

The Waterline News

FREE

Distributed to outlets in Tooradin, Koo Wee Rup, Lang Lang, Nyora, Loch, Kernot, Grantville, Corinella, Coronet Bay, Bass, San Remo, Newhaven, Cowes, Phillip Island, Rhyll, French Island and Wonthaggi.

Also available by free email subscription and online at www.waterlinenews.com.au



ISSN 2208-9330 (Online) ISSN 2208-9322 (Print)

Volume 4

Number 10

June 2018

End of an era

Kilcunda 1977

Page 28



Photo: <http://www.westonlangford.com>

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Email: reception@blackfishmedical.com.au



Join the Club

Whether your child is a curious scientist, future game developer or is destined for the stage and screen, Newhaven College provides the opportunity for them to pursue their passion.

Young Performers

The Junior School Choir and Dance Club are very popular amongst young students who may continue performing in later years in the Middle School Choir, Middle School Drama Club, Senior Drama Club or one of several Senior Vocal Groups.

The list of musical opportunities is vast and currently includes a mix of year levels in the String Ensemble, Folk Group, Concert Band and rock band 'Parallel Parking'.

Middle and Senior students each have their own guitar ensemble and VET students have an band and mixed ensemble to express their creativity.

Strategists, Speakers and Scientists

All year levels pit their skills against one another at Chess Club and students may participate in House and Interschool competitions.

Newhaven College has a very successful Debating and Public Speaking team and students are often awarded 'best speaker' at Debating association of Victoria competitions.

If it's messy, explosive or absolutely amazing, you can bet it's been tried at Science Club. The action happens every Thursday at lunch time in Middle School.

The Thinkers

Philosophy Club and Book Club provide lively discussion forums for those who like to test their ideas amongst friends.

The Big Ideas Club begins with 40 minutes of homework assistance before moving onto the fun stuff like designing skateboards or using Lego Mindstorm.

Coding Club has just been established by a student and is rapidly gaining popularity with future game designers.

Physical Outlets

Surfing and Yoga groups in addition to the vast array of interschool sport options keep active students busy.

There is a club for everyone at Newhaven College.

For enrolment enquiries contact Belinda Manning on 5956 7505 or visit www.newhavencol.vic.edu.au

*Success
Starts Early*



Newhaven College Enrol Now

1770 Phillip Island Rd,
Phillip Island, 3923
5956 7505

www.newhavencol.vic.edu.au

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Contact Kellie Morgan 0414 625 730 or Gordon Waterson 0427 780 720



Alex Scott and Staff Real Estate - Bass Valley
1505 Bass Highway, Grantville
Phone: (03) 5678 8433
Fax: (03) 5678 8234
Email: sales@alexscottre.com.au



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The Waterline News - June



What's inside
this month's
edition.....

Section	Page
Advertisers index	36
Arts, Books & Writing	30-31
Bass Coast Post in print	24
Book Reviews	32
Community Notes, Directory, and Community Centre updates	6-12
Community Spirit	22
Contact Details	5
Entertainment & Lifestyle	16-17
Environment	29 & 33
Focus - Our people in Small Business	19
Food	18
French Island News	20-21
Gardening & Outdoors	35
Greg Hunt's news	25
Health & Lifestyle	13-15
History	26-28
Markets, Op Shops and local Halls	9
Philosophy, Trivia & Quiz	23
Westernport Ward Councillors	34

FROM THE
EDITOR'S DESK
editor@waterlinenews.com.au



Welcome to the June edition of The
Waterline News.

Winter is upon us at last, after a long dry
summer filled with many hours of garden
watering.

Firstly, I must apologise to a number of
people who sent contributions for this
month's edition, which I simply could not
find space to print.

Anything not published this month will be
next month if the dates fit.

The Waterline News is going through an
unprecedented period of growth in all areas,
contributions, community announcements,
advertising requests and demand for copies.

Again, a reminder that 1700 copies are
distributed to all regular outlets, almost
1000 subscription e-copies sent, and the
magazine uploaded to the website, on the
third Wednesday of each month.

We are trying as hard as we can to make
sure that nobody misses out.

We have been asked by quite a number of
people if they can have the magazine posted
to them and the answer is yes, the cost is \$3
per month, which includes envelope costs
etc.

Email: editor@waterlinenews.com.au

Reminder

Deadline : First of every month.

Distribution : Third Wednesday of month.

People who have internet access can read
the magazine on the website :

www.waterlinenews.com.au

You can also have the magazine emailed
to you every month at no charge, just
email and ask for your name to be added
to the mailing list:

Roger Clark, Editor

Grantville G B C A News

Grantville Business & Community Association



President: Les Ridge
Vice President: Neroli Heffer
Secretary: Sandy Ridge
sandyr1903@gmail.com
Treasurer: Lester Harris
General Committee Members:
Margaret Boyer, Lucy Cirona,
Roger Clark, Darrell Egan, Greg Miller
and Betty Young.

If you are interested in joining the group,
contact, Secretary, Sandy Ridge:

sandyr1903@gmail.com

Unveiling



In Grantville Memorial Park on Thursday
17th May Bass Valley Friends of the RSL
President Mr Terry Salmon welcomed Mr
Greg Mead, President of Phillip Island
RSL and Cr. Bruce Kent to unveil a plaque
in honour of the Men & Women who
served in the WWII Conflict from Bass
Valley and District. This event was
attended by around 25 members of the
community
and
volunteers
of Bass
Valley
Friends of
the RSL.



SOS
SURVIVORS OF SUICIDE
RAISING AWARENESS TO AID PREVENTION

SOS Bass Coast is a Community based organisation which is supported by you, the people of Bass Coast. We would like to share an open invitation for any members of our community to come along and have a cuppa with us on the dates below.
We are here to support and assist with what ever we can, individually or as a group. If you or someone you know is struggling with their mental health, please pass on these dates or feel free to contact us personally for a chat.
We are also looking for members of our community to become volunteers and help out where needed. The more we pull together, the lighter the load.

We meet monthly at the Phillip Island Tourist Information Centre in Newhaven at 7pm, every second Tuesday of each month.

13th February	14th August
13th March	11th September
10th April	9th October
8th May	13th November
12th June	11th December
10th July	

Please call Koula on 0414 773 191 or Tanya on 0411 154 839
or you can email us at sosgippsland@hotmail.com

LOCAL POLICE NETWORK

Bruce Kent Station Commander,
San Remo phone: 5678 5500
email: bruce.kent@police.vic.gov.au

Emergency Dial 000

www.police.vic.gov.au



Disclaimer: All views expressed in The Waterline
News are those of the author of each article, not the
editor and publisher.

THE WATERLINE NEWS
Editor & publisher Roger Clark
PO Box 184 Grantville 3984
Phone 0410 952 932
(Leave message if no answer)
Email: editor@waterlinenews.com.au
Website: www.waterlinenews.com.au
ABN 97 395 483 268



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Come along to this newly formed self-help group.
Come and help create a safe place where you can share
your experiences, thoughts & feelings in a confidential,
accepting and warm environment with people who have
been through similar experiences to you.



Corinella & District Community Centre, 48 Smythe Street, Corinella
For more information contact Julie on: 0403 560 552

Community Notes



**CORINELLA
RATEPAYERS AND
RESIDENTS
ASSOCIATION**

2018 Committee

President. Wayne Maschette.

Vice President. Peter Tait.

Secretary. David Laing.

Treasurer. Lyndell Parker

General Committee Member.

John Stewart.

Another glorious autumn month in Corinella!

After such a dry summer, it has been wonderful to have some good rain falling. We could do without the huge winds, but that's part and parcel of living on the coast, from a gentle breeze to a gale in minutes! On behalf of the CRRA, I recently attended a full day community building seminar hosted by our Shire council.

It was an excellent day with an excellent message, inspiring the attendees to work with their communities on "what's strong" not "what's wrong"!

With a positive and inclusive attitude so much can be achieved, by even a very small number of people, but when a lot of people are prepared to work together amazing things can happen.

The CRRA would love to see more people who have made their home in Corinella come to our meetings, you can become a member for only \$10 per family.

Bring your ideas and hopes for Corinella, and share them with us, let's put it to the test and see what amazing things we can achieve together.

Locals have been watching with fascination as an incredibly interesting structure is emerging in the Harold Hughes park. By the time you read this, the very exciting "Sculpture" will be finished and launched, thanks to our Shire Council.

I believe there will also be an upgrade of the park over the next year or so. It is wonderful to see Corinella growing in charm, going from strength to strength. Live where you love, love where you live!

Lyndell Parker, Treasurer

On behalf of the CRRA Committee.

Corinella Community Market



President: Jean Coffey 0419 500 593

Secretary: David Pearce 0401 514 339

June is Tenby Point's turn to host a

Luminous Galleries exhibition.

There was no space for permanent lights at Tenby Point so we will be holding a Winter Solstice Festival of Lights on the weekend of 22 – 24 June.

Feel the magic of lights on the longest of nights. From playful and whimsical individual displays along Bayview Avenue, through to artist-inspired communal light sculptures around Marine Road, and a surprising foreshore experience, the Tenby Point lights will enchant the entire family. Come along on Friday, Saturday or Sunday night any time after dark (about 5.30pm) and see why Tenby Point is such a gem amongst the Waterline townships. There will be firepits, hot food and drinks to keep you warm.

All Tenby Point residents are welcome to join our association. Membership is just \$10 per household per year.



2018 Committee

President: David Buckingham

Vice President: Kevin Brown

Secretary: Stephanie Hartridge

Treasurer: Louise Gratton

General Committee Members:

Mel Gratton and Mark Hanrahan

Secretary Combined Community Group,

Sue Quartermain 0408 290923

or email susiequa@tpg.com.au

No Report this month



**CORONET BAY
NEIGHBOURHOOD
WATCH**

Chairperson:

Ivan Bradshaw

P: 5678 0663

Email: coronetbaynhw@gmail.com

Facebook:

Coronet Bay Neighbourhood Watch

Police report: May.

No crime in Bass and Tenby Point.

Criminal damage thought to be related to an ex-tenant in Coronet Bay.

Marijuana drug seizure in Corinella.

Theft from a garden shed in the new estate in Grantville and a ram raid at Mitre 10.

We received great news that Bass Coast and other regional Police and emergency services will be getting the new digital communications system progressively rolled out from 2018.

This system is encrypted and therefore not accessible to criminals like the one currently used.

A full report is available on the Victorian Premier's website here:

<https://www.premier.vic.gov.au/regional-emergency-services-switch-on-to-digital-radio/>

More great news is that a much needed special family violence unit has been allocated to our area, which will also help free up Police.

Sadly our President Ivan Bradshaw and Vice President Pauline Hiscock will be vacating their positions for personal reasons at the September AGM, so we are calling for more volunteers.

Can you help?

We are very grateful for their important work in the formation of this group and continued support.

Safety Tip:

Don't announce your holidays or outings on social media until you return, as this lets would-be criminals know when you're NOT home.

Meeting dates for your diary: Jul 9, Aug 13, Sep 10, Oct 8, Nov 12

For Emergencies call 000 (24hrs)

Domestic Violence 1800 015 188 (24hrs)





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Community Notes



Rhyll Community Association Inc.
Secretary:
Cheryl Overton 0427 680 483

Copies of The Waterline News are now available at the Rhyll General Store each month.

Rhyll Community Association Inc.
C/- Rhyll Post Office
Rhyll. 3923

President: Judy Lawrence
Vice President: Carmen Bush
Secretary: Cheryl Overton
0427 680 483

Meetings are Bimonthly (1st 3rd 5th 7th 9th 11th) on the 3rd Saturday of the month, and are held in the Rhyll Hall, Lock Road at 10.00 am

All Welcome.

RHYLL COAST ACTION

June will be the start of our Weed of the Month project which will focus on informing and supporting Rhyll residents to identify and eradicate environmental weeds from their gardens.

Rhyll Coast Action members will set up an information table outside the Rhyll General Store with samples of the weed and information on how best to remove it.

We will be displaying Phillip Island Landcare Weed Posters on Community Noticeboards and using the information from "Common Weeds of Gippsland" as our reference material.

We gratefully acknowledge the support of the Barb Martin Bush Bank Committee who have granted us the funds to enable us to offer plants and other support to residents who remove the targeted weeds during the term of this project.

Bass Coast Branch of National Trust.

If you are interested in joining the Bass Coast Branch of NTAV, meetings and activities, contact Mary-Lu Burt for information.

mlburt@melbpc.org.au

or visit the NTAV website:

<https://www.nationaltrust.org.au/vic>

Cheryl Overton

PIONEER BAY PROGRESS ASSOCIATION

Contact :
Zena Benbow
pbpa@bigpond.com



It's amazing how the first Antarctic winds of winter have hit this week, the chill noticeable- but just because it requires a couple more layers of clothing to venture out the front door doesn't mean you shouldn't!

With the natives now dormant, we're looking at catching up on some well overdue gardening maintenance at the Park. Stay tuned to the Pioneer Bay Facebook page for details- there's nothing like a dry winter's day to share a bit of gardening and a cuppa with your neighbours- so don't become a hermit this winter! Preliminary Directions Hearing scheduled for June 6 at VCAT regarding the roads. It will be interesting to see how VCAT weigh up the situation.

The Grantville Activation Project

(GAP) is a \$500,000 project proposed for the Grantville Reserve.

Two years after the tennis courts have been condemned, this will at last see the redevelopment of the courts; one of the two courts will become a multi-purpose court encompassing 'Hot Shot' lines for prospective tennis players of the future as well as traditional tennis lines, basketball, netball and soccer goals.

The long awaited 'stage one' of the skate park (lobbied for some 10 years by Kathy Hopkins and others in the community), will be adjacent the court re-development.

The current playground will be removed from it's current position and a brand new playground will be established in the GAP precinct. An observation shelter for parents not wishing to participate in the fun will also form part of the project.

The precinct will be linked by an all access pathway from the current carpark.

Community support of this project is a necessary component of the Grants being sought to cover the costs.

Also necessary is financial support. We are currently seeking contributions towards the \$70,000 'Community Aspect' of this project. For details contact Zena via email

zena@benbow-mumby.com.au



www.u3abassvalley.com
(PO Box 142 Grantville 3984)

The 2018 committee is:

Chairperson : Mark Dunbar
Deputy Chair : Geoff Guilfoyle
Secretary : Christine Holmes
Treasurer : Beverly Walsh
General Committee Members:
Vicki Clark and Sue Dunbar.

U3A BASS VALLEY - 2018 ENROLMENT

If you are interested in joining your local U3A community, Bass Valley is now offering the following activities for 2018:

Art for Pleasure

Book Club

Creative Writing

Gardening,

Get Creative

Local History (new)

Movie & Theatre Appreciation,

Tai Chi for Arthritis,

Travel & History

Welding

An Annual Subscription of \$30 per person will cover as many U3A Bass Valley classes as you may wish to attend, subject to availability.

Current members of other U3A groups may join U3A Bass Valley for \$15 per annum as an associate member, which will cover as many classes that you may wish to attend, subject to availability.



TAI CHI FOR ARTHRITIS

Hosted by Vicki Clark

Held at Coronet Bay Community Hall
Gellibrand Street

Every Tuesday 9:30 am - 10:30 am

Other U3A Groups in the Waterline

News area are at:

Cowes (Pical)

Phone 5952 1131

and

Wonthaggi

<http://www.u3awonthaggi.org.au>

Ph: 03 5672 3951



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Community Directory



Send us your Community Group
Notices by 1st each month
editor@waterlinenews.com.au

Artists' Society of Phillip Island

56-58 Church Street Cowes

For more information <http://aspi-inc.org.au/>

Australian Red Cross

Woodleigh Vale Branch

Contact Sheila Campbell 5 678 8210

Bass Coast Community Baptist Church

Minister - Barry MacDonald 5995 3904

OP SHOP Mon-Saturday (Judy) 0498 350 634

Bass Coast L2P Learner Driver Mentor

Program Wonthaggi

Leanne Tilley 5672 3731 or 0467 590 679

Bass Coast Strollers

Contact Liz Hart 5678 0346

Website: <http://basscoaststrollers.org/>

Bass Friends of the RSL

Secretary Trish Thick 5678 1071 or 0409851599

Bass Valley Community Group

Monday - Friday 5678 2277

Bass Valley Landcare

2-4 Bass School Rd, Bass 5678 2335

Cape Woolamai Coast Action

Email capewoolamaicoastaction@gmail.com

Corinella & District Probus Club

Heather Reid 0421 012 519

Corinella Boating & Angling Club

Website: www.corinellafishing.com.au

Corinella Bowling Club Inc.

