Greg Hunt*

**Greg Hunt's office details are:  
Unit 1**

**Somerville Central Shopping Centre  
49 Eramosa Road West  
Somerville**

**PO Box 647 Somerville Vic 3912**

**Email: [greg.hunt.mp@aph.gov.au](mailto:greg.hunt.mp@aph.gov.au)**

**Tel: (03) 5977 9082 Fax (03) 5977 9515**

**Website: [www.greghunt.com.au](http://www.greghunt.com.au)**

**South Coast Speakers  
Toastmasters**

Meet on the 2nd and 4th  
Wednesday from 7.30 to 9.30pm  
at the San Remo Hotel,  
145 Marine Parade, San Remo.

If you would like to come to check it out,  
call Brigitte 0421 812 691  
[info@southcoastspeakers.org.au](mailto:info@southcoastspeakers.org.au)



**School crossing supervisor of the year  
Congratulations to Judy Hughes who  
won the School Crossing Supervisor of  
the Year award at a ceremony held on  
Friday, 13 July.**

Two school crossing supervisors from Bass Coast were nominated for the award. Judy Hughes from Inverloch school crossing and Shirley Fleisner from Newhaven school crossing. Bass Coast Shire Council Mayor, Cr Pamela Rothfield, explained that Judy and Shirley were nominated in the region 4 category which includes Knox, Cardinia, Latrobe, Baw Baw, Wellington, Toowong, Dandenong, Yarra Rangers, Bass Coast, West Gippsland and South Gippsland.

"It's wonderful to see our crossing supervisors recognised for the important work they do," Cr Rothfield said.



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[www.basscoast.vic.gov.au](http://www.basscoast.vic.gov.au)**

**Bass Coast Shire Council Office**

**76 McBride Avenue, Wonthaggi 3995**

**T: 1300 226 278**



**Greg Hunt  
FEDERAL MEMBER  
For FLINDERS**

**Phone:  
(03) 5977 9082**

**Email:  
[greg.hunt.mp@aph.gov.au](mailto:greg.hunt.mp@aph.gov.au)**

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# Gardening & Outdoors

## IN THE GARDEN:



### Cool Temperate Climate

#### What to sow:

Artichoke, asparagus (crowns), beetroot, cabbage (summer varieties), capsicum (undercover), chilli (undercover), eggplant, kohlrabi, leeks, lettuce, parsnips, peas, potatoes, radish, rocket, spring onions, strawberry (runners), sunflower, thyme, tomato (undercover), melons (undercover).

#### What to do:

Towards the end of winter/early spring, look to take cuttings of your herbs, such as rosemary and lemon balm. Harvest the outer leaves of the leafy green crops to encourage more growth. By harvesting broccoli heads, smaller florets will form as side shoots. Stake broad beans to stop them from falling over. It's a great time to plant bare rooted fruit trees, asparagus and rhubarb crowns. Divide the artichoke and replant to create new plants.

### Warm Temperate Climate

#### What to sow:

Start to grow your summer crops in trays in a warm, sheltered spot: cherry tomatoes, zucchini, squash, pumpkin, basil and cucumbers. Coriander, lettuce, radish, silverbeet, parsley and edible viola heartsease can be direct sown or planted. Plant out potatoes.

#### What to do:

Collect the last of any citrus at the end of the season. Freeze lemon and lime juice

to use throughout the year, or get creative with jams and preserves. Start to prepare beds for spring crops, adding compost or building up layers no-dig garden style. Be ready for strong winds that often come around August and September; prune back any tall trees and stake any banana trees with heavy bunches.

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## 6 Reasons to exercise through winter



### THE SUN IS MORE OF YOUR FRIEND THAN YOUR HEATER

In summer short exposure of 10 to 15 minutes of sunshine is plenty, but in winter, sunshine can be harder to come by. Sunshine makes strong bones, and keeps your immune system strong. It can also boost positivity, help prevent high blood pressure, diabetes and cancer.

## 2. STAY WARM

Save electricity and an expanding waist line by heating your body up naturally with a work out. The rise in your body temperature, during a workout, has a soothing, calming affect on your body, yes its cold when you first step outside, but if you layer up (daggy doesn't matter) and get moving you will be hot in no time.

## 3. STAY HEALTHY

When you exercise and get the blood pumping, immune cells circulate through your body more quickly helping them seek and destroy infections.

## 4. BEAT THE WINTER BLUES

We know that after exercise the brain releases the feel good chemicals serotonin and dopamine, which can help to reduce anxiety and depression while boosting wellbeing, 45 minutes a day could change your whole outlook on winter.

## 5. TAKE A DEEP BREATH

Generally the air outside is healthier than inside so going for a walk or run outside gives your lungs a chance to detox and breath deeply without concern for breathing in other people's bugs at home or in the office.

## 6. AVOID WINTER WEIGHT GAIN

The average person puts on 4kg in winter, the only way to make way for those added treats is to increase the amount of exercise you're doing. Try and balance your energy in and energy out, then the shedding of clothes in spring won't be a shock



The Kooweerup Ladies Auxiliary are planning a new sensory garden and would appreciate any cuttings of plants for example : lavender, lambs ears and cottage plants. Contact Jenny Bayliss the Volunteer Coordinator on 5997 9704 if you can help.