Balcombe Street Corinella.

Jacquie Carter 5678 0596

Corinella & District Community Centre

48 Smythe St Corinella. 5678 0777

Website: www.corinellacommunitycentre.org.au

Corinella & District Men's Shed

& Woodies Group Corinella Road

Contact: Ken Thomas 0427 889 191

Corinella Foreshore Committee

Contact Barbara Oates 0427 780 245

Coronet Bay, & Surrounds Playgroup

(0-4yrs) Coronet Bay Hall

Mondays 10am—12noon

Contacts: Catherine 0416 112 629

Coronet Bay Adult Social Club

Tuesday 7-10pm Coronet Bay Hall

Ann 5678 0341

Country Women's Association of Vic inc.

Bass Group.

Cowes	Lorraine	5952 2165
Glen Alvie	Libby	5678 3280
Grantville	Annie	5678 8037
Loch	Val	5659 4268
Woodleigh Vale	Carol	5678 8041

Cowes Table Tennis Group

Social play, coaching available.

Barbara Parrott 0425 885 834

Grantville & District Ambulance Auxiliary

Contact - Shelly 0417 593 497

Grantville Business & Community Association

Secretary Sandy Ridge sandyr1903@gmail.com

Grantville & District Foreshore Committee

Contact: Barbara Coles

Email: bacoles@bigpond.net.au

Grantville Recreation Reserve Committee

Pat Van 5997 6221

Grantville Tennis Club Inc.

Contact Pat Van 5997 6221

Kernot Uniting Church

1040 Loch-Kernot Road, Kernot

Contact Secretary Judy Hogan 0422 094 903

Lang Lang Bowling Club

Ian Painter 5997 6554 M: 0419 646 040

Email: langlangbowling@bigpond.com

Lang Lang Community Centre

Coordinator Marg Hambleton 5997 5704

Email: llcc@langlang.net

Lang Lang Cricket Club

Secretary: Sharon May 0459 368 431

Lang Lang Playgroup

(0-Preschool) Thursdays 9.30am

Contact Bon 0439 886 843

Lions Club of Bass Valley

First Tuesday each month 6pm

Grantville Transaction Centre then third

Tuesday each month, Dinner at Bass Hotel.

Gayle Robertson 0408 509 259

Nyora Youth Group

Contact Michael Felton

Email: nyorahall3987@outlook.com

Phillip Island Bowls Club

Dunsmore Avenue, Cowes.

New members welcome, Free coaching

Contact George Mol 0407 851 065

Phillip Island Community Art & Craft

Gallery Inc.

Cowes Cultural Centre Thompson Ave

All Enquiries Call Aleta 0419 525 609

Phillip Island Indoor Carpet Bowlers

Come and join the fun. Phillip Island Celebration Centre 6 Lions Court, Cowes

Contact Jack 0434 944 380

Phillip Island & District Railway Modellers Inc.

The Phillip Island & District Railway

Contact Peter 5956 9513

Phillip Island Community and Learning Centre (PICAL)

56-58 Church Street, Cowes 5952 1131

Email: Linda.Morrison@pical.org.au

Phillip Island Patchworkers

Meet on a Monday night from 7.30.

Contact - Lyn Duguid 0427 593 936

Email: phillipislandpatchworkers@gmail.com

Phillip Island Senior Citizens Club

Phone bookings 5952 2973

Email piscc123@gmail.com

Phillip Island Squares

Square Dancing, Bass Valley Community Hall.

Bass School Rd,

Contact: Carol 5952 5875

Phillip Island World Vision Club

Second Wednesday each month 1.30pm

St. Phillip's Church Cowes

Enquiries - Thelma 5678 5549

Pioneer Bay Progress Association

Zena Benbow pbpa@bigpond.com

Probus Club of Corinella and District

First Wednesday of each month at the Bass Hotel.

Contact Heather Reid 0421 012 519

Rob Parsons 0402 852 300

Probus Club of San Remo

Second Monday of the month (except January)

10am at the Newhaven Public Hall. Visitors

Welcome.

Enquiries: Bob Andrews 0437 526 757

Rhyll Community Association.

Secretary Cheryl Overton 0427 680 483

South Gippsland Arthritis Support Group

Contact: Adam 0408 353 785

Marg: 0417 154 057

Diane: 5658 1443

South Gippsland Mental Illness Carer's

Group

Maggie 5658 1781 Rosemary 5662 4352

South Gippsland Support after Suicide

Phone 9421 7640

Email southgippslandsas@gmail.com

Survivors of Suicide

Raising awareness to aid prevention

Jillian Drew 0413 056 165

St Pauls Anglican Church Bass

HC at 12.30pm every Sunday

Contact Sandy Ridge 5997 6127

St Georges Anglican Church Corinella

1st Sunday each month 11.00am

Other Sundays 9am

Free Community Lunch Corinella Community

Centre Second Friday at 12pm

Op Shop open Mon, Wed, Thurs, Fri 10am - 2pm

Saturday 9am - 12.30pm

Tenby Point Residents Association

President Jean Coffey 0419 500 593

Secretary David Pearce 0401 514 339

Woolamai Racing Club

Contact the Secretary (03) 5678 7585

Around the Markets & Op Shops

MARKETS



Every Sunday

Kongwak Market

10am - 3pm

Retro stalls, food, vegetables, coffee, curries
30+ stalls

Enquiries: Jane 0408 619 182



2nd Saturday

Coal Creek Farmers' Market

Coal Creek Community Park 8am - 12.30pm
50+ stalls

coalcreekfm@hotmail.com

Contact for information 0459 629 000

Cowes Island Craft Market

102 Thompson Avenue, 9am - 2pm

In the grounds of St Phillips Church

60+ stalls Make, bake and grown goods and produce.

Contact for further details 0412 710 276

Corinella Community Market

Contact details 0435 736 510

4th Saturday

Churchill Island Farmers' Market

40+ stalls. 8am - 1pm

peter@rfm.net.au

Further Information 0439 364 760

Cowes Market on Chapel

Chapel Street. 8.30am - 2pm, 30+ stalls

Further information-contact 0428 603 043

1st Sunday

Jumbunna Bush Market

Jumbunna Hall

Further information, phone 5657 3253

2nd Sunday

Rotary Club Market Wonthaggi

Apex Park 8am - 1pm, 50+ stalls

Walk to nearby Make it - Bake it Market

Contact: Neville Goodwin 5672 7245

Garry Sherrick 5672 5812

Loch Lions Village Market

May - Sept Loch Public Hall

Oct - April Loch Railway Station Park

70 + stalls

Information from Noel Gregg 5627 5576

Market day phone 0418 500 520

3rd Sunday

Inverloch Farmers Market

The Glade, Esplanade, 8am - 1pm

50+ stalls Information: peter@rfm.net.au

Phone 0439 364 760

Tooradin Sunday Market

9am - 1pm

Stallholders wanted, \$20 includes 1 sausage & bread breakfast per stall.

All Market Enquiries: 0429 188 280

4th Sunday (Weather Permitting)

Grantville Variety Market

Except December which is the third Sunday
Grantville Recreation Reserve

8am - 2pm 100+ stalls

BBQ & Sausage sizzle, Coffee Cart, indoor and outdoor, cake stalls plus plenty of home made goodies.

Contact for further details 5997 6221

Last Sunday of each month

Inverloch Community Farmers' Market

The Glade, Esplanade, 50+ stalls

Fresh produce grown and made in

Gippsland.

Email:

info@inverlochfarmersmarket.com.au

Phone 0417 370 488

2nd Friday and Saturday each month

San Remo Cuppa and Chat Market

St. Augustine's Church

Marine Parade San Remo

Hosts a Cuppa and Chat Market

Friday 9am - 1pm Saturday 9am - 12noon

Bric a brac, cakes, & jams Friday, plus a

sausage sizzle on Saturdays.

Further Information: 5678 5386

OP SHOPS



Bass

Bass Valley Community Group

Hadden House Op Shop

Next to Bass Hall, Bass School Road

Monday to Friday 9am - 3pm

Saturday 10am - 2pm

Phone Enquiries 5678 2277

Corinella

St George's Anglican Church Op Shop

Smythe Street Corinella, next to Church

Monday, Wednesday, Thursday, Friday

10am - 2.00pm

Saturday 9.30am - 12.30pm

Grantville

Bass Coast Community Baptist Church

Op Shop Manager Judy - 0498 350 634

Bass Highway, Grantville

Open Monday - Friday 10am - 3pm

Saturday 9.30am - 2.00pm

Bass Valley Lions Club Op Shop

Situated at the Grantville Garden Supplies

Open Monday-Saturday 5678 8357

Korumburra

Korumburra Uniting Church Op Shop

Thur-Fri 10-4 Saturday 10-12

Contact for information 5658 1884

Lang Lang

Lang Lang Community Op Shop

12 Westernport Road

Monday - Friday 10am - 3pm

Saturday 10am - 1pm

Nyora

Nyora Op Shop at the Nyora Station

Open Monday - Saturday 9am - 1pm.

Enquiries to Sylvia, Phone 5659 0089

San Remo

San Remo Op Shop

Back Beach Road.

Enquiries 5671 9200

Email: info@basscoasthealth.org.au

Community Halls for Hire



Archies Creek Mez Oldham 0415 445 215

Bass Valley 5678 2277

Bena Maureen 5657 2276

Corinella Paula Clarke 0448 441 046

Coronet Bay Peter Thick 0429 851 004

Dalyston Dorothy Slade 5678 7334

Grantville Pat Van 5997 6221

Kernot Julie Johnston 5678 8555

Kongwak Betty Anderson 5657 4317

Lang Lang Cynthia Gane 5997 5510

Loch Grieg Barry 0419 358 628

Kilcunda Nicola 0439 476 724

Nyora Nikki 0421 992 106

Newhaven Noel Street, 5956 6122

Rhyll Ring General Store, 5956 9205

Woodleigh Evan Jones 5 657 7275

Details not right?

Let us know....

editor@waterlinenews.com.au

Bass Coast Business Awards

People's Choice Award

http://www.basscoast.vic.gov.au/Business/Bass_Coast_Business_Awards/Vote_Now!_Peoples_Choice_Award

Closing date Monday 9 July 2018

One vote per person, per business

Community Centres and other local news



Who are we?

Wonthaggi Neighbourhood Centre incorporating Mitchell House and the Harvest Centre is run by a community based Committee of Management. We aim to provide a positive, welcoming environment where you can meet new friends, learn or share skills, ideas and information. If you're interested in being more involved in your Neighbourhood Centre call in and have a chat to the Coordinator Jan Bourne. News from Wonthaggi Neighbourhood Centre (Mitchell House) Phone: 5672 3731 Become a member of the WNC this term and reduce the costs on LearnShare Activities (LSA) for the rest of the year. Bookings are required for all activities unless specifically stated. Some require a gold coin (GC).

New activities for July & August:

Anglican Care:

To support families experiencing domestic violence.

Wild women's wandering:

Is for those who have inquiring minds, exploring and tuning in to the power of the sacred feminine from archetype mythology to model feminist thought.

Repair Cafe:

We are looking for expressions of interest from those who of you who have a skill that can be used to bring back life to a household item. Please note, no electrical items. Help avoid landfill where possible by recycling or repairing items or restore a cherished item to a functional state.

For Health & Wellbeing:

Gentle Movement for Pain Relief: Is on Mondays 1.30pm to 2.15pm. If you suffer from the discomfort of fibromyalgia, arthritis or other osteo related problems then this gentle movement class may be of assistance.

Sing for Fun:

Is on Wednesday 11 July from 7pm. Singing is fun and very beneficial for your fitness level. It also helps you to relax, lightens your mood and assists with stress-relief. Contact Jacqui for details on 0432 934 681.

Art & Craft activities:

Traditional Sampler Quilt: Meets on Mondays 9.30 to 10.30am. Find out how to make a beautiful 'Sampler Quilt' using basic quilting techniques - hand or machine. LSA Evening Crochet: Meet on Wednesdays 7 to 8pm. Have fun learning a variety of stitches and create colourful and beautiful crochet work. (LSA)

Craft & Cuppa:

Meet on Fridays 10am to 12noon. Bring along your craftwork or ideas or both! LSA

To support Pre Schoolers:

Free Tuesday and Friday Supported Play Groups: These two groups meet on their respective days from 10am to 12noon and are for families with a Health Care card (or equivalent). Call Janine our Early Childhood Facilitator on 0457 834 960 to enrol.

For older children:

Youth 'Pop Up' Space: Is on Tuesdays from 4pm to 6pm. It's at the Harvest Centre Shed for young people to share a game or two, have something to eat and just relax. Primary aged children need signed parental consent.

Social Support:

LGBTI Social/Support Group: will meet on Monday 18th June from 7.00 to 8.30pm for an informal, safe and relaxed space to share experiences, friendship, coffee and good conversation. Please call Jan for more information. (LSA)

There are many other courses and events available, find out by visiting our Facebook page on Mitchell House Wonthaggi Neighbourhood Centre and keep up to date with what's going on or just pop in and have a cuppa and a chat, everyone welcome.

FRUIT CAKES



AVAILABLE FOR PURCHASE

A limited number of Lions Christmas Cakes are available for purchase throughout 2018

1.5kg - \$16.00 (RRP \$17)

1kg - \$12.00 (RRP \$13)

Ideal for Decorating,
Birthdays, Anniversaries,
Christmas in July

Call Lyn on 0416024356
To arrange pick up or delivery

Probus News

Probus Club of Corinella and District

The Club meets on the first Wednesday of the month at the George Bass Hotel, meeting, lunch and guest speaker.

For inquiries call President Sandy Ridge on 5997 6127 or Vice President Rob Parsons 0402 852 300.

CORINELLA

BOWLING CLUB INC.

22 Balcombe Street,
Corinella
Ph. 5678 0497



Follow and like us on facebook
Corinella Bowling Club Inc

We welcome new bowlers & invite you to give bowls a try at our Wednesday Social days from 2 May. Coaching available. Corinella Winter Tournament for 2018 commenced on Saturday 5 May with our three bowl Triples competition and continues through until 25 August. Get a team together or single entries are accepted.

Contact

Dave Burzacott Ph. 0423 593227
Enid Johnston Ph. 5678 0118



South Gippsland Support After Suicide

Have you been bereaved by suicide?
Come for morning tea and a chat

South Gippsland Support After Suicide is a new initiative offering peer support for those bereaved by suicide.

We meet monthly on the fourth Thursday at the Grantville Transaction Centre
Corner Bass Highway and Pier Road, Grantville

These meetings are hosted by trained volunteers who have themselves been bereaved by the suicide of a loved one.