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# History



**Bass Valley Historical Society**



[www.bassvalleyhistoricalsociety.com.au](http://www.bassvalleyhistoricalsociety.com.au)

## **Cranbourne Shire Historical Society**

Contact - Polly Freeman - (03) 5998

3643

[pauline.freeman2@bigpond.com](mailto:pauline.freeman2@bigpond.com)

## **Inverloch Historical Society**

PO Box 46 Inverloch 3996

5674 1386

Email:

[secretary@inverlochhistory.com](mailto:secretary@inverlochhistory.com)

## **Koo-Wee-Rup Swamp Historical Society.**

Heather Arnold 0407 521 637

[harnold@dcsl.net.au](mailto:harnold@dcsl.net.au)

## **Korumburra Historical Society**

Secretary Janet Wilson

0409 248 603

[Janet.wil@outlook.com](mailto:Janet.wil@outlook.com)

## **Lang Lang & District Historical Society**

Secretary Peter Hayden 5997 5114

[ralph6@dcsl.net.au](mailto:ralph6@dcsl.net.au)

## **Phillip Island & District Historical Society**

Contact 5956 8501,

[history@waterfront.net.au](mailto:history@waterfront.net.au)



## **Railway Station Museum**

Murray Street, Wonthaggi

Phone:

Irene 03 5672 1830

[wonthaggihistosoc@dcsl.net.au](mailto:wonthaggihistosoc@dcsl.net.au)

Secretary: Opening hours:

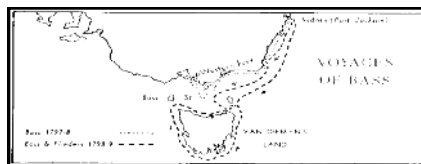
Tues & Thurs 10am-3pm

Saturday 10am-2pm

The society meets at 7.30pm on the 3rd Thursday of the month at the museum.

## **Libby's Corner With Libby Skidmore, Historian.**

**Bass Valley Historical Society**



## **THE SHIRE'S BEGINNINGS**

In 1873 there was a large area of land bordering on Western Port that was not under the control of any shire or district roads board.

The land was occupied largely by settlers who called themselves squatters who claimed "Runs".

They paid a yearly rental to the crown as rental on land they leased.

The occupied part of this area was chiefly on the coastal sector of Western Port and southerly to Cape Patterson and had been chiefly occupied by squatters since the 1840's. The boundaries of their runs were clearly defined, physical features of the land, rivers, hills and groups of trees were used as landmarks.

No roads were surveyed, only bush tracks were used and the squatters did not contribute in any way where the making of roads was concerned.

Under the land Act 1869 selectors were given the right to select land on leasehold runs....this brought an influx of selectors into the area who began to agitate for better means of communication particularly roads.

The only surveyed road into this area went as far as the Bass township.

The other surveyed roads were chiefly laid out around the perimeter of the selections and in some cases the boundaries were in such places that it was impossible to use the surveyed road. The plight of the settlers rapidly got worse as more people came into the area and the demand for roads became more urgent.

A District Roads Board was formed on Phillip Island in 1871 with the power to levy rates for the construction of roads and bridges in the roads district. On the mainland no roads board existed. In 1874 a petition was prepared with 24 signatures to be known as the Woolamai Road District. At the same time another petition was prepared by some ratepayers in the Corinella district.

They wished this area to be declared a shire.

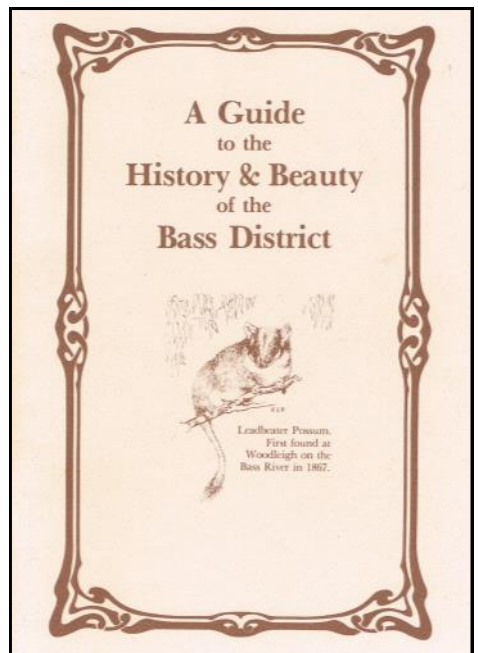
A roads board had a limited amount of money and could not possibly provide the number of roads needed, a shire

however could obtain financial aid from the Government and other sources. The State Government did not agree to form the Woolamai Roads District but did agree to form a new shire to be known as the Shire of Phillip Island and Woolamai. The act no 358 was passed on December 24th 1874 and our shire began on January 1ST 1875

## **From One Hundred Years of History by Joseph White**

**Libby Skidmore, Archivist**

[www.bassvalleyhistoricalsociety.com.au](http://www.bassvalleyhistoricalsociety.com.au)



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## **PHOTO MAGIC**

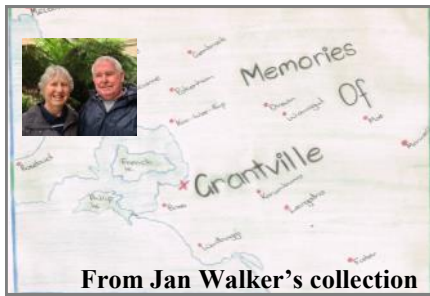
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# History



From Jan Walker's collection

## Her art saved wildlife

Leading Australian wildlife artist, Margo Kroyer-Pedersen was best known for her paintings of birds . . . but her first love was possums.

Widely recognised as 'The Possum Lady', Margo's art was a means of supporting her wildlife shelter, which cared for sick, injured and orphaned native animals.

She was a pioneer in the care of many species, particularly possums, wombats and birds.

Margo, who has lived at Grantville since 1994, recently died at her home.

She was 65.

Margo was always surrounded by animals.

Visitors to her home never knew if they would be greeted by a tawny frogmouth, a galah or a magpie, together with her dog and cats.

Margo spent up to eight hours a day painting, to help fund her shelter activities.

Today her artworks can be found throughout Australia and Europe.

As well as producing commissioned work, she illustrated many publications for the RSPCA and the Gould League.

Her work is featured in 'Birds of Victoria - Urban Areas' and 'Care and Breeding of Australian Finches'.

She was also a regular contributor to newspapers and magazines.

Margo loved to share her knowledge of animals with others.