For further details or to RSVP
email southgippslandsas@gmail.com OR phone 03 9421 7640



Phillip Island Community and Learning Centre



56-58 Church St, Cowes
Centre Manager - Linda Morrison
5952 1131
Email :
admin@pical.org.au
Website:
www.pical.org.au

The Bass Valley Community Group Committee of Governance no longer wish to have their activities published in The Waterline News



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Community Centres and other local news



Winter is now upon us and it is getting colder by the day. The heater is always on and you are welcome to drop in and enjoy a cuppa. Drop in to have a browse of our free book exchange, grab a book, swap a book or donate a book, up to you. We have a great range available for our selection. We have some new programs running at the centre to support people's health and wellbeing. The first of these is a facilitated 'Mindfulness Meditation' group. The practice of mindfulness and meditation is a pathway to inner peacefulness, equilibrium and wellbeing. Mindfulness is "bringing one's complete attention to one's immediate experience non-judgementally and with acceptance". Enjoy the present moment, let go of ruminating about the past or worrying about the future. Mindfulness leads to more measured decision-making, increases the ability to cope with difficult emotions and has positive health benefits. Every Friday between 12.30 – 2.00 pm. We are also running a self-help support group for people who are living with depression and anxiety. Come and help create a safe place where you can share your experiences, thoughts & feelings in a confidential, accepting and warm environment with people who have been through similar experiences to you. Each Friday from 2.00 pm.

We have activities and groups running every day; our term program can be viewed on our webpage at:

www.corinellacommunitycentre.org.au. CDCC run regular small bus trips to city markets, theatre shows, hot springs etc. We are running monthly bus trips to Dandenong Market, call us to register your interest and enjoy a day out without the hassle of driving.

Want to get back into the workforce or go onto further study? Brush up on your computer skills or further develop your skills, we have the Pre-Accredited Course for you. We will be running a basic computer course: Intel® Learn Easy Steps program. Call us for further information on 5678 0777.

Want to learn how to create beautiful mosaics? We have an enthusiastic group that meets fortnightly, on a Thursday from 1.00 pm. – 3.00 pm. where you can work on your own masterpieces amongst likeminded people. On Monday evenings our local Yoga guru, Nikki runs the very popular yoga classes. The Crafties meet every second and fourth Wednesday of the month, bring along your crafts that you are working on or have not had the time to

finish and join a bunch of fellow Crafties for a fun morning out. Every Thursday, local artist Keith facilitates an art group where you can work on your paintings and get some tips from Keith. Introducing a new service, our local Justice of the Peace, Libby will be available at the centre each Thursday 10.30—12.00 for witnessing docs, declarations etc. Call to make an appointment with Libby. Every Thursday at 12.00 pm, we run the 'Winter Days Social Lunch.' Everybody's welcome to enjoy a light lunch whilst having a 'chinwag' with others, cost is by donation. Book club is a great group that runs on the second Thursday evening of every month. Join Libby and the group to discuss or debate the book of the month. The lovely women of the St Georges Church Auxiliary host a delicious three-course community lunch on the second Friday of the month.

The food pantry is open every day to support people to put food on their table. This free service is designed to provide enough food in emergencies to get through a 24-hour period. We have a range of pantry goods, fresh fruit and vegetables. Fresh fruit and vegetables are generously donated every week by our friends, the Riccardi family at La Provincia in Corinella. Thank you to La Provincia for supporting us. We have created the 'West Wall Gallery' in the foyer of the centre and are hosting monthly exhibitions of local artists. All of the exhibiting artists are living in the district, support your locals by dropping by and maybe purchase their work. Do you need a small bus to get to events? We hire out the Waterline Community Bus (9 seater) at very reasonable rates. Call us to check availability and prices. Did you know that we have rooms for hire, our function room is great for events and celebrations. We also have a smaller meeting room, reasonable rates, call to discuss.

We are always on the lookout for new volunteers, do you have a spare day a week? If so give Iain a call and come and join the team. Volunteer roles are mostly in office administration but if you have special skills do call in and have a chat.

Contact: Iain Ritchie
Manager (Tues to Fri)
48 Smythe Street Corinella 3984
Ph: (03) 5678 0777
Mob: 0409 528 543



LANG LANG COMMUNITY CENTRE



- Public Internet Access to all members.
- iPad Tuition
- Lifestyle classes including:
- Yoga, Pilates, Cardio, Walking group and Line Dancing, Tai Chi.
- Playgroup for the littlies.
- A variety of Patchwork groups.
- Men's Shed Group.
- Secretarial Support Services including: Photocopying, typing and scanning.
- Book Exchange
- Small offices for hire
- Centrelink Agent with dedicated computer.
- Medicare Claim Service

We have vacancies in our Tai Chi and Cardio exercise classes if you are interested please give us a call



Fridays 12 noon—1.00pm

Blokes in the Kitchen



Free workshops designed for men only over 50. Learn new cooking skills and how to prepare & cook nutritious meals.

June 21st & July 19th
10.30 am—1.00 pm

This program is auspiced by Lang Lang Community Centre

Venue - Lang Lang Memorial Hall

The program will continue to run during 2018.

We plan to hold the workshops on the 3rd Thursday each month.

or further details on all events

Please call us, we open @ 9.30am five days a week.

7 Westernport Rd, Lang Lang 3984

Contact (03) 5997 5704
llcc@langlang.net

More Community News



CFA NEWS
With
Michele Fulwell

Mobile phones under pillows can be a flaming disaster!

CFA has been called to a number of fires caused by phones overheating and catching fire under pillows. Everyone needs to be aware of dangers of charging their smart phones under their pillows while they sleep.

AVOID THE RISKS

- * Never have a phone charging in bed or under covers
- * Use only the manufacturer's or an approved charger & cables
- * Charge the phone on a hard surface with good airflow
- * Follow the manufacturer's instructions for charging and use
- * Contact the manufacturer directly if in any doubt

These rules also apply to other devices including tablet, kindles and laptop computers.

VOLUNTEER RECRUITMENT INFORMATION DAY

When: Sunday 17 June 2018 at 10am

Where: Grantville Fire Station 23 Grantville - Glen Alvie Rd Grantville

Kernot Grantville Fire Brigade is a volunteer brigade that has been serving our local community for the past 74 years from our two fire stations located at Grantville and Kernot. We respond to 50-100 incidents per year and are available 24 hours a day, 7 days a week.

We are currently looking for male and female volunteer fire fighters and non-operational members aged 16 years and upwards to assist in helping protect our local community. Parental consent is required for under 18 years of age.

To become a firefighter no experience is necessary to join as all your training is provided and CFA volunteers receive nationally recognised and accredited training courses at no cost.

We are currently looking to recruit Men and Women for: Weekday Daytime Firefighters for both stations (Kernot & Grantville) Firefighters with a passion for teamwork and leadership

Non-operational members

Administration Support

Our brigade training sessions are held on Monday evenings at 7:30 pm by experienced trainers and run for approximately 2 hours. We also run maintenance sessions on a Sunday morning from 9-11 am. (We do alternate between stations.)

If you would like to learn more about the brigade or feel like you would love to join us, come along to the information session.

If you are unable to attend we can arrange an alternate time to meet, just message our Kernot Grantville Fire Brigade FaceBook page or call 56 788 400 (leave a message)

Grantville Branch Country Women's Association



Meets at the Grantville Hall on the second Monday of each month at 12.30pm.
Followed by afternoon tea.

We welcome ladies interested in joining our branch, for

- FRIENDSHIP
- SHARING and
- CARING

Enjoy the company of ladies of all ages, who have similar interests.

Learn new craft skills, exchange recipes and cooking tips.

Social - Days out - Theatre, lunches, shopping trips etc.

We would like to fulfil the needs for ladies of all ages with Social Chatter and learning the services Country Women's Association has provided for the past 90 years.

Our Current Projects

Knitwear, comfort rugs and toys for Children in foster care.

Important Dates

Friday 22 June 9:30 am

Performing Arts at Corinella Community Centre.

Monday 25 June 10,00am

Craft Meeting

Forthcoming events

Monday 9 July Meeting

Guest Speaker - Wills & Probate

Monday 10 September

Postie Fashions

**Any info you are welcome to call Betty
on 0418 396 863 anytime**



**Corinella & District
Men's Shed
&
Woodies Group Inc**

Meets at 90 Corinella Rd.,
Corinella,
(Bass Valley Primary School),
10 am - 12 noon
Tuesdays



Kooweerup
REGIONAL HEALTH SERVICE

Young People, Body Image and Food.

**Free Information Evening, Wednesday
20th June**

Being a teen changes your body, the influence of media, your body image, healthy eating, what about diets, when eating becomes a problem and what parents can do are just some of the topics our guest speaker will cover.

**Free supper, 5-7pm,
215 Rossiter Road Koo Wee Rup**



Foot Care at KRHS

Commencing 21 June we will be providing an expert foot care service by qualified Health Care Professionals.

This will include nail cutting, advice, support and treatments.

The home service will continue with our new nurse Tracey.

5997 9655

Keep up-to-date with our latest news and events

"Like us and share" at facebook.com/
Kooweerup Regional Health Service



KRHS is a 72 bed Public Hospital.

We provide a range of community and centre based services: Acute Care, Early Parenting, Transitional Care, Respite and Residential Aged Care, Community Health, District Nurses, Home Care Support, Pathology and Allied Health e.g: Physiotherapy, Social work and Occupational Therapy.

There is also Specialist Medical Services: Podiatry, Cardiology and a Diabetes Clinic. KRHS is a member of the International Health Promoting Hospitals Network and Global Green and Healthy Hospitals.

235 Rossiter Road, Koo Wee Rup
ph: 03 5997 9679 email:

gregorys@krhs.net.au

website: www.kooweeruphospital.net.au

DEMENTIA

Rachael Wonderlin



Children, Animals, Scary Things:

How to handle hallucinations

First, let me say that if your friend with dementia is experiencing hallucinations (seeing or hearing something that isn't there) they may have another medical issue going on, like a Urinary Tract Infection. However, if their diagnosis is Dementia with Lewy Bodies, or if they have been hallucinating all along, this could be a normal part of their disease process.

Hallucinations are different from delusions.

A delusion is a fixed, false idea. Everyone with dementia has delusions, such as telling you that they talked to their parents yesterday, even if their parents have been deceased for years.

Hallucinations are when someone is hearing or seeing something that isn't real.

They will often talk to or point out the hallucination to others.

What do you do?

My advice is always the same, no matter the hallucination: see it, too.

The most common hallucinations are children or animals, and often these things aren't scary.

I've even had people tell me that their loved ones enjoy being visited by little kids, and talk about it fondly.

It feels easy to agree with this hallucination. "Those kids seem really nice," you may say.

However, when the hallucination is scary, most people don't want to "agree"

with what their friend with dementia is seeing.

ESPECIALLY if it's scary, you want to see it, too.

The goal is to SOLVE the problem that the hallucination is presenting: fear. For example, if she is seeing a man outside her window that frightens her, tell her to come away from the window while you "call the police". Don't actually call the police, but pick up the phone and act like you're making the call.

If he feels like snakes are biting his toes while he sleeps, wash his sheets. Make sure there isn't a medical condition that causes his toes to tingle. Put socks on his feet. Tell him that you'll purchase some "snake repellent".

The goal is always two-fold: agree and then solve.

www.dementia-by-day.com

What is this thing called Yoga?



To most of the people in the Western world it is the "best form of exercise" as described by many a yogi who goes to the gym or yoga studio to get their weekly dose of "feel good" medicine.

According to B.K. S Iyengar, the yoga guru who introduced yoga to the Western world; "Yoga is the rule book for playing the game of Life, but in this game no one needs to lose. It is tough, and you need to train hard. It requires the willingness to think for yourself, to observe and correct, and to surmount occasional setbacks. It demands honesty, sustained application, and above all love in your heart. If you are interested to understand what it means to be a human being, placed between earth and sky, if you are interested in where you come from and where you will be able to go, if you want happiness and long for freedom, then you have already begun to take the first steps toward the journey

inward" (*From Light on Life by B.K.S Iyengar*).

Most of us, including myself embark/ed on the yogic journey for similar reasons be it health or to be fit or to discover what it really is. I can only speak for myself when I first started on the journey, I couldn't wait for the next session. It was challenging, mentally stimulating and an all pervading sense of wellbeing encompassed me. I wanted more of the "good stuff".

The asanas (poses) helped me to think positive, try things that I thought were difficult and learnt how to face challenges. It helped me to reassess and evaluate this thing called "fear".

Fear of letting go of the closely guarded body which I held onto very tightly. With every asana I leant to slowly but surely let go, this in turn helped me to let go of troublesome thoughts or any type of trivial or intense worry.

I was beginning to realize where this energy and power within me came from to transform myself not only physically but mentally and spiritually as well.

It is an incredible inward journey, the benefits far surpass the physical wellness and the ability to be flexible.

It is indeed a journey of self discovery and the more you know yourself and the world that you live in, the easier it becomes to understand others and be able to relate to all beings with equanimity.

If you want to embark upon this journey or give yourself a try call Shirani.

Also the upcoming "Yoga as Therapy" workshop conducted by two authentic Indian yogis visiting us and to be held at our ashram – "Santhosa" from 27 August 27 Sept. 2018 .

Call Shirani for more information.

0425 748 907



WONTHAGGI Medical Group
A Locally Owned Quality Practice

42 Murray St, Wonthaggi
25 A'Beckett St, Inverloch
Bass Coast Health, Grabham Wing

**2/1524 Bass Highway
Grantville**

Grantville Medical Centre
2/1524 Bass Highway Grantville
Appointments 5678 8029



Opening Hours
Monday - Friday
9am - 4.30pm
Closed over lunch period
Bulk Billing all consultations for
Pensioners, health care card holders
And children under the age of 16



(Procedures may be privately billed to recover associated medical supplies costs.)

What is Atrial Fibrillation?



Heart rhythm abnormality caused by a problem with the heart's electrical system. Normally, the heart's electricity flows from the top chambers (atria) to the bottom chambers (ventricles), causing the normal contraction. In atrial fibrillation the electrical flow is chaotic causing the heartbeat to become irregular.

Warning Sign:

Uneven Pulse

Atrial fibrillation causes an irregular heart rate. If you check your pulse, you will often feel a "fluttering." When atrial fibrillation is new in onset or poorly controlled by medications you will often feel your heart racing. This rapid, abnormal heart rate can be dangerous if not treated and controlled quickly.

AFib vs. Normal Heart Rhythm

When the heart beats with a normal rhythm, electricity flows from the top of the heart to the bottom of the heart, causing the heart muscle to contract and move the blood through the body. In AFib, the electricity flows chaotically and the bottom chambers of the heart contract irregularly.

Warning Sign: Dizziness

If your heart goes into atrial fibrillation you may experience dangerous and frightening symptoms. AFib may cause symptoms such as:

- Dizziness
- Feeling of palpitations
- Shortness of breath
- Chest pain
- Fatigue or exercise intolerance

AFib and Stroke

Atrial fibrillation is a risk factor for stroke. About 15 percent of all people who have strokes have AFib. Because of the irregular and chaotic flow of blood through the heart, small blood clots can form in the heart chambers when you have atrial fibrillation. These clots can travel through the bloodstream to the brain, causing a stroke. This is why people with chronic AFib are usually on blood-thinning medications.

When To Call 000

If you think you are experiencing atrial fibrillation and have chest pain, feel faint, feel a very rapid heart rate (greater than 100 beats per minute), or have any signs or symptoms of a stroke, call 000 immediately.

What Causes Atrial Fibrillation?

Atrial fibrillation is a common problem.

Risk factors for AFib include:

- Poorly controlled high blood pressure (hypertension)
- Heart valve problems
- Coronary artery disease
- Alcohol abuse
- Obesity
- Sleep apnea
- Thyroid disorders

Risk Factors You Can't Control

Having a family history of atrial fibrillation is a strong risk factor for you developing it as well. Your risk of getting AFib also increases with age, and white males have a higher incidence of atrial fibrillation.

Risk Factors You Can Control

There are some risk factors for atrial fibrillation that are in your control. Maintain a healthy lifestyle and watch your weight. Stop smoking and limit alcohol use. Do not use illegal drugs and be very careful if you use certain prescription drugs such as albuterol or other stimulants. Talk to your doctor if you are prescribed these medications and have concerns.

Heart Surgery Can Be a Trigger

One of the risks of having open-heart surgery or coronary artery bypass graft surgery (CABG) is atrial fibrillation. Your doctor will work to control or correct this as it can lead to other complications.