Today there are many wildlife permit holders who owe their expertise to the artist.

Margo previously lived at Eltham with her much loved husband, Erik, a former Danish seaman who crafted furniture at Montsalvat.

She stayed there with her animals after Eric died in the '70s, before moving to Grantville in 1994.

Margo's doors were always open to wildlife and she continued with her sensitive studies of Australian flora and fauna.

She renewed her wildlife permit and established a shelter, which will continue as the Margo-Kroyer Pedersen Wildlife Shelter operating at Grantville.

Mrs. Kroyer-Pedersen died peacefully on October 28.

Her funeral service was held on Monday at Corinella.

A memorial service will be held later at Montsalvat.

Funeral arrangements were made by Ray Anderson, of Wonthaggi.

Maureen, Tere and family.

**PEDERSEN.** — Margo Kroyer. Passed away peacefully on Oct. 28, 1997. Much loved and respected friend of Leon and David Friedman and Anne and Phillip Westwood.

*Sleeping Peacefully*

29.10.97

**PEDERSEN.** — Margo Kroyer. Renowned wildlife artist, nurturer of all sick and needy animals — especially her possums, and a very dear friend. With Eric at last. Goodbye Margo.

— Lynne and Ted Roache.

30.10.97

**PEDERSEN.** — Margo Kroyer. Loved and respected by all at Main Road Veterinary Clinic, Eltham.



## The Bass Valley U3A's Local History Group meets monthly in Grantville.

There are vacancies in the group, which requires U3A Membership (\$30 p.a), which also allows you access to all U3A groups, vacancies permitting. (see page 7).

The group has launched the website:

[www.grantvillehistory.com.au](http://www.grantvillehistory.com.au)

and has also launched a free subscription e-newsletter. **The Western Port Times**, which is available for download from the website, or emailed direct to you each month.



The Western Port Times is only available in digital form, either on the website, or by e-subscription.



The group will be holding a Grantville Open History Day at the Grantville Hall on Saturday 6 October

All local residents are invited to come along and share your stories, photos, newspaper clippings, memorabilia etc, which we can scan or photograph on the day to use in building our local history.

Afternoon tea will be available for purchase.

More details next month

[www.grantvillehistory.com.au](http://www.grantvillehistory.com.au)

This History segment is supported by the



## A light hearted look at history Part 2

Darn, I'm older than dirt!

## How many do you remember?

Head lights dimmer switches on the floor.  
Ignition switches on the dashboard.  
Pant leg clips for bicycles without chain guards.  
Soldering irons you heat on a gas burner.  
Using hand signals for cars without turn signals.

## Older Than Dirt Quiz:

Count all the ones that you remember, NOT the ones you were told about.

## Ratings at the bottom.

1. Candy cigarettes
2. Coffee shops with tableside juke boxes
3. Home milk delivery in glass bottles
4. Party lines on the telephones
5. Newsreels before the movie
6. TV test patterns that came on at night after the last show and were there until TV shows started again in the morning. (there were only 3 channels!! [ if you were fortunate])
7. Peashooters
8. Howdy Doody
9. 45 RPM records
10. 78 rpm records
11. Hi-fi records 33 1/3 rpm
12. Metal ice trays with lever
13. Blue flashbulb
14. Cork popguns
15. Studebakers
16. Wash tub wringers

If you remembered 0-3  
You're still young

If you remembered 3-6  
You are getting older

If you remembered 7-10

Don't tell your age, &

If you remembered 11-16

You're older than dirt !!!

We might be older than dirt but those memories are some of the best parts of our lives....

Noelene Lyons

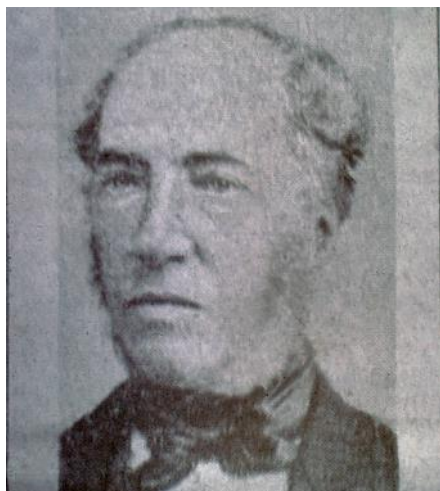


# History

**SAMUEL ANDERSON**

**(1803-1863)**

**By Tony Hughes**



Samuel was the first colonial pioneer settler east of Melbourne, Victoria, and the state's third settler, just five months after John Batman founded Melbourne, the state's capital on the Yarra River at the top or northern end of Port Phillip Bay, in 1835.

A twin with Marion, Samuel, was born in 1803 to Thomas and Janet Anderson in Kirkcudbright, Scotland, the fourth and fifth of their eleven children. Thomas, a successful ship owner and merchant passed away in 1820, aged 52, leaving Janet to bring up ten surviving children.

There does not appear to be any record of when and why Samuel chose bookkeeping, what we think is that he was working for the London auditors of the Van Diemen's Land Company (VDL Co.) as a bookkeeper prior to 1830. VDL Co. was established by a group of eleven London financiers in 1824 to supply fine wool to British textile mills. The Company continues today as a modern, successful, dairy farming operation.

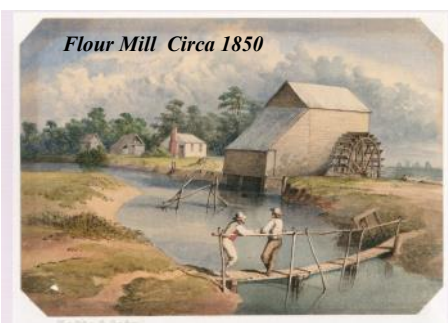
Samuel, aged 27, arrived in Hobart in 1830 and applied for a job with the Company through their town agent. The local Company boss, Edward Curr appointed Samuel bookkeeper, the Company books were soon brought up to date and remained so for the remaining five years he was at the VDL Co.'s Head Office, Circular Head, Stanley, Tasmania.