Lone AFib

Atrial fibrillation that happens in younger people (less than 60 years old), without an obvious cause is called lone AFib. Lone AFib can be triggered by exercise, eating, sleeping, and alcohol. Sometimes it comes and goes on its own and may not need immediate treatment. Consult your doctor.

...../15



DG Nurse Practitioner
Grantville Transaction Centre
Cnr Bass Hwy & Pier Rd
Grantville, 3984

Hours

Mon, Tues, Thur, Fri 8:30 am - close

Bulk Billing

All consultations bulk billed
 May have fees for some procedures*

For appointments phone
5616 2222

or

0467 841 782

Same day appointments available

Some of the services available

Fluvax	Immunisations
Men's Health	Prescriptions
Referrals	Skin Checks
Wound Care	Women's health
Dressings*	Ear syringing*
Lesion removal*	Suturing*
Treatment minor illnesses / infections	



Podiatrist

Michelle Graham B.App.Pod

Has relocated to

21 Billson Street, Wonthaggi 3995

Phone 5672 5114

General Foot Care, DVA (with GP referral)

Medicare (with GP referral)

Tuesday, Wednesday & Thursday by Appt.

HICAPS available

Discounts for concession card holders and WMFS members
(Please enquire at time of booking)



Women's
Health

safflower
 Chinese Medicine Dispensary & Clinic

*More choices
naturally!*

A woman will have approximately 450 periods in her lifetime. It's an important part of the female physiology. We treat most conditions at different stages of a woman's life with both acupuncture and Chinese herbal medicines.

10 Bluebird Court, Newhaven Phone: 03 5956 7011
 reception@safflowerclinic.com.au
 www.safflowerclinic.com.au

Atrial Fibrillation?

continued

than 48 hours, you may not be a candidate for cardioversion as your risk of having blood clots that could lead to stroke is increased.

Treatment: Medication

Patients with atrial fibrillation are usually prescribed a combination of medicines to prevent complications. Blood thinners or anti-clotting medications help prevent the risk of stroke. Medications that control the rate that your heart beats keep the heart from beating too fast. Some medications are specifically designed to control the electrical rhythm of the heart, keeping it from becoming more irregular and chaotic.

Treatment: Ablation

In certain instances, medications or cardioversion may not control your atrial fibrillation effectively. A specially trained cardiologist (called an electrophysiologist) may perform a surgical procedure called an ablation to fix your atrial fibrillation. A radiofrequency ablation is done through a catheter threaded into your heart to send low-voltage, high-frequency electricity into the area of your heart that is causing the irregular electrical rhythm. This destroys the small amount of tissue causing the abnormal heart beat and may totally cure the AFib.

Treatment: Surgery

In some cases, surgery on your heart may be needed to treat your AFib. The Maze procedure is a type of surgery where small cuts are placed in the upper chamber of the heart (atria) to help the conduction of electricity to be regular. This procedure may also be done through small incisions or catheters threaded into the heart.

Treatment: Pacemaker

In rare instances, after an ablation to treat your atrial fibrillation your doctor may need to implant a pacemaker. Pacemakers themselves are not designed to treat atrial fibrillation. They are mainly used to correct slow heartbeats. Discuss the possible outcomes of your heart treatment with your cardiologist.

Diagnosing AFib: ECG

Your doctor will diagnose atrial fibrillation on an electrocardiogram (ECG). This heart tracing shows a distinct pattern in the electricity of the heart that your doctor can diagnose. If your AFib comes and goes you may need to wear a continuous heart monitor (Holter monitor) to diagnose the abnormal rhythm.

Other Tests for AFib

Once atrial fibrillation is confirmed or suspected your doctor will perform further tests to check your heart muscle and heart valves and to screen for blood clots. These tests include an echocardiogram (ultrasound of the heart) or a stress test or possibly even a catheterization to check the blood vessels for blockage.

The Course of AFib

Atrial fibrillation can come and go on its own or last the rest of your lifetime. When AFib comes and goes within a few minutes to a few hours it is considered paroxysmal AFib. The irregular rhythm from atrial fibrillation may begin to last longer and longer or cause worsening symptoms at which point it will need to be treated and controlled.

Treatment: Cardioversion

In some cases, atrial fibrillation can be corrected with an electric shock to the heart called a cardioversion. In severe emergency cases this may be the only choice to control the AFib. Medications may also be tried to do the cardioversion of your heart rhythm. If your AFib has been going on for more



Outlook for AFib

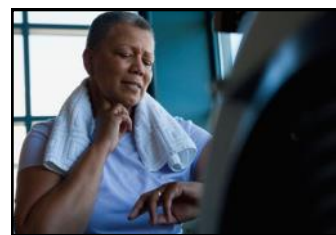
If your atrial fibrillation is well controlled, or corrected with a heart procedure, you may not have any life-changing symptoms from your AFib. Some people with chronic AFib need to be maintained on medications and blood thinners for the rest of their lives. The side effects of these medications can cause long-term complications. Discuss your medications with your cardiologist to see what limitations they may cause on your lifestyle.

Preventing AFib

Keeping yourself healthy and changing bad lifestyle habits is an important way to lower your risk for atrial fibrillation. Exercise regularly, quit smoking, keep your blood pressure under control, and eat a nutritious diet that is low in fat and salt to lower your risks of heart problems.

Check Your Pulse Regularly

The National Stroke Association suggests everyone over the age of 40 checks their pulse once every month. There is an initiative called "Check Your Pulse" aimed at identifying abnormal heart rates and patients with undiagnosed atrial fibrillation early.



This special report courtesy of :
www.medicinenet.com



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Tony | 0419 342 755
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www.safflowerclinic.com.au



PHILLIP ISLAND JAZZ CLUB

Sunday 15 July 2pm - 4.30
Ramada Resort - Cowes

Anita Harris & Friends



Anita Harris, has appeared at many jazz festivals and other public and private gigs around Melbourne since those first jazz-moments in Merimbula in 1993. Favourite "employers" include the South Coast Jazz Club, Victorian Jazz Club, Victoria's Grape Grazing festival, Jazz @ The Bowl and a number of wineries who felt Anita's smooth vocal styling was the perfect accompaniment to this year's shiraz. She is most often seen in a band setting, favouring four and five piece groups and trios in more intimate settings. Now with four albums, released on the Newmarket label, her repertoire of many hundreds of jazz songs continues to grow and evolve, and delights jazz audiences whenever Anita swings by.

19th Aug Debra La Velle & Friends
16th Sep Chris Wilson
21st Oct Unspoken Rule
16th, 17th & 18th Nov 2018 Jazz Festival

For more information please contact
Robin Blackman on 0432 814 407



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P.O Box 184 Grantville 3984



MOE - LATROBE JAZZ CLUB



Sunday 24 June - New Nite Owls
Sunday 29 July - Creole Bells
Sunday 26 August - Riviera Jazz Band
Contact:
President Bruce Lawn - 5174 3516

SOUTH GIPPSLAND JAZZ SOCIETY Inverloch Jazz Club



2pm Inverloch RSL
Sunday 9 July
Sarah MacLaine's Jazz and Champagne.
Contact Neville Drummond 5674 2166

Saturday 7 July
Coronet Bay Hall
7 - 11pm
UNPLUGGED



Unplugged continues to attract good audiences every 1st. Saturday of the month at 7pm. at the Coronet Bay Hall, Gellibrand Street.

No matter what style of music you like there will be something to your taste. You can bounce along to rock or shed a tear with heart rending folk, or just have the troubles of the day flow away with beautiful classical music and poetry. Truly the best value entertainment around. Gold coin to enter and supper is provided.

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Call Julie on 5678 8555

The Jazz Club - 12-2pm Saturdays.



VALE - LESLA SARAGHI

Avid jazz lover, Lesla, passed away on the 21st April following a stroke.



Lesla, was in fine form at the Jazz Club on 15 April and it was great that Club members had the opportunity to interact with her one last time. Lesla, was a Club foundation member and a champion of the Jazz Festival, always turning up with a group of friends in tow. Lesla's bright and happy presence will be missed by all.
R.I.P Lesla.

Jill Boyce

Phillip Island Jazz Club

Leongatha Lyric Theatre Inc. Presents...

Annie

Book by Thomas Meehan, Music by Charles Strouse, Lyrics by Martin Churnin

OPENING NIGHT FRIDAY
JULY 6TH 7.30 PM 2018

WESLEY HALL CRIP HORN ST & GILBEY ST LEONGATHA

7.30 pm: July 6, 7, 12, 13, 14, 19, 20, 21
1.30 pm: July 7, 8, 14, 15, 21

Tickets: www.lyrictheatre.net.au or Phone 0490 525 482
Box Office (Opening June 11)
Mon-Fri. 11am-3pm. Sat 10am-noon
at Great Southern Outdoors, 1 Bair St., Leongatha

Coming Jazz Festivals

24 - 26 Aug - Newcastle Jazz Festival
30 Aug - 2 Sep - Noosa Jazz Party
19 - 21 Oct - Murray Bridge Jazz Festival
19 - 21 Oct - Marysville Jazz & Blues Festival

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Locals Free Open Day at the Museum Free Entry Sunday 8 July 2018.



LOCALS FREE

OPEN DAY

SUNDAY 8 JULY

FROM 10AM TO 4PM

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KID'S CREATE YOUR OWN WOODEN MODELS	FACE PAINTING
NUI DAT CAFE OPEN FOR SNACKS & COFFEE	KID'S GAMES TO PLAY
	LIGHT & SOUND SHOW
	WORKSHOP TOUR
	MARKET STALLS TO BROWSE OVER
	MUSEUM QUEST

25 Veterans Drive, Newhaven, Phillip Island VIC 3925. Ph: 5956 6400

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Bendigo Bank

If you haven't visited the National Vietnam Veterans Museum and you live within the Bass Coast Shire, here is your opportunity. Free entry for the day. This is our way of thanking the local community for their support, so don't forget to put this date in your diary.

Our well loved Wonthaggi Woodcrafters will have wooden model kits for kids to make up and purchase. Some models will be in the shape of the Canberra Bomber, the Huey helicopter, the Jeep and the Centurion Tank. Face painting with local well known artist, Patrice Mahoney, who creates some amazing and interesting faces on willing participants. Fun games for kids, quoits, knuckles or hopscotch which we used to play in the 60's, are amongst activities for the day. A special attraction is the Action Station where kids and adults will be able to handle items used by servicemen on their tour of duty. A great opportunity for photos. At the entrance to the museum, kids will be able to register as an NVVM Investigator

and follow the clues to discover the secrets of the museum. They will be presented with their very own certificate with their name on it, on completion of the quest. There will be plenty of volunteers to ask if you get stuck. A guided tour of the Museum Workshop will be one of the highlights of the day. This area is usually off limits to the public. Members of our restoration team will be available to conduct tours and answer any questions about current restoration projects, including the restoration of the Canberra Bomber and Caribou 231.

Our holographic Light & Sound Show is always popular and we have a new exhibition to commemorate the 50th Anniversary of the Battle of Coral Balmoral. Doors will open at 10am – 4pm. The Nui Dat Cafe will be open for delicious snacks and great coffee.

We would like to thank our Major Sponsors – San Remo & District Community Bank – for their generous support.

Located: 25 Veterans Drive, Newhaven. (behind the Helipad). Please call the museum on 5956 6400 for further details.



Genealogy

Wonthaggi Genealogy Inc. has invited Lambis Englezos to speak about the success of his efforts to identify the remains of missing soldiers from the WW1 battlefield at Fromelles.



A mass grave behind German Lines, containing the bodies of 250 diggers was found and the bones exhumed and DNA comparisons made with modern relatives. Those soldiers have all been identified and buried with appropriate honour.

Lambis will address WGI members and other interested people at the Baptist Hall (corner of McBride/Broome Crescent, Wonthaggi) at 1:30pm Wednesday 11 July.

Admission for non-members is by gold coin donation, and it would be helpful if we could know numbers.

RSVP - The Secretary WGI
56723803

secretary@wonthaggigenealogy.org.au

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Welcome®

Food

A cook's journal



For Wonthaggi's Jan Cheshire, good cooking starts in the garden with fresh, seasonal vegetables, herbs and fruit. Jan shares one of her favourite recipes.

Winter Warmer



THIS is a real winter warmer. Yes, the cocoa powder is a bit unusual, but it makes quite a difference. The chilli dish seems to me to be a lot smoother and silkier with the addition of cocoa. The combination with avocado is lovely too. Go for it! Make it a bit hotter (or milder) if you like. It's always a great favourite with all the family.

CHILLI BEEF WITH AVOCADO

Serves 4

Ingredients

2 tablespoons of olive oil
1 large onion finely chopped
500 grams of minced beef
400 grams of tinned tomatoes
2 tablespoons of tomato paste
1 tablespoon of cocoa powder
1 teaspoon of chilli powder (more or less to your taste)
420 gram tin of kidney or cannellini beans
Large pinch of dried oregano
2 avocados peeled and chopped

Method

Cook the onion until translucent, add the minced beef and cook for 4-5 minutes, until browned.
Reduce heat to medium and stir in tomatoes and tomato paste, cocoa, chilli powder and oregano.
Simmer for 15 minutes until the beef is cooked, then add the beans and simmer for 5 minutes
Divide the rice among dishes. Top with the chilli beef then the avocado.
Serve with boiled rice and garnish with coriander and corn chips if wished.

Enjoy!



Sustainable Living Workshops 2018

Water

**Saturday 23rd June
10am - 1pm**

"Water water every where and not a drop to drink!" We live in one of the driest continents on earth and water is a precious commodity. Koo Wee Rup historically was marshland, so come along and find out more about our Water Catchments, Conservation and Flood protections

**Saturdays
10am - 1pm**

Coming Up
21st July - Garden
18th August - Food
Morning tea provided

Free Workshop.
Learn how to reduce winter bills and live more sustainably at the
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215 Rossiter Road
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5957 9790
duff@kwr.net.au

Cardinia

Koo Wee Rup

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Sat - Sun noon-late



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[Winter opening times may differ]
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facebook: Kernot Food and Wine Store



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Focus on our people in Small Business

Wendy May's Café 49c Westernport Road Lang Lang



Wendy has lived at the Gurdies with her husband for 27 years along with her children, both attending Lang Lang primary School and then heading onto Koo-weerup Secondary College. She has worked in the hospitality industry for over 20 years, working in food and beverage for two of the major tourist attractions on Phillip Island and various restaurants.

She has learned from many experienced chefs and cooks over the years while achieving her own qualifications in this field, completing her certificate 3&4 in hospitality and certificate 3 in commercial cookery, whilst completing 2 barista courses.

Working for others over so many years it has always been her goal/dream to have her own Café and be her own boss. Whilst running Wendy May's during the day, she still works in a restaurant at night and is still acquiring more experience from the chefs she works with.

Wendy May's café offers light, fresh and tasty meals all cooked on the premises catering for various food allergies and goes to great lengths to meet your requirements

and says "I guess you could call it retro meals or just plain old-fashioned meals. The menu is set but we do have daily and weekly specials available all the time

- Business meeting and group luncheons catered for by appointment
- Devonshire tea/afternoon tea available for any groups, clubs and meetings – we have already had many local groups come for lunch & afternoon tea.
- Floristry also includes artificial arrangements some available now and more to come, fresh arrangements made to order.
- Come and enjoy our meals, coffee and friendly service in a calm and relaxed atmosphere stay as long as you like

Email: wendymays@bigpond.com

You can also find Wendy May's on facebook and Google maps, just type in WendyMay's Café.



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The French Island News



FRENCH ISLAND COMMUNITY ASSOCIATION
Tankerton PO
French Island, Victoria 3921
secretaryfica@gmail.com

EMERGENCY SERVICES

There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA).

There is one fire engine stationed permanently on the island.

CFA volunteers are able to respond to any kind of emergency.

Calling 000 is always the best option in an emergency.

NURSE ON CALL

For non urgent health issues islanders may utilise the Department of Health's

Nurse on Call service: 1300 60 60 24

AMBULANCE SERVICES

Ambulance Membership

Membership Enquiries 1300 366 141

(Mon-Fri 8am-8pm,

Sat 9am-5pm).

Membership is advised as Air Ambulance is used from the island. If local support is required ask Ambulance to request CFA support on the island.

POISON INFORMATION HOTLINE



131126

French Island General Store & Café



Make French Island your next weekend getaway destination, with a free shuttle bus service on weekends and public holidays from the Ferry to the Store your transport needs are taken care of. At the Cafe there's an extensive menu, bike hire available, accommodation and locally made and grown products for sale. You can cycle your way around looking at Koalas and enjoy a day of adventure or cosy by the fire in the cafe for a relaxing lunch.

Visit www.figsfrenchisland.com.au or Facebook/figsfrenchisland for more information.

289 Tankerton Road, French Island, 3921
(03) 5980 1209

FRIENDS OF FRENCH ISLAND NATIONAL PARK (FOFI)

Secretary: Meredith Sherlock.

Phone 0438 077 329 Email:

secretary@fofi.org.au

FOFI Project Days

Third Saturday each month

Membership enquiries and

More details - www.fofi.org.au

French Island Landcare

For more information on all Landcare activities contact

filandcare@gmail.com.



Landcare Nursery

Volunteers are always welcome at the nursery on Wednesdays and Thursdays from 10am to noon.

Contact Terri: 0413 088 527



FRENCH ISLAND FERRY



<http://westernportferries.com.au/>

BARGE

Spirit of French Island operate a vehicular barge from Corinella on the eastern side of Western Port to the barge landing on French Island. It accommodates two standard size cars or a larger truck.

It is advisable to book as far in advance as possible, as the barge schedule and availability is limited by times and tides. As a guide, the barge runs approximately every half hour for a few hours either side of high tide.

Foot passengers can take the barge but they should arrange transportation at either end as there are no other facilities.

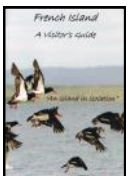
For information about fees and to book the Barge, call 0428 880 729.

French Island Visitor's Guide

Christine Dineen's French Island

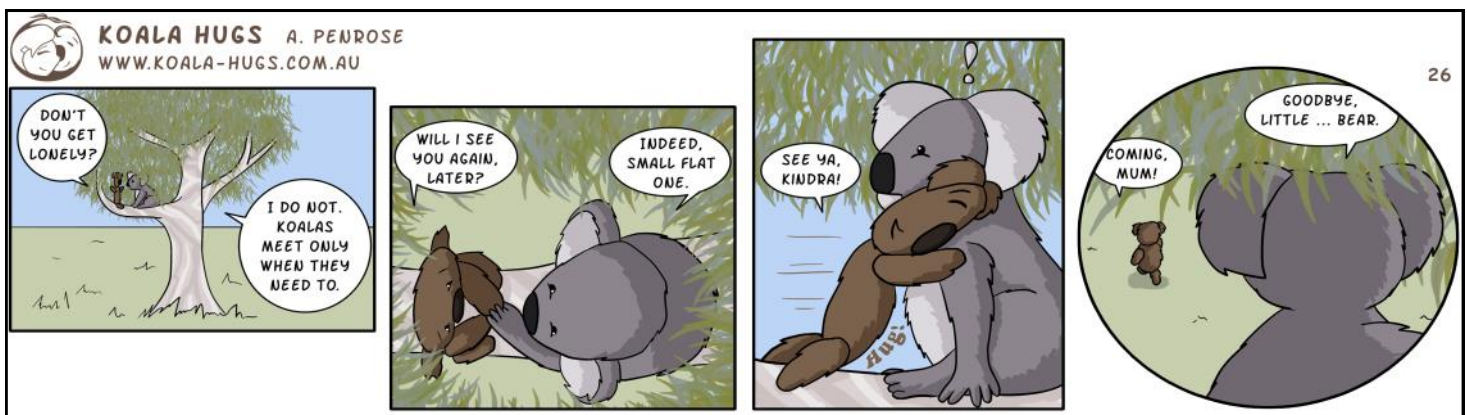
Visitor's Guide is a fantastic publication we visit all too infrequently.

Detailed map included is a great reference, for visitors to the island, and anyone who has an interest in the local flora and fauna. available at the French Island General Store, or you can obtain a copy from the author:



Christine Dineen

dineenc@optusnet.com.au



Notices for the French Island section of The Waterline News should be sent to: editor@waterlinenews.com.au - 1st of month.

The French Island News

French Island Eastern Barred Bandicoot Update

French Island Release Delayed

Amy Coetsee



Trapping in April at Woodlands Historic Park revealed that the population has declined further.

The habitat is in very poor condition due to overgrazing by over abundant herbivores and a dry summer.

If the habitat doesn't improve over winter it is possible we will lose this population.

The Recovery Team needs to weigh up how best to manage all populations of EBBs.

To give Woodlands the best chance of recovery, we cannot collect any animals for translocation until the population starts to increase.

Unfortunately, this means we are unable to source enough animals for a release to French Island this year. As a result, the French Island EBB release is delayed until 2019.

Flora & Fauna Guarantee Act

The Flora and Fauna Guarantee Act 1988

(FFG Act) is a key part of the laws protecting Victoria's biodiversity.

The FFG Act provides a legal framework for government to plan for the protection of threatened plant and animal species and to

protect critical habitat of those species. Recently, I've been asked about how the FFG Act may impact private land management if EBBs are released on French Island. Zoos Victoria has engaged an environmental lawyer to look into this and we are working closely with the Department of Environment, Land, Water and Planning (DELWP) to get a definitive answer. The advice we have received thus far is that as French Island is beyond the historic range of EBBs, there is no critical EBB habitat on the island, therefore the FFG Act cannot restrict land management due to the presence of EBBs.

DELWP understands the importance of French Island in the recovery of the EBB and are aware that if any restrictions are placed on private land management due to the presence of EBBs then this project will not be a success. We are working together to give you the confidence that your land management rights are not impacted in any way due to the presence of EBBs.

Cat Tracker



You may have noticed recently that Hunter, the shop cat was wearing some new bling. This was a GPS tracker to monitor his movements over 7 days. As part of her honours project, Viviana, from Deakin

University would like to track as many domestic cats on French Island as she can, to see where they go.



Thank you to everyone that has signed up so far.

Viviana will be touch soon to organise a date to attach the tracker and chat through the project with you.

If you would like to sign up or require more information, please contact Viviana Miritis

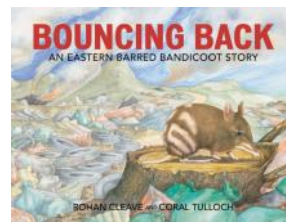
viatroum@deakin.edu.au

ACoetsee@zoo.org.au

or Julie Trezise julie@trezise.com.au.

As always, please feel free to contact me if you have any questions about this update or any aspect of EBB recovery and the French Island proposed release.

Amy



EBB Book

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Community Spirit

Wildlife Rescue and Transport Volunteers needed

As our little town and surrounding communities grow, our local wildlife are faced with increased challenges to survive. Displacement through habitat loss & destruction, environmental pollutants, people using baits to kill mice/rats which causes secondary poisoning to wildlife such as raptors eg, owls & hawks, and of course risk of injury or death whilst crossing our roads in search of food and water is ever increasing.

Locals can help by volunteering through Wildlife Victoria to become Rescue and Transport Volunteers.

The role will see you responding to calls from the Emergency Response Service to attend to the rescue of sick, injured or orphaned native animals.

You can find out more information and what is involved at:

www.wildlifelivictoria.org.au/volunteer where you can fill out an online application or scroll through the many other volunteer roles available that you can do to help our local wildlife including helping out at local shelters or becoming a registered wildlife foster carer.

In the meantime we can all help to avoid collisions with wildlife on our roads by reducing our driving speed by at least 20kms at dusk or dawn.

If you hit an animal please call Wildlife Victoria on 1300094535 for advice and assistance.

Do not leave dead animals on the road as this puts other drivers at risk of an accident and also puts feeding birds of prey at risk. Even if the animal is deceased, please put in a call so another local volunteer can do a pouch check (if applicable) in case there is orphaned young on board that can be saved.

Our wildlife is part of the reason that makes where we live special and we should all work together to do our bit to preserve their existence and help them in any way.



Nadine Blake is a local wildlife foster carer (not full time though as she works also). She posted on the Grantville fb page asking about more wildlife volunteers as it seems to be something we need as she often gets called out on rescues.

Nadine said "Doing rescues as well as feeding orphaned babies is not ideal, so I thought it would be great to put the call out for specific rescue volunteers so as to free up carers/shelter operators".

Nadine also included a couple of recent orphaned wombats that she has rescued and raised.



Can you help?

www.wildlifelivictoria.org.au/volunteer

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QUIZ?



Philosophy, Trivia & Quiz,



1. What is the name given to wooden carvings?
2. Name the intelligence agency of the UK?
3. Name the nuclear plant that closed for ever in Ukraine?
4. What is the basic principle of Miss Universe Competition?
5. What is heliport?
6. Haiti is an independent country of this seashore. Name the seashore?
7. Which ex-president of America was given the leadership in the peace activities of Haiti in 1994?
8. Name the Indonesian president who formed the movement called West Pacific Forum?
9. Which program is an agency of the United Nations that stands against pollution?
10. How many member states comprise the UN Environment Assembly UNEP?
11. Who came into power in Canada over three consecutive elections?
12. Which country's capital is Ottawa?
13. A city of one mile width and two miles length as 177 canals of 28 miles length. Name the city?
14. Fianna Fail is a political party. Name the country where it belongs?
15. On which date was the 'Good Friday Agreement' signed?
16. The point within the earth where an earthquake originates is called the...?
17. According to the laws of Israel, within what period of time should a new Prime Minister be appointed?
18. What is the scientific name for the lie detector test which is sometimes used by police to determine the truth?
19. What is the name of the National Intelligence Agency of Israel?
20. Which Prime Minister of Pakistan was in power when Nawaz Sharif went into exile in Saudi Arabia?



"Dare to Be"

When a new day begins, dare to smile gratefully.
When there is darkness, dare to be the first to shine a light.
When there is injustice, dare to be the first to condemn it.
When something seems difficult, dare to do it anyway.
When life seems to beat you down, dare to fight back.
When there seems to be no hope, dare to find some.
When you're feeling tired, dare to keep going.
When times are tough, dare to be tougher.
When love hurts you, dare to love again.
When someone is hurting, dare to help them heal.
When another is lost, dare to help them find the way.
When a friend falls, dare to be the first to extend a hand.
When you cross paths with another, dare to make them smile.
When you feel great, dare to help someone else feel great too.
When the day has ended, dare to feel as you've done your best.
Dare to be the best you can –
At all times, Dare to be!"

Steve Maraboli,

Life, the Truth, and Being Free

"Don't cry because it's over, smile because it happened."

Dr. Seuss

"Success is not final, failure is not fatal: it is the courage to continue that counts."

Winston S. Churchill

"Success is getting what you want, happiness is wanting what you get"

W.P. Kinsella

"Failure is the condiment that gives success its flavour."

Truman Capote

"Anyone whose goal is 'something higher' must expect someday to suffer vertigo. What is vertigo? Fear of falling? No, Vertigo is something other than fear of falling. It is the voice of the emptiness below us which tempts and lures us, it is the desire to fall, against which, terrified, we defend ourselves."

Milan Kundera

The Unbearable Lightness of Being

"I'm a success today because I had a friend who believed in me and I didn't have the heart to let him down."

Abraham Lincoln

Got a favourite?

Email: editor@waterlinenews.com.au

**FIRST FRIDAY
PHILOSOPHY**

- discuss the big questions of philosophy over lunch
- rediscover the lost art of thoughtful conversation
- hone your thinking skills

What is time? Why is there something rather than nothing?
Can machines think?
Do we have free will? Can you be good without God?
Are we rational? Do animals have rights? What is beauty?
Is war ever justified? What is the meaning of life?

Where: Harry's, 17 The Esplanade, Cowes
When: 12:30 for 1:00 First Friday of the Month
Cost: \$35 (includes lunch)
Booking: gurdies@australiaonline.net.au
Contact: Ian 0407 24 00 24 John 0402 442 284
(Places limited – book early)

QUIZ ANSWERS



1. Xylography. 2. M15. 3. Chernobyl. 4. Beauty with
bratins. 5. Airport of Heliopolis. 6. Caribbean sea.
7. Jimmy Carter. 8. Abdurrahman Wahid. 9. United
Nations Environment Programme (UNEP). 10. 193
11. Jean Chretien. 12. Canada. 13. Venice.
14. Ireland. 15. April 10, 1998. 16. Hypocentre.
17. 60 days. 18. Polygraph. 19. Mossad.
20. Muhammad Rafiq Tarar.

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Mutton Bird Special

Catherine Watson



“Shearwater birds on road. REDUCE SPEED!” the electronic sign warns as we approach the bridge to Phillip Island. The young birds are often found, grounded and bewildered, waddling on the bridge after their first attempt at flying comes to grief.

We’re headed for Forrest Caves, a beach walk between Newhaven and Surf Beach. I’ve been meaning to visit for ages. The name is so enticing. And it’s a perfect autumn day, sunny and crisp.

There is a “No Dogs” sign at the carpark. This is a sanctuary for shearwaters and hooded plovers. Another sign tells me that three plovers were fledged on this beach in the past breeding season, and 12 altogether on Phillip Island. It doesn’t sound promising for a threatened species but some years the tally is zero due to the presence of foxes, dogs, cats, king tides and other dangers. So 12 young birds is good.

At least the foxes are gone from Phillip Island, or so Phillip Island Nature Parks believes. That leaves dogs and their humans as their main threat, and a dedicated team of plover lovers patrol breeding beaches along Bass Coast cautioning owners to put their dogs on a lead and make a wide berth around nesting sites.

I try explaining all this to Matilda, our dog, but she still lets out a plaintive howl from the car as we climb the steps to the top of the sand dunes and disappear from her view.

She has a point. I think the shearwaters have left, and breeding season for the plovers is over. Still, there are other places where she can roam.

The beach is beautiful ... and deserted. No sign of plovers or shearwaters. Later my friend Linda Cuttriss, who lives on the island next to a shearwater rookery, confirms that the young shearwaters left just a few days earlier on their long migration to the coasts off Alaska.

“There were a lot of frantic footprints outside the burrows in the lead-up to late last week when the big winds and rain came on Thursday and Friday. They always wait for a big wind to get them going – a westerly or south-westerly to push them eastward along Bass Strait and back to the Aleutian Islands in the Bering Sea off Alaska. A long way to go especially when you’ve never been there before and your parents have already left.”

Linda also remarks that this year she hasn’t seen many carcasses of young shearwaters. Some years the beaches are littered with them, a heart-breaking sight. A report in Saturday’s Age notes that the bellies of many of these young shearwaters are found to contain plastic items – bottle tops, plastic toys – that the adult birds have mistakenly fed to their young. The malnourished chicks can barely fly, let alone tackle the vast journey to Alaska.

I wonder whether “our” shearwaters have arrived at their destination yet, and how they are getting on up there. It’s coming on for summer in the northern hemisphere but that doesn’t mean they are headed for a tropical paradise. This week’s forecast for the Aleutian Islands is for wind and rain, with temperatures ranging between 2 and 8 degrees on Saturday.

On the way home from Forrest Caves, we call into San Remo. In front of the Fisherman’s Co-op, I spot a sign. “Mutton bird. A whole bird, grilled to perfection, served with garden salad and sweet chilli sauce. \$19.50”

In case you don’t know, shearwaters and mutton birds are one and the same. Not 100 metres from the sign asking motorists to slow for the shearwaters, they’re serving them up to tourists!