Robert Massie, a qualified Civil Engineer appointed to look after all VDL equipment and install a new saw mill and new flour mill, got on well with Samuel, the two soon becoming good friends. With the knowledge of the Company, Samuel was operating his own local

whaling business at Circular Head, the proceeds of which most likely gave Samuel the funds needed to purchase a small single masted sloop, Rebecca, and venture across Bass Strait to Western Port to strip lucrative wattle bark for the leather tanning trade.

As the son of a ship owner and merchant in Kirkcudbright, no doubt Samuel was familiar with seafaring, trading and agriculture. During his five years at Circular Head, Samuel would have observed the Company's agricultural and grazing pursuits first hand, been aware of the "War with Aborigines" and the acrimonious relationships the Company and Curr had with settlers, the press and Colonial Administration.

At the time he first sailed to Western Port in 1835, all interest in land for agriculture and grazing was based around Port Phillip Bay, settled just five months before by John Batman and his party, closely followed up by John Pascoe Fawcner and his party. It is important to note that Captain Lancey in Fawcner's party had described Western Port as unsuitable for settlement just weeks before. This was widely reported and discussed at the time and it is reasonable to suggest Samuel would have been aware of this before departure. Several early explorers had suggested the area around the Bass River suitable for settlement, but most "official" reports de-bunked the idea.



At some stage not long after establishing a campsite about a kilometre upstream of where Rebecca was moored in Bass River, Samuel became aware the land in the area might be good for farming. Leaving the party to continue harvesting bark and start clearing some of the land, he returned to Launceston for all they needed to establish a crop. And what a crop of wheat and potatoes it was in early 1837, enough for a tidy profit and a second crop sown.

Bass Farm had produced Gippsland's first settler, Victoria's third, a bountiful crop of wheat and potatoes and as they

say in the classics, the rest was history!

Such was Samuel's ability, Robert was prepared to join him in July 1837. They soon gave up wattle bark trading, sealing, whaling and shipping to concentrate on farming, expanding to around 160 acres by 1842, growing wheat, potatoes, vegetables and pears.

Samuel and Robert went on to build a ship, the Alpha and a tidal powered flour mill on the river flats, near where Rebecca was first moored and after the partnership broke up, Samuel built a salt works on nearby tidal flats. Robert left the partnership and married in late 1845, going on to enjoy a full and productive life as a father, farmer and engineer.

Samuel's younger brother Hugh, a bachelor, joined Samuel in 1837, became a flour-miller, significant landowner and pastoralist.

Thomas, Samuel's youngest brother, a Master Mariner, joined his brothers in 1842. He returned to sea around 1845, married in 1852 and re-joined Hugh in Gippsland as a father, landowner and pastoralist.

Samuel, a bachelor, for reasons we will never know, died alone and intestate in a hut on Thomas's land and was buried beside it (with Christian rites) in an unmarked grave.

Samuel is remembered by "Anderson Inlet", which he discovered together with the Tarwin River and the three brothers are remembered by the location, "Anderson", near where the farm was established and the two younger brothers had properties. Three of the original orchard pear trees are still alive some 180 years later, two are struggling, but the third is thriving with a bumper crop of fruit this season.

We will never know why a Scottish boy playing in the broad and busy streets beside the River Dee chose bookkeeping as a career; to become a trader, pioneer, farmer, explorer and an important part of Victoria's early colonial history.

**Tony Hughes 18th April 2018**

## Send us your story

If you have a story to tell, we would love to hear from you!

We are looking for any old photographs, or maps of Grantville and surrounding areas we can share with our readers.

**editor@waterlinenews.com.au**



# History

## Founding Inverloch Historical Society (1996)

By John Hutchison, President

Recently my attention was drawn to some articles and documents from the foundation days of the Society in 1996. They are a fascinating read, and I am absolutely certain that the good people featured in the photo and news clipping would never believe that 22 years later the Society still has no 'home'. One face in the group is still with us, Joan Lehmann. Joan is a strong and active supporter of the Society, and in my role as current President, I personally know of her commitment and considerable interest in local history.

The first meeting of the Society was convened on 26 June 1996 at the RSL Hall by Nancye Durham and Norm Deakin with 24 people in attendance. Members elected Nancye as President, Norm as Secretary, Jim Ward as Treasurer and Ken Howsam as Registrar. In her remarks to the meeting, Nancye said, "Initially, donated historical items will be cared for by Society members until a permanent headquarters can be found.

Your Society has an extensive and valued collection of photographs, prints, maps and documents, which reside at various

members' homes, ready for a thorough analysis once we achieve our own home.

As we prepare for our August 2018 Exhibition, an examination of some of the photographs in the Society's collection has produced some exciting finds; the photos reproduced in my column in this month's newsletter are two of the gems identified. They depict Inverloch many years ago, and are a reminder of the quote "If you want to see how far we've come, just look at the past".

*This photo shows Two Views Guest*



*House in 1926, with the guests apparently keen to have a group photo taken. This building once stood at the top of A'Beckett Street in Sandy Mount Avenue; the location is presently a large vacant lot. Originally, it was Neil's Inverloch Hotel, which was de-licensed in 1922.*

**THE STAR, Tuesday, July 2, 1996 - PAGE 17**

### Preserving Inverloch's history

MORE THAN 100 years after it was first settled, Inverloch finally has its own historical society devoted to preserving the town's pioneering and seafaring past.

A group of 24 local residents gathered last Wednesday, June 26, when they gathered at the Inverloch RSL Hall for the inaugural meeting of the Inverloch Historical Society.

The meeting was called by local residents Nancye Durham and Norm Deakin. "What we want to do is compile an historical record of the district and foster interest in and knowledge of Inverloch's past," said Nancye, who feels that without a formal body Inverloch's history may be neglected.