My old neighbour Jim Bell (now sadly departed) once told me that people used to wait at the bridge for the young birds to

crash land, then grab them and stuff them in a sack to take home for the pot. The target was always the big fat juicy baby shearwaters as they are all plumped up and ready for the big flight.

But you had to keep an eye out for the law. “Even if you pick up a dead mutton bird, you get fined just as much as if you caught one,” Jim said.

“There was all sorts of schemes went on. A friend of mine, a cop – he’s dead now – used to go mutton birding on Anzac Day because the inspectors were all returned men. They got good jobs with the Protected Game and they’d all be away at the Anzac march. So they’d go over in the daytime pinching the birds. That was the free day. Every bugger’d be over there.”

The taste is not for everyone, as Jim explained. “You wouldn’t want to eat them every day, but they had a flavour all of their own. They lived on fish and that’s what made them rich. They’re beautiful. They’re only a little bird, about as big as a domestic pigeon.

Jim’s wife Dot used to prepare them, complaining all the while at the fishy smell. “She’d season them and roast them, then let them get cold. I couldn’t eat them hot, they were too oily, greasy hot. I’d have them the next day.”

Many years after that interview with Jim, I look at the bridge and I look at the co-op, not 100 metres away, and I think ... surely not.

The truth is more mundane. Killing mutton birds on Phillip Island remains illegal. However, there is limited commercial harvesting of young mutton birds from islands in the Bass Strait by local Aboriginal groups, who process the birds and send them to the mainland.

For what it’s worth, it’s not our mutton birds the co-op is serving with a garden salad and chilli sauce.



**Shearwaters, leaving Phillip Island
(Pic - Roland Pick P.I.N.P)**

Greg Hunt MP



**Federal
Member for
Flinders**

**Minister for
Health.
Minister for
Sport.**

It has been a time of significant announcements for the Waterline community, with two amazing projects of particular note to locals.

I was fortunate enough to visit the National Vietnam Veterans Museum in Newhaven to announce that the Federal Government is investing \$5 million to help the museum create a larger and much improved museum complex.

The Museum has collected over 20,000 artefacts from the campaign, educated locals on an often forgotten war and provided a focal point for Vietnam Veterans across Australia.

This funding will help ensure a fitting and lasting tribute to our returned veterans and those who made the ultimate sacrifice.

This injection of funds will provide the Museum with the capital to undertake necessary works to see their new museum

site move from conception into reality.

The funding marks the beginning of a five year project to be completed by 2023, to coincide with the 50th Anniversary of the withdrawal of the last Australian troops from Vietnam.

I had the honour and privilege of announcing this funding at the Museum and it was incredible to see the outpouring of emotion from this amazing community and their supporters.

The Museum has done an amazing job in the local community and I can't wait to see their new facilities once completed.

As one amazing project is now underway thanks to the Federal Government, another has successfully reached its completion, as Newhaven College officially open the doors of its new Senior School and Science, Arts & Technology Wing.

These new facilities will have a tremendous impact on students' learning potential and take into account the latest in educational research, helping students learn more effectively.

While I know it was with a heavy heart that the school said goodbye to the Boys Home Road campus, to have all the Newhaven students on the one campus is an amazing sight.

This is the first time in Newhaven College's history that Prep to Year 12 will be together at the one campus and it will help build on this already incredible school community.

I'm proud to be part of a Federal Government which committed \$1.4 million in funding to help the school create these amazing facilities for their students.

You are also more than welcome to contact my office directly at 03 5979 3188 and by email at greg.hunt.mp@aph.gov.au at any time to discuss your issues.

Greg Hunt

Greg Hunt's office details are:

**4/184 Salmon Street (PO Box 274)
Hastings 3915**

Email: greg.hunt.mp@aph.gov.au

Tel: (03) 5979 3188

Website: www.greghunt.com.au



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www.basscoast.vic.gov.au**

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T: 1300 226 278**



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Please contact my
office if I can assist
you with any State
Government matters



**talk to
BRIAN**

9 McBride Ave, Wonthaggi 3995 ☎ 03 5972 4755

brian.paynter@parliament.vic.gov.au @brianpayntermp

Authorised & Edited by Brian Paynter MP 9 McBride Avenue, Wonthaggi 3995. Tel: 5672 4755
www.brianpaynter.com.au. Funded from Parliament's Electorate Office and Communications Budget.

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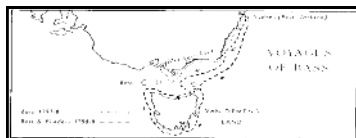
History



Bass Valley Historical Society



Libby's Corner *With Libby Skidmore, Historian.* *Bass Valley Historical Society*



BASS VALLEY HISTORICAL SOCIETY

A Brief History

Our society began with a very generous gift. Moved Mr Touzel, seconded Dr. Morris

“ that the fund and other assets of the committee be held in trust by the four trustees and subsequently at their discretion be passed to any duly constituted historical society which may be formed to further the interest in historical matters relating to the Eastern sector of Western Port”

The committee referred to was a group of local Corinella people and historians from SEHA who had planned and organized the Sesquicentennial celebrations held in December 1976.

These celebrations were planned to commemorate the formation of a military post in Western Port which was the first ‘bricks and mortar’ settlement in Victoria. During the 1970’s the interest in local history became more noticeable and many groups began to be involved in Victoria’s past. The celebrations were no doubt prompted by Dr. Keith Bowden’s book “The Western Port Settlement And its Leading Personalities” which was published by the SEHA in 1970. The Shire was also involved and that first committee was led by Cr Bill Belfrage who realized the importance of these celebrations to this community. Activities included a re-enactment of the first landing, an open air Thanksgiving service, an exhibition of artefacts, a reunion and a Colonial Ball. The four day celebration firmly brought Corinella’s history to the fore and many members of the Sesquicentennial Committee believed that a historical society was viable.

An inaugural public meeting was held in February 1977 and the first meeting of the new society was held on 18 March 1977 in the Corinella Hall. Elections were held and Cr Belfrage, Mr H. Kemp, Mr. T Horton and Mr. G. Marsh were declared an inaugural executive. Various names for the new society were discussed and it was decided to name the society “Bass Valley Historical Society”. Other plans for the society’s future were made and the constitution which outlined the aims of the society was adopted. The society then declared to “collect, document and research this history of the area, to archive the

material, to disseminate the historical knowledge to the wider community and to foster a pride in our communities past” In December 1978, Mrs Skidmore suggested that the society start a group project and so the Anderson file was begun. For the next several years the Anderson project was agendered at every meeting and all the members were involved in research projects.

Finally the book was written, we all proof read the work and on 26 November 1983 “The Anderson’s of Western Port” was launched. The book sold well and still sells regularly these many years later. The next book project was also a group effort. “The History and Beauty of the Bass district” began as an idea for a bus trip from Lang Lang to Bass. The booklet contains maps by Tom Horton and our Leadbeater Possum logo which was drawn by Ethel Pike, Tom’s sister who was a noted artist. This booklet was launched in March 1986. Ten years later in 1996 it was decided to extend the booklet to include the Anderson Peninsula, San Remo, Kilcunda, The Powlett and Dalyston. The second edition was relaunched and has become very popular with visitors to the area. The planned bus trip that was the inspiration for the tourist booklet never took place although I do know of families who have used the booklet as a guide to the Bass Valley district.

The society has also been involved in several other publications. In 1988 Jack Smith who was closely involved with Bass decided to photograph and list the honor boards and cenotaphs in the Shire. He proudly presented the paper and its subsequent book to the society in 1988. In 1997 as part of the Bass Bicentennial celebrations it was decided to print as a monograph Ken Morris’ book ‘George Bass In Western Port’ Ken had presented this paper and another entitled “George Bass and the Convicts” to the society and also at the Bicentennial dinner. It was exciting choosing the color of the cover and I was proud to be asked to do the cover drawing. Valda Cole launched the book on October 27th 1997. Our most recent launch was Nell Dolphin’s book “Corinella as I Remember It” This book has been so successful that copies are no longer available. It has been one of our society’s proudest actions to support our members in the production of fine books about our area.

...../27

GBH
GEORGE BASS HOTEL

Cranbourne Shire Historical Society
Contact - Polly Freeman - (03) 5998 3643
pauline.freeman2@bigpond.com

The Koo-Wee-Rup Swamp Historical Society.

Heather Arnold 0407 521 637
harnold@dcsi.net.au

Lang Lang & District Historical Society

Secretary Peter Hayden 5997 5114
ralph6@dcsi.net.au

Phillip Island & District Historical Society

Contact 5956 8501,
history@waterfront.net.au



Railway Station Museum

Murray Street, Wonthaggi
Phone:

Irene 03 5672 1830
wonthaggihistosoc@dcsi.net.au

Secretary: Opening hours:
Tues & Thurs 10am-3pm
Saturday 10am-2pm

The society meets at 7.30pm on the 3rd
Thursday of the month at the museum.

Next month in The Waterline News History



A 100 year old mystery.
of a long lost great-uncle
who may have lived in Loch
in 1927 and 1928.



The story from Cathy
Jones on Bird’s
Bakery in Grantville.

Plus much more.

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Grantville History

Bass Valley Historical Society History - continued

During 1997 planning was begun to celebrate the Bass Bicentennial events. Members of the society Don Stevens and Libby Skidmore joined SEHA and shire representatives to plan dinners, displays, celebrations and plaques around the shire in the places George Bass visited. Lumps of rock were placed at San Remo, Rhyll, Bass Landing and Bass. Re-enactments with soldiers, sailors and fair maidens were popular. Trees were planted, some of them still live and many speeches were made. My lasting memory is of the plaque unveiling at Bass Landing. As Ken Morris spoke and Don Stevens filmed our attention was grabbed by a dolphin frolicking up the Bass River. What a joyous moment that was!

The Society has been involved in the erection of many of the monuments in the Shire. In 1977 a memorial to George Bass was planned for the Bass Park. After several false starts a reflective pool with a map and panel about Bass was unveiled. In 1984 the reverse side of the monument was dedicated to Samuel Anderson our first pioneer settler. In 1979 a Pioneers Memorial was placed in a cutting on the road to Loch to remind us of the hardships and trials of our early pioneers. The Strzelecki monument at Corinella has had a varied history. In 1927 The Victorian Government placed a plaque on the red brick obelisk, and later Charlie Tarra's name was added. In 1996 the names of the convicts who accompanied Strzelecki were added and the Polish Historical Society came to celebrate with us.

We have named roads, walks and parks. We advise on subdivisions and our research is widely used by people seeking family information. We attend both as visitors and speakers to neighbouring societies, conduct courses at the community centre and guide walks through the town and at the cemetery as a regular contribution to the community. We even sponsor a section in the local Art Show!

The work of the Bass Valley Historical Society has been recognized with four of our members being given "Awards of Merit" by the Royal Historical Society of Victoria.

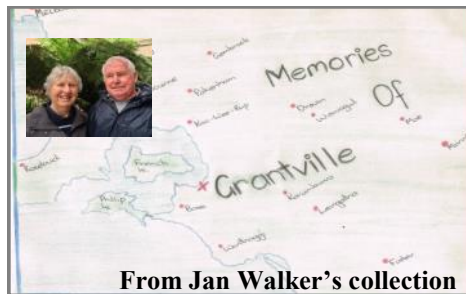
We must continue to grow and share the historical research we find with the people of our community.

The stories of Corinella and the other towns of the valley are important. They provide a window to the past through which we can influence the future.

New members welcome, visit our new website.

Libby Skidmore

www.bassvalleyhistoricalsociety.com.au



The Grantville Iron Mining Company Kim Walker

In November 1909 a meeting was held in Grantville for the purpose of forming a mining syndicate to prospect the mineral deposits found in the local area.

A deposit of iron ore that contained traces of gold and silver had been found.

Limonite and manganese has also been found in parts of the district.

The paddock in which it was found was known as "Bates Paddock", abutting the Almurta Road, running back towards the creek at the rear of the Mechanics Institute And owned by J.T. Paul.

A two ton sample of iron ore was forwarded to an assayer for analysing and this sample yielded 68.3% of iron and traces of gold and silver.

A decision was made to form a company as more capital was required to exploit the deposit.

The company became known as the Grantville Iron Mining Company and shares were sold locally at five pounds each, in an effort to keep control of the company.

An application for a mining lease was made by the company of 25 November 1909.

By this time the report of the Government geologist became available.

His report was not very favourable and the company then withdrew its application and ceased to operate.



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The Bass Valley U3A's Local History Group meets monthly in Grantville.

There are vacancies in the group, which requires U3A Membership (\$30 p.a), which also allows you access to all U3A groups, vacancies permitting. (See page 7).

The group has launched the website:

www.grantvillehistory.com.au

and has also launched a free subscription e-newsletter. **The Western Port Times**, which is available for download from the website, or emailed direct to you each month.

The June edition of The Western Port Times will feature our long awaited document Cyril Dolphin's thoughts on Grantville, thought to have been written some thirty years ago.

Letters

Hello to Waterline News,

I recently picked up one of your editions and really enjoyed it. I love a bit of history, so thought I would share some from my ancestors about the district.

My family are Watson and Luke connections originally from Glen Forbes. I loved reading about the stage coach because my Nan told me that she went to Lilydale College and when I asked her how she got there she said by Stagecoach.

I don't know what age she was but I am thinking 14, maybe? I cannot imagine a young girl going off on her own at that age, and she must have had to change coaches a few times, and how many hours/days would it take? And so far from home!

Another story I loved was moving from Glen Forbes to Cowes. Pop Luke saved enough money from trapping rabbits in the Bass Hills to purchase 60 acres in Cowes in 1932. My mum told me they set off with horse and jinker and all their possessions with the cow tied at the back. They had a stop at the Simpsons farm out of San Remo for refreshments. Next the punt across to the island and then finally on, to Cowes. What an adventure for a 6 year old!

I have cousins that used to live at Grantville and worked in the family bakery, they now live at Cohuna, up above Echuca and I asked them to write a bit of history on their bakery.

Cathy Jones

We will have this story on Bird's Bakery for you in the July edition. Editor

This History segment is supported by the

South Gippsland SENTINEL-TIMES

History

Our History by Noelene Lyons Wonthaggi Cemetery Niche Wall.



Our Niche Wall has had a steam clean and all rubbish removed and looks great. Mr. Geoffrey Atkinson was so impressed he is seen at the niche which he has just reserved for himself.

Are you thinking about placing family ashes/or bringing down family ashes from Springvale Crematorium or another cemetery to be in the area with family or reserving your niche?

We have only 58 vacant niche holders at present, so if you are interested please contact Belinda Egan at Wonthaggi Cemetery Trust 1300 226278.

Have you purchased a niche over the years 1994 or earlier – 2016? We have quite a few niche reservations but no names or names with no contact details. It would be appreciated if you could contact Belinda Egan and have your details recorded and your reservation updated and checked.

If we do not receive a response the Wonthaggi Cemetery Trust will make these reservations available for purchase again.

Also have you purchased/or placed a reservation for a BURIAL Plot from the Wonthaggi Cemetery Trust from June 1994 to the end of Dec 2016 and only have an ordinary receipt or a Memo from Sexton Receipt.

If you have this type of receipt could you please contact **Noelene 56724739 or email noelene@dcsl.net.au** so as she can update your burial purchase “If you just wish to check to make sure your receipt is correct just ring me.”

New History Magazine



Traces magazine is for anyone interested in this country's history, from ancient Indigenous heritage to European settlement, local history, artefacts and family genealogy.

Launched in December 2017,

Traces is the only quarterly printed magazine dedicated to providing its readers with insight into the latest historical research, news, events and heritage projects taking place around Australia. The expert voices of historians, researchers, heritage professionals, genealogists and journalists uncover the fascinating characters and stories of our past.

Traces editor, Eden Cox told us: “Over the years, I’ve dreamed about creating an Australian history magazine. I imagined it to be full of the untold stories, the forgotten characters, and the mysteries and secrets of the past. I pictured a group of readers just as fascinated by history as I am. What I’ve learnt in the process of building this dream magazine is that these readers really do exist. I found a commonality with colleagues who opened up about their secret love of history. Strangers and friends alike got in touch with me to share article ideas, tell me the stories of their ancestors and recommend resources.

The magazine that you hold in your hands is the product of all of these inspiring stories and ideas, as well as the hard work of the Traces editorial team and our contributors. As many of you will know, Traces follows in the footsteps of another Australian history magazine, Inside History. Editor Cassie Mercer built this impressive and award-winning independent publication over many years, and when she announced that Inside History would sadly print its final edition in 2017, I thought that the stars had aligned for a collaboration!”

traces@executivemedia.com.au.

End of an era

(Cover Pic)



The rail motor pictured on this month's front cover, in September 1977, was one of the last passenger trains to run on the Nyora - Wonthaggi Line.

The service ended in December 1977, while freight trains continued on for another year.

Phillip Island resident

Graeme Reid has a number of videos on

YouTube, including

one featuring the

railmotor on the

Wonthaggi line. Have a look:

<https://www.youtube.com/watch?v=POVGLChLq4>

It will also bring up links to many other great train videos.

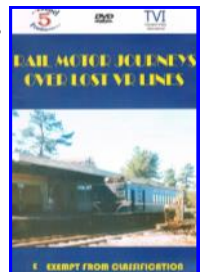
Graeme also has a number of great videos on Wonthaggi which we hope to tell you more about soon.



Channel 5 productions has a great DVD in their collection, titled:

Rail Motor Journeys over closed VR Lines.

The DVD includes good coverage of the old Wonthaggi Line, with a glimpse of all the stations between Nyora and Wonthaggi.



Fantastic Stuff, if you are seriously interested in the history of rail in the local area, get your copy now.

\$34.50 plus postage and handling.

www.channel5productions.com



Powlett Lodge No. 611 Meets at the Wonthaggi Masonic Centre 17 Edgar Street Wonthaggi
1st Wednesday each month at 7.30pm.

Woolamai Daylight Lodge No. 277 Meets at the Wonthaggi Masonic Centre
3rd Tuesday each month 10.am. except June July August & September

Phillip Island Lodge No. 512 Meets Phillip Island Masonic Centre, Church Street Cowes
2nd Wednesday except June July August

Membership & visitor enquiries - Glen Richards 0419518351

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Helping our environment

Exciting times are afoot for Boomerang Bags Phillip Island and San Remo



Since forming and having their first sewing bee on the 19th of March 2017, the group has sewn 6386 reusable bags for the independent supermarkets and selected shops of the Phillip Island and San Remo area.

Co-ordinator Kylie McMurray is understandably proud of this achievement. When asked to comment on this milestone, McMurray was understandably enthused, stating "I would like to acknowledge everyone's effort in this monumental achievement. It does not matter if you ironed a strap, pinned a pocket, hauled fabric around, packed cars, unpacked cars, made a cup of tea, made several cups of tea, cut fabric for bags, sewed a bag, sewed a hundred bags, printed pockets, stamped labels, hosted sewing bees in your own homes, donated fabric, donated irons, donated cottons, donated anything. Congratulations, each and every one of you have been a part of this effort!"

The benefits to the environment from this activity cannot be understated. In the short space of just over a year, 1925 kilograms of waste have been diverted from landfill in savings of single use plastic bags alone, an incredible 11,550 kgs of CO2 has been saved and the impact on the local marine ecosystem has also been positive. "As a tourist destination and vital marine habitat, it is critical that we reduce the massive amounts of marine debris causing havoc on the local fauna", says McMurray. "Boomerang Bags are an aspect of the solution helping us to improve the health of our local waterways and ease the pressure on our seal and penguin population through the reduction of harmful plastics into their environment." Boomerang Bags can be found in a number of areas on Phillip Island and San Remo in their distinctive wooden boxes, made for the community by the Cowes Men's Shed and local community member Randall Joseph.

"It is great to see the positive impact Boomerang Bags has across the community through the massive support that local groups happily throw themselves into for the initiative", explains McMurray. The boxes are stocked weekly with the

outputs from the sewing bees run at the Phillip Island Community and Learning Centre (PICAL) every Wednesday from 10am-4pm and are frequently emptied by the enthusiastic local supporters of the group who would prefer to use an environmentally friendly alternative to the standard single use plastic bag.

The bees themselves are an excellent activity for local residents, providing not only a chance for experienced sewers to practise their hobby, but also for beginners to learn new skills and is also an excellent social outlet for those in the community who are isolated or new and looking to meet other like minded people. The weekly sewing bees are hubs of activity and laughter and those who regularly attend have mentioned how Boomerang Bags has become an integral part of their week's activities.

There has been some criticism towards the method of distribution in the past. The "Borrow and Reuse" bags philosophy is based around the concept of taking bags from the outlets, using them and "Boomeranging" them back again for others to use. It is not unusual to find the local boxes empty towards the end of the week, leading to some feeling that the idea is not succeeding. McMurray disagrees. "Yes, the boxes in the shops may be empty and the bags don't "boomerang" back but the conversations that these little bags of love have the potential to start as they head off to all parts of the planet is enormous. Who would have thought even 12 months ago the changes happening now regarding single use plastics would have occurred? It is not enough but it is a start, and as such we will continue to produce bags and have the conversations about the damaging nature of all single use plastics when and wherever we can."

This opinion is borne out simply by observing the local residents of Phillip Island and San Remo as they go about their daily routine. It is becoming common to see these bags in the hands of people on a daily basis around the area, so clearly something is working well with this system, regardless of what the nay-sayers may opine.

However, this effort is not without costs to the Phillip Island and San Remo chapter of Boomerang Bags. Whilst all the fabric used in the creation of the bags is donated, the group as a large number of running costs, including:

- Sewing machine and overlocker servicing and maintenance
- Needles
- Cottons
- Scissors and scissor maintenance
- Printing Ink

- Silk Screens
- Labels

In order to help meet these outgoings, the group also produces a range of "Bought to Support" bags, sold at numerous local markets, shops, cafés and events in the local area. Proceeds from the sale of these bags are used to pay the running costs and keep the group operational. In all other respects, the chapter is completely not-for-profit.

The future is bright for Boomerang Bags Phillip Island and San Remo.

Not only is the group thriving in terms of membership and volunteers, but it is now also involved in a fledgling movement known as Totally Renewable Phillip Island. The aim of this initiative is to obtain 100% renewable energy generation for the Phillip Island area using a variety of technologies such as solar, tidal and wind based power, and also to continue the work of pushing to remove harmful plastics from the local area.

"We believe this initiative is complementary to Boomerang Bags and can only result in a much more sustainable local environment" says McMurray.

"As we move towards our first public meeting on 24 June, we are excited by the possibilities and can't wait to share more around our plans with the local community."

The first public meeting of Totally Renewable Phillip Island will take place at the Cowes Cultural Centre on 24 June 2018 at 2pm. All are welcome to attend who have an interest in renewable power generation. It is clear that Boomerang Bags Phillip Island and San Remo is enjoying great success since its formation just over a year ago.

The future looks bright for this small group of environmental movers and shakers.

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POET'S CORNER
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Lost Threads of Communication

How swift the years seem to have sped,
 From "Training Pants" to pierced ears!
 Memories like gossamer shadows ride,
 On fleeting wings of yester years.

What pride and joy swelled my maternal heart,
 When the depths of my soul I saw mirrored,
 In your bright childish, adoring eyes.
 And I held your tender heart in my hand.

That intangible thread that once bound hearts
 And minds in unison, has been destroyed.
 We've lost both ends and search as I may,
 That delicate thread I can no longer find.

If I scaled the mountain of your indifference
 To reach the pinnacle of your mind,
 Would I be any closer to you or would you
 Still remain as remote as the Sphinx?

And if I sailed the ocean of your isolation
 And dimly glimpsed the horizon of hope,
 Would I reach the haven of your heart?
 Or be tossed adrift on waves of ingratitude?

May you safely steer your course,
 Through treacherous rapids of Life,
 And let my love and faithful prayer,
 Be your Beacon wherever you may roam.

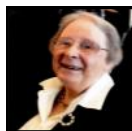
Perhaps someday at Journeys End,
 When you weigh anchor as you surely must.
 I will be there with arms wide open
 And gladly bid you "Welcome Home"



Nalini de Sielvie

Writing

Another piece from regular Contributor E.E (Betty) Caldwell, with thanks to Maree Silver.



New

What were the original navigators told, if anything, about naming their discoveries of fresh lands? Did orders from on high insist they perpetuate their homes with New - Brunswick, Caledonia, Guinea, Hebrides, Ireland and many, many more? That great hub of activity, New York, was named New Amsterdam when the British wrenched it from the hands of the Dutch who won it back a few years later and renamed it New Orange. That didn't last long - a matter of months - but the strange title led to the twisting of words to the present day's affectionate Big Apple. It is rather surprising

America did not seek to sever all connections with the Mother Country but they maintained the original names for their states - New York, New Jersey and New Hampshire. Perhaps they felt obliged to retain their French ties or possibly it was part of the Louisiana Purchase that that State and its chief New Orleans (now slurred into Norleans) should not be altered. Maybe Donald the Fearless will now rename New Mexico Trumpville. Closer to home, Captain Cook thought part of our eastern coastline resembled south Wales so of course he tacked New in front and we've put up with it ever since. By the time he sailed across the ditch to the Land of the Long White Cloud Abel Tasman had already branded it New Zealand. Cook promptly claimed the shaky isles for Great Britain but apparently did nothing to Anglicise the brand. We here did not suffer Van Diemen's Land for too long feeling Tasmania rolls off the tongue far more easily. Now while we're on the subject, how do you enjoy living in our great southern continent? How about we simply settle back in our home sweet home, the dear old land of Oz, and rejoice in the fact that it's no longer the double Dutch of New Holland as we say thank you to Matthew Flinders? We all prefer Australia too.

E E Caldwell

Travelling light - Self discipline for air travel

I try my best to pack only enough to make my weeks away from home comfortable.



When I say comfortable I do not mean bringing my favourite pillow along for the ride. I am talking about the clothing to prepare myself for all sorts of weather and occasions. Even at the height of summer in Europe, a day of foul weather would send you rummaging for the cardigan you have tucked at the bottom of the case. The only place I can be sure of constant temperature, (very hot), is Malaysia. Even over there you have to come prepared with a wrap or a cardigan as the citizens of the hot and humid country love nothing more than to set the temperature of their air-conditioner, in their vehicles and homes, at what I would call freezing cold.

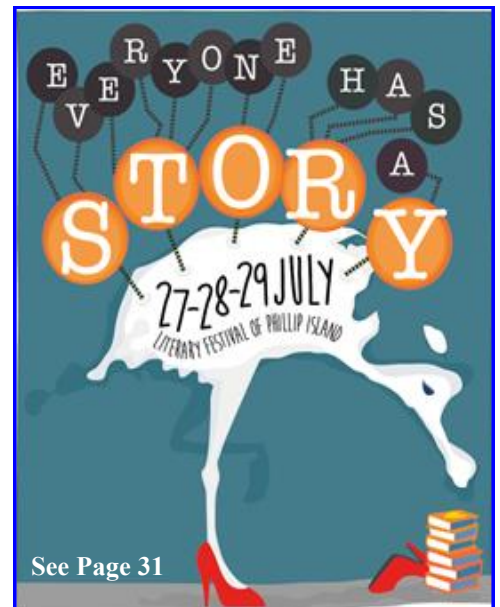
With every trip I try to discipline myself but I will end up with a case I can just zip shut after much pushing and squeezing. Of course it has to be within the weight limit, which is just as well, or I would bring along the kitchen sink to be on the safe side. My underlying fear of being without, is my undoing. I hate the thought of not having

clean clothing to wear and when you are moving around that possibility is only too real. I would bring the extra items of clothing, just in case I do not have the time to do my laundry, and in nine out of ten times I would be washing and wearing the same set of slacks and shirts and T-shirts that the unused clean attires would remain at the bottom of the case, a reminder of my folly.

Accommodations come not only with breakfast, but with soap and shampoo and most of the time with a hair dryer, but I do not feel ready unless my toiletry bag is equipped with my brand of shampoos and cream and my small hair dryer. They add to the weight of the luggage. And then there are a few presents to consider. I try not to bring more than one book as a small volume can weigh close to half a kilo. These days I depend on my Ipad for reading materials, as well as for the dictionary and the translating service. I no longer carry a guide-book as my Ipad can provide up-to-date information of the places I will be visiting.

If I were of strong character I could travel with nothing more than just a change of clothing and shoes and my Ipad and a notebook. They would come within the weight limit of cabin luggage and would make for a quick exit of the airport after a long flight. I know a couple of people who are so disciplined all they would need for a few weeks overseas is their cabin bag. I suspect they would have a few layers of clothing on, and have no need for a toiletry bag as they could easily purchase toothbrush and paste at their destination. I, on the other hand, would want all my needs in my luggage, denying me that freedom to walk on and off a plane without any encumbrances. That however, requires inordinate self discipline.

Razmi Wahab Razmi13@yahoo.com.au



See Page 31

Writing

Luminous Galleries

Tenby Point Winter Solstice Festival of Lights

Grab a group of friends, rug up, jump into the car and head to the Luminous Galleries in June. All five towns will have wonderfully creative lighting installations on show.

On longest of nights of the year, Tenby Point will light up. Tenby Point residents will share their hospitality and their gorgeous environment with you between Friday 22nd and Sunday 24th June, with the most special night of all on Saturday 23rd when musicians Nikki and Pete will fill the air with their evocative, ethereal music.

Lisa Burrell, who created a fish trap installation during May over the Corinella lights, is also the lead artist working with community for the Tenby Point Winter Solstice Festival of Lights.

Lisa's "historical remnants" designs underpin the evocative lighting the Tenby Point community is currently creating for their most special night on the 23rd June. There will also be live music, hot food and a very convivial atmosphere after dark.

The foreshore precinct will feature floating installations and the natural features will be highlighted for just this few nights of the year – not to be missed.

This festival is Tenby Point's contribution to the Luminous Galleries project, and Tenby Point residents are proud to present their hamlet at its most creative and dramatic.

Remembering John



JOHN Clarke's memory will live on at the Literary Festival of Phillip Island with an annual dedication.

Professor Tim Flannery will be guest speaker at the dedication at the opening of this year's literary festival on Friday, July 27. He's expected to speak on "the good news for John's birds" in reference to the birds of Phillip Island, whose habitat John worked so hard to protect.

John's multi-faceted genius will be honoured by the event, which started with an impromptu and moving dedication by Bryan Dawe and Andrew Denton at last year's inaugural festival.

John, who died suddenly on April 9 last year, was a much loved part-time resident of Phillip Island for many years with his wife Helen and daughters.

Members of the Story Gatherers have been working with John's family to organise this year's special event.

'We're delighted that Dad will be remembered by the Phillip Island Island Festival,' John's daughter, Lorin Clarke, said. "We hope the annual dedication will provide opportunities for creative people and audiences to connect in one of Dad's favourite places, Phillip Island."

In his book "Tinkering" John provided the following hilarious account of his activities: "Travelled extensively through Holy Lands, then left New Zealand for Europe. Stationed in London 1971-73. Escaped (Decorated). Re-joined unit. Moved to Australia 1977. Held positions with ABC Radio, ABC Television. various newspapers and Australian Film Industry. Went on to become a freelance expert in matters of a general character. Recreations: Whistling."

John's passions, talents and interests were so diverse that the Story Gatherers have a wide ambit to choose topics, writers and performers for future dedications to John's memory in festivals to come.

A conservationist, John worked to protect the seagrasses of Western Port and loved sea and shore birds. Phillip Island is part of the Ramsar International Agreement to Protect Habitat of migratory birds.