Now that we're no longer part of the Woorin Shire, it's time to start our own society here at Inverloch," she said.

During the meeting, Nancye was elected as president and Ken Howsam as secretary. The society's immediate challenge is to start a collection of historical items and artefacts. Specifically she is looking for photographs, letters, diaries, cemetery records and the records of local clubs and groups. At a later date she will be contacted by society members.

Nancye says the society is already affiliated with the Royal Historical Society of Victoria and eventually she hopes the three local societies, Woorin, Wonthaggi and Inverloch can work together.

Anyone with items they wish to donate to the Inverloch Historical Society can contact Nancye Durham on 74 2792 or Norm Deakin on 74 2712.

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*Inverloch Dairy. A notation on the back tells us it is "Jacobson's Dairy, with Aunt Annie and sister", from the 1920s.*

To you, all your friends and their families. The Inverloch Historical Society extend a warm welcome for all to visit our annual exhibition this August, Community Centre, Inverloch.

## HISTORY @ THE HUB

*John Hutchison*  
John Hutchison  
PRESIDENT

[inverlochhistory.com](http://inverlochhistory.com) f

**Inverloch Historical Society Inc**  
PO Box 46 Inverloch VIC 3996  
Ph 5674 1386

Email:

[secretary@inverlochhistory.com](mailto:secretary@inverlochhistory.com)  
[www.inverlochhistory.com](http://www.inverlochhistory.com)

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**Annual Membership**

**Subscription:**

**\$20 (Individual),**

**\$32 (Couple)**

**Ripple Wheel**

The steering wheel that was for many years mounted on the sign behind Ripple on The Esplanade has been replicated by the Society, thanks to the work of Inverloch Mens Shed, and restored to its original position by member Leon Lubransky. Thank you Leo.



**John Hutchison**

**Freemasons Victoria (Wonthaggi & Phillip Island)**  
**Good men, supporting each other, Their families and the community**

**Powlett Lodge No. 611** Meets at the Wonthaggi Masonic Centre 17 Edgar Street Wonthaggi  
1st Wednesday each month at 7.30pm.

**Woolamai Daylight Lodge No. 277** Meets at the Wonthaggi Masonic Centre  
3rd Tuesday each month 10am. except June July August & September

**Phillip Island Lodge No. 512** Meets Phillip Island Masonic Centre, Church Street Cowes  
2nd Wednesday except June July August

**Membership & visitor enquiries - Glen Richards 0419518351**

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**POET'S CORNER**  
Submissions always  
welcome  
Email  
editor@waterlinenews.com.au

## Echoes of my mind

Who am I? What am I? Where am I?  
Just another soul drifting by?  
Does anyone care or anyone know,  
Whether I stay or whither I go?  
No one knows, and none would care.  
Who has time to stop and stare?

Only a grain in life's eternal sand.  
A stranger no matter on any land.  
A tiny drop in the mighty ocean  
Of humanity, without a notion.  
Of what this life is all about?  
Destiny, fate, dare I flout?

We live and die not knowing why.  
Do our souls to eternity fly?  
Or will I join souls through endless time,  
whose voices whisper in echoing rhyme?  
Mingling with the breezes blowing by,  
Who am I? What am I? Where am I?

**Nalini de Sielvie**

## The club lounge residents

Corrupted by comfort, integrity gone  
they arrive at the promised land  
of safe safe seats and leather club  
lounges,  
conscience long dead and vision set  
on the seductive lure of  
lifetime gold passes and self awarded  
superannuations.

They remember sentimentally  
the statesmanship of their speeches  
sincerity of their promises,  
waiting out time and mass amnesia  
to transmute errors of greed and lies  
into wisdom and high intentioned  
dreams

Rising to creative heights  
with platitudes of patriotism  
and national security to voting age ears;  
anticipating complacently that  
macho dreams of heroism and  
glorious deeds will be fulfilled by  
gullible gladiators.

From Olympian heights of their safe seats  
the leather club lounge fraternity  
squabble for the goodies of power  
and national gratitude.

**Margaret Pearce**  
Email: mpearceau@gmail.com

## Winter, Brrr

As the rain tumbles down in the dark of  
night

slashes of lightning with its thunderous  
applause

on and on it seems to pour

as storms rumble in darkened skies

pets tremble, hearts sigh

first chink of light through curtain shows

snuggled under doona, warmth glows

drowsily, blinking, lazily, still half  
asleep,

nature calls time for a leak!

appointments to keep cherished pets  
to be fed

cocoon release, reluctantly from nice  
warm bed

padding-about in jammies and socks

first glimpse of day causes one shock

brekkie comes in such a muddle,

coffee's on - big brown puddle,

pitter-patter dancing on glass

winds blowing their Arctic blast,  
now crystalline rainbows show their face

taking all to another place

heater, on, coil glows

warms our skin and our clothes

dust motes dance and play

on fresh sunshine rays

time to start this winters' day

now heavily coated with glove and scarf

all rugged-up makes one laugh

woollen hat upon bared old head

into the elements we're forced instead

with a smile on our dial

we hope to lead the way

through the bitter-bite of winter

on this cold cold, rainy day

for, Inside-inside, is where we would  
rather stay.



**Tony Lambides-Turner**

## Writing

Another piece from regular  
Contributor E.E (Betty)  
Caldwell, with thanks to  
Maree Silver.



## Children

First came Shirley followed at two year  
intervals by Ian and Heather. Then the  
rush commenced – Gwenda, Bruce,  
Graham, Robyn, Adrian, David, Joan,  
Anthony, Gregory and Frances.

An innocent luncheon guest, Lella, asked  
how many children I had. "Thirteen and  
they are all adopted." "How can you have  
thirteen children?" demanded her sister  
who was much more familiar with my  
background. "Joyce's three, Lorna's six  
..." "Six!" exploded Lella. "Is she a  
catholic?" "No," I began when she  
interrupted with, "Not that I think being a  
catholic had anything to do with my sister  
having five." Of course it didn't!  
Unhappy at the prospect of having  
number four, she was devastated by the  
arrival of twins.