Kay Setches, the Vice President of The Island Story Gatherers, said "we had to have a guest speaker with a topic John would have approved of. John was an avid photographer of birds. We owe it to John's efforts as a bird conservationist and watcher to have an address by Tim Flannery"

There will be an additional speaker for the Dedication on Friday evening, who will be announced a little later. The Festival will be held on the weekend of Friday to Sunday, July 27 to 29.

Information available at Literary Festival of Phillip Island or at Turn The Page Bookshop In Cowes.

<http://www.theislandstorygatherers.com/copy-of-home>



Luminous Galleries

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<p>JULY</p> <p>7 July – 29 July</p> <p>ARMISTICE CONTRADICTION by Wayne Maschette and friends</p> <p>The Armistice of 1918 was about peace forever more. There have been so many wars in the 100 years since.</p>	<p>7 July – 29 July</p> <p>WATERLINE FAMILY EXHIBITION</p> <p>The child winners of the Bass Valley Primary School competition have drawn on the help of their families to create this surprise set of sculptures.</p>	<p>7 July – 29 July</p> <p>THE DISAPPEARING TREE OF LIFE by The Team from Maru</p> <p>Our creative response to the endangered and extinct wildlife in our region.</p>	<p>7 July – 29 July</p> <p>WATERLINE FAMILY EXHIBITION</p> <p>The child winners of the Bass Valley Primary School competition have drawn on the help of their families to create this surprise set of sculptures.</p> <p style="text-align: right;">JULY</p>
<p>AUGUST</p> <p>4 August – 26 August</p> <p>YOUR TITLE by You</p>	<p>4 August – 26 August</p> <p>YOUR TITLE by You</p>	<p>4 August – 26 August</p> <p>YOUR TITLE by You</p>	<p>4 August – 26 August</p> <p>YOUR TITLE by You</p> <p style="text-align: right;">AUGUST</p>

Close the 2018 Luminous Galleries program with an idea of your own. Get in touch to register your interest. It's so simple to invent something!

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Grantville Foreshore Committee



The Committee continues to do what it can to preserve and protect the foreshore reserve north of Grantville as far as Pioneer Bay. The main items to note so far this year:

Contractors have sprayed the weeds, mainly blackberry

The public access step to the beach at Stewart St has been redesigned to make it more user friendly

The next meeting is set for the 14 June at 6 pm at the transaction centre when we hope to welcome Mr Rodney Croft, the new DELWP program manager responsible for this area. All welcome.

Eric Hornsby
Chair 0417 222087

The Corinella Foreshore Committee of Management needs your help.

We are dismayed to report to our community that our foreshore is under increasing threat from illegal activity. Over the last few months, we have found an increasing number of instances of vandalism and illegal dumping on the northern and western foreshore of Corinella. Large branches and small trees have been sawn off, young trees have been broken and kicked over, and garden waste and soil containing invasive weeds has been dumped in piles amongst the native vegetation.

In addition to the environmental damage caused by these illegal activities, increased time, effort and expenditure will be required by our committee and the volunteers who support our work.

Effort and money which could otherwise have been spent on improving our foreshore environment and amenities must now be spent to attempt to rectify the damage caused by a few thoughtless and selfish people.

The committee wishes to avoid resorting to large signage or surveillance as has been used elsewhere, and want to ensure that the foreshore reserve remains enjoyable for all members of the community and many visitors to the area.

Information about the value of the foreshore reserve to the community, the environment, and as habitat can be found at www.corinellaforeshore.com.au

We appeal to all community members to help us, by referring any information you may have to us about those responsible for these illegal activities, either via our email address corinellaforeshore@gmail.com, or report to Bass Coast Shire Council Bylaws Officer on 5671 2211

The Secretary,
Corinella Foreshore CoM
46 Smythe Street
Corinella Vic 3984



Letters to the editor

Politically, it's easier to forget Grantville's problem

In "All Quiet on the Erosion Front" (*The Waterline News*, September 2017) a number of questions concerning erosion at

Grantville were raised in the hope it may prompt somebody in authority to take an interest in Grantville's problem, but so far, no such luck. However in subsequent editions, some questions were answered and thanks to a report by Chris Harty, *Mangroves in Western Port Discussion Paper*, February 2011, the following may give some insight as to why the Malcolm Drive sea wall fell into disrepair.

- It was built in 1974 and was "constructed at about the height of the highest astronomical tide".
- It is believed that there was no rock armouring placed in front of the wall, and with low sand volumes in front of the wall and as the "dominant direction of sand transport is northwards", these factors may have contributed to its demise. On the other hand, the Pier Road sea wall was, and still is, 'protected' by "rock armouring fronting a sandy mudflat."
- It would seem its height may have been insufficient to stop water washing over it during king tides/storm surges thus subjecting the low lying vegetation behind it to inundation; this too may have contributed to its demise. In contrast, the higher 'built environment' behind the Pier Road sea wall has probably helped maintain its integrity.

The Malcolm Drive sea wall was built under the Whitlam Government's Regional Employment Development (RED) Scheme; its construction cost has not been established.

It's hoped the answers to the original questions have been helpful and prompted some community thoughts on ways to deal with Grantville's erosion problems. As the headline suggests, it would seem the community is going to be left to deal with the issue for some time to come as politically, Grantville "is still a long way from Spring Street" and it would seem, from Canberra too.

Just ask George ...



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Bass Highway Grantville

Western Port Ward Update

Western Port Ward Update
Crs Geoff Ellis, Clare Le Serve and
Bruce Kent

JUNE 2018



The first half of 2018 is almost over so the end of this financial year looms.

Time to start hunting down those receipts and group certificates, eh?

Before we turn to fiscal matters, we'd like to congratulate the Corinella Art Group. They held another successful Traditional Art Show over long weekend just gone. Many people attended and, as always, it was a privilege to be a small part of the opening and get an early look at the creations of our talented artists.

We congratulate the prize winners. This was the group's 26th annual show and the sustainability of this show and the Modern Art and Photography event speaks to the abundance of artists, musicians and creative people with in Bass Coast. Living in such a beautiful place provides plenty of inspiration.



Talking about artistic endeavours, the luminous galleries of The Edge of Us are now displaying their second set of locally conjured artworks.

These pieces are changed on a monthly basis as part of the ongoing legacy of this, sometimes controversial, project that has helped to bring the towns of The Waterline together. "Well done" to everyone involved and I look forward to seeing all the galleries in my meanderings.

I won't pretend that there aren't some issues around the Grantville site and I can

say that Council is working with the community to improve the amenity of this area.

We appreciate the feedback we have received and, as always, look forward to positive discussions on the way forward. As for matters fiscal, Council's annual budget is produced after many months of deliberation. Countless briefings and workshops ensure that we don't squander the rates.

These meetings can get heated. There are over 20,000 individual line items to be scrutinized. Strong presentations produce robust discussion as nine councillors, representing three wards, tussle over the financial resources needed to deliver the services and assets that people across this shire have told us they want.

Having to stay under the rate cap is a strong motivation to have a high performing team at the Civic Centre and out in the Shire.

A programme of service reviews was instigated by the previous (2012-2016) Council and the result of these ongoing inquiries are producing many efficiencies, including a reduction in the number of people working for council.

Amidst this pursuit of productivity I ask residents and ratepayers to consider that although we have depersonalised staffing levels to quantification of EFT (Equivalent Full Time) positions, we are still talking about people. Redundancies hit hard at a personal level.

I'd also like to point out that our staff, particularly those who provide face to face contact, deserve to be treated with respect and politeness. I realise that interacting with council isn't always a smooth path but personal insults and abuse are never warranted.

Another money related item is the Rural Land Management Rebate Scheme which has gone on-line in recent years. There have been some issues which we believe have been resolved.

I point out that our officers are eager to help and are only a phone call away if you have questions about the reporting process. I am aware of farmers who had to navigate an unnecessarily complicated path to get their rebate.

I apologise for that inconvenience and acknowledge their calm diligence. I also complement BCSC officers on the outcome of this discussion.

Dog Off-Leash Feedback to be considered by Council

Bass Coast Shire Council has analysed the recently completed surveys and feedback

relating to potential dog off-leash areas at beaches in Kilcunda and Cape Paterson. Council Officers will use the survey results to make recommendations on the level of community support for off-leash beach areas in Cape Paterson and Kilcunda.

The results are currently available on Council's website and will be considered at the next Ordinary Meeting.

Community consultation was initiated due to feedback gathered during the development of Council's Domestic Animal Management Plan 2017-21, which identified that the community wanted Council to work with land managers to continue to find dog off-leash beach areas within the municipality.

Council worked with Parks Victoria to identify potential off-leash dog walking areas on Council managed beaches in Cape Paterson and Kilcunda. These options were presented to the community for feedback over summer through online and printed surveys as well as personal conversations at community events in both towns.

Council will use the feedback to determine if relevant off-leash areas are warranted, which would then require appropriate signage installed and any proposed changes communicated to the community.

The proposed locations discussed during the consultation are:

Cape Paterson, Boat Ramp Beach, Kilcunda and Shelly Beach.

Currently, there are no off-leash beach areas in Cape Paterson or Kilcunda.

In Cape Paterson dogs are allowed on-leash on the beach except between 9.00am – 6.00pm from 1 December - 14 April when no dogs are allowed.

In Kilcunda, dogs are currently allowed on-leash on the beach throughout the year.

Have a great month, drive safely. Your family and the Shire need you. And don't forget to do your tax ASAP.

Cr Geoff Ellis

On behalf of the Western Port Ward Councillors.

This update is based on the personal views and opinions of Councillors, Clare Le Serve, Bruce Kent and Geoff Ellis and may not be indicative of BCSC policy.



Contact:

Cr Clare Le Serve

0448 083 286

clare.leserve@basscoast.vic.gov.au

Cr Geoff Ellis

0428 840 868

geoff.ellis@basscoast.vic.gov.au

Cr Bruce Kent

0428 741 843

bruce.kent@basscoast.vic.gov.au

Gardening & Outdoors

July Gardening



One of the most important tasks to do during the month of July, if you are a rose grower, is to give your roses a strong prune if you have not already.

There are varying suggestions when it comes to pruning roses.

Some say to remove approximately 1/3 of the plant, some suggest removing up to 2/3 of the plant. I myself lean towards the 2/3 suggestion simply because I have found that the harder you prune the rose, the better they seem to grow back and, also, the more control you have over the size and shape of new growth.

Roses are very hardy plants, regardless of what you may hear. As long as they have sufficient water (the main cause of rose death) they can survive some very harsh conditions.

Try and prune in the middle of the day. This gives the plant time to adjust to its new 'hair cut' before dealing with the cool of night, so they don't get a cold fright.

Also, when you are trimming a stem, try and make the cut at a 45-degree angle. Your roses will heal better and have more ability to fight off disease if you do this. Another issue that you may face in the winter is frost, especially if your go through a cold, dry spell in your area. When overnight temperatures drop down to close to 0°C, your plants may experience frost. To help limit frost damage, the best tip I can give you is to make sure that your garden beds are sufficiently mulched. This works because it keeps more heat in

the soil, which enables your plants to better regulate their own heat.

They may still suffer from frost, but if they have access to heat from the soil, the plant cells themselves should not freeze and therefore your plants will be better off. Other than this, just try and keep on top of the weeds that are bound to be growing in your gardens and lawns.

If you don't like the weeds, then you need to get rid of them. One way to do this is to use a hand trowel to carefully dig them out, making sure you get the root as well as the top leaves. Another way is if you have a weeding tool. A weeding tool has two prongs at the end. You can place the prongs into the soil around the roots and then lever the weed out.

Try and get rid of flowering weeds in your lawn as soon as possible so as to limit the spread of the weeds as spring and summer draw near.

James Middleton

www.aussiegreenthumb.com

Come see our garden

Anne and Jeff Cole recently opened up their beautiful Grantville property to show us the wonderful world of our native terrestrial orchids. They are not the big showy orchids you see at shows and nurseries, they are tiny insignificant plants that struggle to survive against our growing encroachment on their land.

Many of the orchid flowers are inconspicuous dull coloured, red, greens and browns with little or no detectable scent to humans, since bright floral colours and odours are not needed to advertise the flower, they attract their pollinators by 'sexual deception'. The orchids look and smell like female wasps, ants and even sawflies which attract the male species whereby the orchid pollen is attached. Anne and Jeff have protected many orchids on their property not only from human feet but also hungry wallabies. During the year

we all delight in the appearance of the tiny flowers sometimes for a very brief time or for a few weeks.

The intrepid orchid hunters of Grantville visit The Gurdies Nature Reserve throughout the year to view many native orchid species, including the amazing Duck Orchid.



Armed with our cameras, with telephoto lens attached of course, we attempt to capture the beauty of these precious and endangered plants.

These photos were on display at Anne and Jeff's property along with art and photos from our talented locals who are members of the U3A Bass Valley.

If you would like to see a collection of photos of these amazing plants please visit the web site www.u3abassvalley.com and have a look at the gallery page.



The Grantville area is justly famous for it's wide variety of native Terrestrial orchids some of which are rare and you may even find in your own garden.

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Advertisers Index

JUNE ADVERTISERS INDEX

Advertiser	Page
Accommodation - Rooming House Grantville	38
Alex Scott Real Estate - Grantville	2 & 4
AP Progressive Plumbing	37
Australian made cleaning products - Ian	17
B.J's Mowing & Garden Maintenance	35
Bass Coast Tyre & Auto	36
Bass Valley Computers	29
Bassine Specialty Cheeses (Farm Shop)	18
Bec's Gardening	19
Bendigo Bank	40
Black Fish Medical Centre	2
Brian Paynter - State MP Bass	25
Chase Computers	23
Clare Le Serve - Local Ward Councillor	25
Colourful for Shaw - Beauty products	19
Corinella Air Conditioning & Electrical	33
dcCoastal Hair & Beauty - Grantville & Lang Lang	19
Evans Petroleum	21
Fast Fit Car Care & Exhaust	36
Flourishing Figures - Accountant & Tax Agent	2
Flyaway Screens	37
Fox Mowing and Gardening	37
Freemasons Victoria (Lodge)	28
Frenchview Lifestyle Village	37
Grantville Medical Centre	13
Grantville Mitre 10 - Hardware	32
Grantville Pharmacy	38
Greg Hunt - Federal MP for Flinders	25
Greyhound Adoption Program	22
James McConvill & Associates - Legal	39
Jo Jo's Gluten Free Goodies	15
K9 Pawfection - Dog Grooming	25
Kernot Food & Wine Store	18
Kerry - Teacher Indonesian English Year 7 - 12	7
Kirra Moon-Curry, Travel Managers	31
Lang Lang Funeral Services	1
Metro Asbestos Removal	37
Mint Mowing	35
Minuteman Press - Printers	6
Newhaven College	3
Nurse Practitioner - Deb Garvey	14
Over 60 Travel Insurance	18
Paint & Sip - Art Classes	31
Paslude - Motors & Power Tool Repairs	32
Peter. C. West Plumbing	37
Photo Magic - Trish Hart	27
Podiatrist - Wonthaggi, Michelle Graham	14
Right Choice Mortgage & Leasing	22
Russell Sanders - Contractor & Block Slashing	36-37
S&P Heavy Mechanical - Grantville	38
Safflower Chinese Medicine	14&15
Spicy Duck Thai Restaurant	18
Stihl Shop - Lang Lang	37
Stockdale & Leggo (Judith Wright) Cows	17
Stockdale & Leggo -Koo Wee Rup	40
Sunscape Electrical - Solar installations	2
Tides Bar & Grill Restaurant - Tooradin	2
Van Steensels Timber & Hardware	21
Veterinary Clinics - Inverloch, San Remo & Wonthaggi	35
Vinyl Layer - Ivan Meddings	1
Westernport Ward Councillors Update	34
Yoga - Santhosa Yoga	19

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