Years and years of my working life were  
punctuated with thirteen birthdays and  
thirteen Christmas gifts, jumpers and  
cardigans to be knitted, Easter eggs,  
firecrackers, football boots, frocks, first  
long trousers and numerous baby outfits  
were required. Not to mention baby-  
sitting.

It was all highly enjoyable because unlike  
the parents, there was no compulsion for  
me to do so. That was on the children's  
credit side. Against this was the constant  
correction of grammar and the occasional  
outburst of historical stories.

How many picture shows, school  
concerts, picnics, church events and trips  
to the playground which always  
concluded with visits to the "little shop"  
for lollies and ice cream, had to be  
endured? It is impossible to say but do  
not try telling me I did not have thirteen  
children. I assure you I most certainly  
did!

**E E Caldwell**



## Writing

### The Efficacy of Prayer

Margaret



Pearce

**It was between pension week and the gas and electricity accounts were overdue.**

**"Drat!" said old Mrs. O'Hara, surveying her empty cupboard.**

She had paid her rates out of the previous pension, but if she paid her gas and electricity account, her bankbook would be as empty as her larder.

Of course her two and a half chooks, two leghorns and the one bantam, were still laying, but eggs tasted better with a nice slice of fresh bread and butter.

Everything also tasted better cooked.

Without gas and electricity she wasn't going to be able to cook.

Her daughter raising her five kids alone never had any money. Her suggestion about how much money could be saved if her mother moved into her spare room translated as an unending stint of babysitting.

She could borrow off her son. Only he kept suggesting that she sell up and move into a place that catered for senior citizens.

"Live with all those elderly people," she had scoffed. "Besides, I like my house."

"This district's pretty rough," her son pointed out.

His nice car had lost an aerial, three hubcaps and its nice logo the last time he visited. He was very judgmental about her district.

"Lived here all my life and nothing bad ever happened to me," she had pointed out.

"Because you've got nothing worth pinching."

"I know everyone around here. I've seen all the kids in this district grow up."

"Into crims and jailbait," her son had snarled.

Mrs. O'Hara sighed. She could have light, heat and cooking facilities, or she could have food to cook and nothing to

cook it on. She would withdraw the money and go by the church and pray for guidance.

She took off her apron, put on her shabby black coat and hat, put up her umbrella and headed out. She emptied out her bank account. Once in church the usual peace and serenity worked its magic. She hadn't made a decision either way, but she felt comforted. She knew that God was looking out for her.

It was still raining when she came out. She headed for the small shopping centre, still undecided about paying bills or buying food. As she passed the small pub a body hurtled past her and splashed into the high running gutter.

"Sorry, Mrs. O'Hara," the bouncer called.

"Didn't notice you walking past."

"If you were throwing him at me, you missed," Mrs. O'Hara retorted.

"All that booze spoiling your aim?"

The bouncer, a large young man Mrs. O'Hara remembered from when he was a cheeky kid, grinned and went back inside.

"Shame on you, Joe Cummings," Mrs.

O'Hara scolded. "How can you be drunk before midday on a Monday morning?"

"Turned up for work and we've all been sacked, haven't we," the drunken Joe snarled as he scrambled out of the gutter.

"What's the Missus gonna say?"

"She hasn't lost her job as well, has she?" Mrs. O'Hara was tart.

Bill was always drunk, always losing jobs or starting strikes. If his wife ever got sick of supporting him and their swarm of kids, he would really be in a mess.

He scrambled to his feet cursing monotonously. He cursed the weather, the bouncer, the pub, his Missus, the place he had been sacked from and his bad luck in life.

"You shouldn't take the Lord's name in vain, Joe Cummings," Mrs. O'Hara scolded. "One day you will have to stand up in front of the Lord and account for all that blasphemy with your immortal soul."

The reply set off another string of foul swear words interposed with the suggestion that Mrs. O'Hara was a meddling old fool who should mind her own business.

"Religion is the opiate of the masses," Joe raved on. "There's no such thing as an immortal soul. When you're dead that's it. Finito!"

Mrs. O'Hara felt herself ruffling. How could that man not believe in God? Suddenly, as if God was standing right beside her, the solution to Bill's problems was plainly in front of her.

"Are you saying that you don't believe in an immortal soul, Bill Cummings?"

"Garbage," Joe scoffed.

"Will you sell me your immortal soul that you don't believe in?"

"Definitely senile," Joe jeered.

Mrs. O'Hara clutched at her bag. There was exactly three hundred and fifty dollars in there. One hundred dollars and ten dollars for the gas bill and two hundred and forty dollars for the electricity bill. Maybe she shouldn't have been so extravagant with the heater this month she brooded, but it had been so cold.

"I will give you three hundred and fifty dollars in cash for your soul that you don't believe in," she said.

"You got that sort of cash?" He put out his hand.

"Not so fast," Mrs. O'Hara said briskly.

It was fortunate she had office training from the days of her youth. "You have to sign a contract that you have sold your immortal soul to me."

"And you'll give me three hundred and fifty dollars in cash?" Joe asked.

Mrs. O'Hara fossicked in her bag and withdrew her small notepad. She ripped off the front page with her small shopping list. "Kneel down so I can use your back to write out the contract." Joe knelt down. It was awkward, holding her umbrella up and writing with her biro on the pad she steadied on his back, but she managed.

"Here," she said as he stood up.

"Received from Melinda O'Hara the sum of three hundred and fifty dollars in cash for Joe Cummings' immortal soul dated this thirty first day of October. Now you sign it."

"Give me the pen then."

"It's got to be signed in your blood," Mrs. O'Hara said. She produced a darning needle from her bag. "Prick your finger and sign it."

The man's ruddy face paled.

"Three hundred and fifty notes," Mrs. O'Hara reminded.

Joe pricked his finger and managed enough blood for a messy signature.

"Very good." Mrs. O'Hara put the note into her bag and produced the money.

"You belong in a loony asylum," Joe gloated as he counted the notes and swaggered back into the pub.

Mrs. O'Hara kept on her way home. She didn't have the money to pay her electricity or buy any food, but she had an instinct she had done the right thing.



.../36

# Art, Books & Writing

## Writing

### The Efficacy prayer continued



A white van pulled up. The driver popped his head out.

"Hi, Mrs. O'Hara. I was doing some deliveries and was given some left over bread and margarine. I was bringing them to you.

Want a lift?"

"Very thoughtful, James."

James had joined one of those odd sects. At least the sect believed in immortal souls. As he drove he spoke fluently about the real meaning of the Bible and God's design and the necessity to protect your immortal soul from sin.

Mrs. O'Hara told him about purchasing Joe Cummings soul and how Bill was a drunken blaspheming non-believer.

"Gosh, Mrs. O'Hara. Our sect is into saving souls. Would you sell me his soul so I can take it to the Elders for praying over?"

"I don't know if that would be ethical, James," Mrs. O'Hara worried.

James was so keen to acquire the purchase rights of Joe Cummings's soul; he offered her five hundred dollars for the receipt.

"I mean, we are the right people to have it and the Elders will pray over it most sacredly and reverently to bring him to the light," he insisted.

He drove Mrs. O'Hara back to pay her two bills before dropping her home. Then he drove off jubilantly, the document in his top shirt pocket.

Mrs. O'Hara now one hundred and fifty dollars richer in cash, had a comfortable dinner of eggs and bread and butter. Later that evening there was a thunderous knock on the door.

She opened it, peering through her security door at Joe Cummings and his wife.

"Can I have it back? Here's your money?" Joe gabbled. "Enie made up the rest I hadn't spent." He seemed sober but looked wild-eyed and stressed. "But you don't believe in immortal souls," Mrs. O'Hara was puzzled. Enie clenched bony fists and glared at Mrs. O'Hara through the security door. "Everyone knows you're too hard-headed to waste money so you must have got something of value from my Joe," she accused.

"Something neither of you believe in," Mrs. O'Hara insisted, more and more puzzled.

"I want it back whatever," Joe whined.

"I resold it to that James who joined that weird sect," Mrs. O'Hara confessed.

"I want it back," Joe whined again.

"So go talk to James," Mrs. O'Hara suggested as she shut the door.

"God certainly does work in mysterious ways," Mrs. O'Hara mused. "Enough money to pay my bills and enough for food to last until my next pension. How can anyone ever not believe in the efficacy of prayer and immortal souls?" And whether Joe Cummings ever got back his immortal soul that he didn't believe in is another story.

© Margaret Pearce,

Email: mpearceau@gmail.com



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A.G.M. & Election of Office Bearers:  
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August 18th. Time: 1-30 p.m.  
Nomination & Proxy voting forms available:

The Lawsonian. July-August 2018


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# Our Environment

## Grantville Foreshore Committee



The Committee continues to do what it can to preserve and protect the foreshore reserve north of Grantville as far as Pioneer Bay. The foreshore reserve managed by the Committee has been buffeted by high tides and winds in recent weeks resulting in some tree damage. Funding is being pursued so that an arborist can deal with problem trees.

**Eric Hornsby**  
**Chair 0417 222087**

## Letters

### 22 years later and still counting ...

Thanks to Jan Walker's amazing collection of local history, some newspaper clippings about Grantville's 'erosion story' dating back to 1996, illustrate that some twenty two years later Grantville's erosion problems have not diminished, the 'authorities' and politicians are still vacillating, and the headlines then and now have a common theme:

### "Erosion anger at Grantville" – Locals demand remedial moves

(The South Gippsland Sentinel-Times, November 1996) to "DELWP toys with erosion solution" (The South Gippsland Sentinel-Times, September 2017).



In the 1996 clipping, "Erosion anger at Grantville" by Richard Schmeiszl, there are some interesting parallels to the current situation for, in part, it says:

- A formal fighting group, Coast Action Grantville, is leading the campaign.
- This group was formed because of continuing community concern about serious erosion at Grantville.
- The foreshore is eroding, the sea wall has collapsed and properties are threatened.
- The group's letter to Marie Tehan (Conservation and Land Management Minister) adds that a preliminary coastal plan for Grantville is being prepared, to set objectives and aims.
- Coast Action Grantville also reminds both ministers that Alan Brown (Gippsland West MLA) promised help in the issue, almost five years ago, after inspecting the erosion.
- Mr De Brouwer (the group's spokesperson) bluntly discussed the problem last week, stressing that residents would no longer accept official 'foot-dragging'.
- "Where will it end?" "If nothing is done we will soon be fishing from our backyards ... we demand action." "I think we've waited long enough."
- State and shire council officers said that the complaint would be investigated.

Sound familiar – but wait!

According to the latest headline: Erosion solution on the horizon (The South Gippsland Sentinel-Times, Tuesday, July 24, 2018) it's all about to change for Grantville, if it can meet the funding caveat: "This is a competitive state-wide process and the Grantville project will be assessed against other projects across the state."

Rodney Croft of the Department of Environment, Land, Water and Planning (DELWP) went on to say: "A final community session for the Grantville community is planned to be delivered in the August/September. Details regarding the session will be released by DELWP shortly."

**Is this the countdown then, or do you just keep counting? Perhaps you might like to have your say and even invite a politician or two – it could make all the difference.**

**Just ask George ...**



## Rabbit Management Information Session

**1.30pm Saturday 25th August 2018**

**Corinella Community Centre**



Rabbits are a major environmental pest, causing damage to many native animal and plant species, they cause soil erosion and weed spread, they out-compete livestock for pasture and native animals for food, and cause damage to gardens and property by tunneling under homes and structures.

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**Corinella Foreshore Reserve Committee of Management Inc.**

This Victorian Rabbit Action Network (VRAN) project is funded through the Established Pest Animals and Weeds initiative, part of the Australian Government's Agricultural Competitiveness White Paper, the government's plan for stronger farmers and a stronger economy.





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- ⚙️ Cars & trucks
- ⚙️ Mechanical, electrical and hydraulic repairs
- ⚙️ Fleet maintenance

### 24 HOUR BREAKDOWN SERVICE

**5678 8472 0488 003 129**

**FACTORY 3 | 6-10 GRANTVILLE DRIVE  
GRANTVILLE**

## BASS OP SHOP

Open Monday to Friday 9am - 3pm

Saturday 9am - 12pm

Sunday Closed

*Stop and shop to help raise community funds*

### Community Op Shop

Are you having a clean-up or thinking of cleaning out your house?  
Think recycling, not only to donate but to buy

Think Hadden House Op Shop, Bass for all your preloved quality items: Clothing, toys, bric-a-brac, furniture, books etc.

*Due to Government regulations we are unable to accept second hand electrical goods*

Funds raised by the Bass Op Shop assist the Bass Valley Community Centre in providing valuable community services and programs.

Bass Op Shop, just off the Bass Highway, next to the Bass Hall in Bass School Road, Bass, Victoria

Phone: 03 5678 2277 Fax: 03 5678 2242

[admin@bvcg.org.au](mailto:admin@bvcg.org.au) [bvcg.org.au](http://bvcg.org.au)

# GRANTVILLE PHARMACY



**5678 8635**

## GRANTVILLE PHARMACY

**Monday to Friday 9am to 5:30pm**

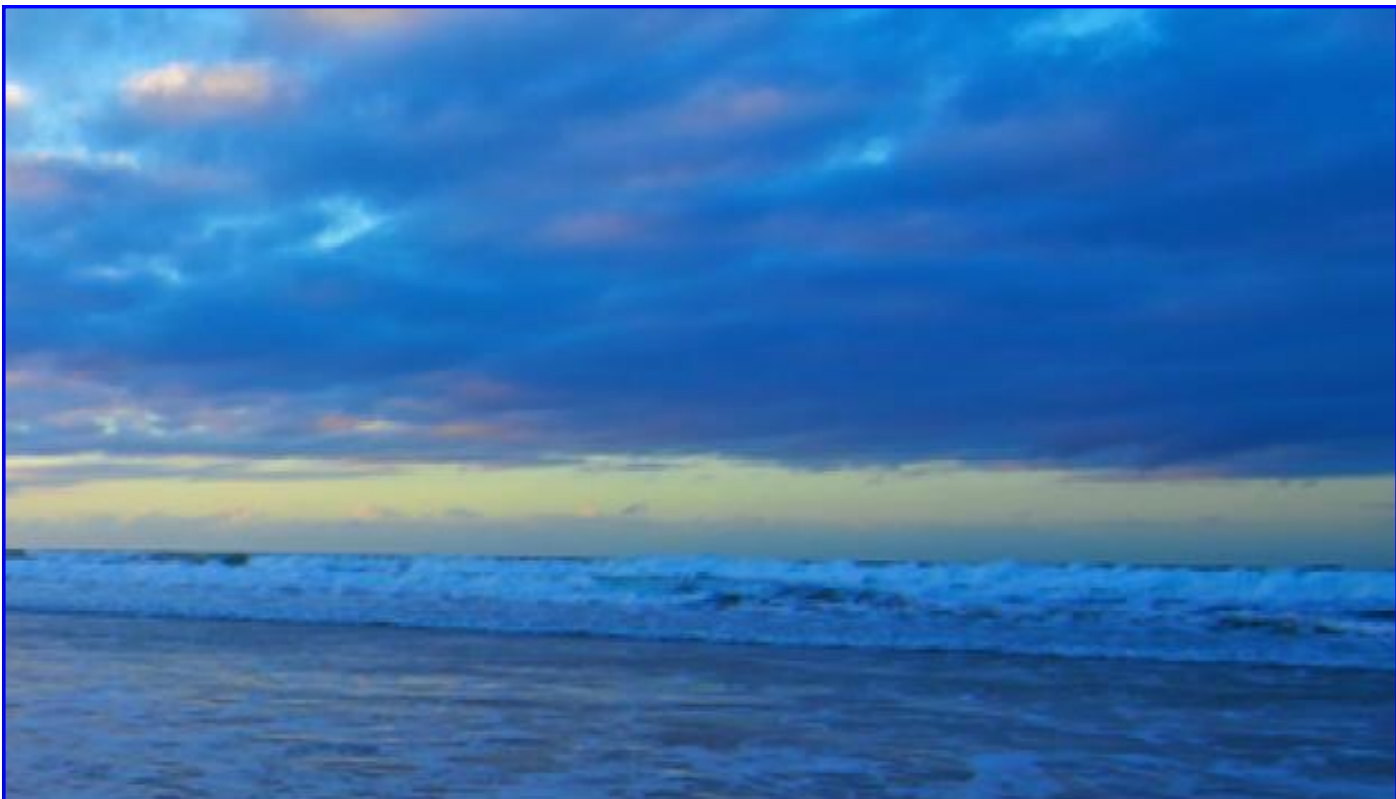
**Saturday: 9am to 5pm**

**Sunday: 10am to 5pm**

**FREE WEBSTER PACKING  
DIABETES AUSTRALIA NDSS AGENT**

1/1503 Bass Highway, Grantville, 3984 . Props. J.Daffy, P.Travaglini & E.Spyropoulos  
(P) 5678 8635 (F) 8080 0768 (E) [grantvillepharmacy@hotmail.com](mailto:grantvillepharmacy@hotmail.com)





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